



Tuesday, January 16, 2023
11:00am-12:00pm

MEETING MINUTES

1. Attendance: 29 people

In Person:

Nellie Baity, TAC
Deb Beckmann, TAC
David Whipple, TAC
Dave Jordan, Veteran
Crystal Jordan, EA
Patrick Miller, IL Faith & Recovery Collab.
Cary Trame, Retired ISP
Holly Clark, 708 Mental Health/CC Board
Kat Houghton, Statewide ROSC Mentor

Via Zoom:

Beverly Holland, Statewide ROSC TA
Toni Randall, BCRC
Anna Michealchuck, Admn. Ofc. Of Illinois Courts
Carla Huelsmann, Community Member/Author
Phyllis Babrove, LCSW/Author
Dustin Kibler, Probation/Drug Court
Mary Ann Mueller, Telligen
Lynn Moore, Admn. Ofc. Of Illinois Courts
Naomi Fulton, CRSS
Mandy Ocepek, St. Joseph's Hospital ER
Craig & Deb Loddeke, PAL/FSN/TAC
Melissa Monte, The Aviary Recovery Center
Breanna Polk, HYFS
Johanna Gonzalez, IDPH ROSC Coordinator
Jessica Palazzolo, Lincoln Prairie Behavioral Health Center
Christy Foster, Probation
Mark Knott, MERC
Heather Creasy, HYFS
Monique Brunious, BCRC

2. Dustin Kibler-Probation Dept./Drug Court: Community Involvement/Recovery Supports

Dustin told us how he is now employed by the same drug court program he graduated from. The drug court program is evidence based, structured, and requires contact 4-5 times a week. There is a Case Manager/Coordinator, Judge, and State's Attorney on the team. He feels a 30 day treatment program is not enough to help someone get into recovery. The Drug Court program is a 2 year program that can really help people get into and stay in recovery. They have been working on a problem solving court and have been contacted by the Oxford House organization. They are planning some social activities like game nights, softball tourney with other counties, and had a bags tourney this past summer. There will be two people graduating from Drug Court on Feb. 29th at 11am. Public is invited to attend and celebrate their achievement.

3. Sub Committee Reports: (we need people to serve on committees and help with our work!!)

A. Education & Prevention- Heather Creasy-Chairperson:

- Illinois Youth Survey update: As of 1/8/24, we have 6 schools signed up: Bartelso Elementary, Willow Grove Elementary, Carlyle High School, Germantown Elementary, North Wamac Grade School, and Aviston Elementary. For the data to count, we need more schools to sign up!
- In the News for January (see below)
- If you have a topic or speaker idea for a meeting, please share that with Nellie or Deb. We are looking for 20 minute speakers at our monthly TAC meetings.

B. Law Enforcement- Ken Sterner-Chairperson: Not able to attend but shared updated NIBRs data with us.

- <https://www.redeployillinois.org/redeploy-illinois/site-descriptions/> - our Probation Dept. participates in this.

C. Treatment & Recovery- Cara Loddeke/Alicia Moesner- Co-Chairpersons:

- Overdose Awareness Day will be on Saturday evening, 8/31/24. If you can help with this, let us know.
- Cara reports Chestnut-Maryville facility is pretty full; BJC Memorial unit is now open.

D. Family Support-Craig Loddeke-Chairperson:

- Facebook Page - "Family, Friends and Addicts Stronger Together".
- PAL Group meeting weekly via Zoom on Tuesdays, 7-8:30pm. Attendance is consistent.
- Family Support Network: no calls; need ideas on how to get more activity with this warm line. Deb B. did get one call from a lady looking for supports for an son. She mailed an FSN packet with resources to her and told her about the PAL group for herself.

E. **Finance**- Deb Loddeke-Chairperson:

- Budget update: \$1500 in TAC Checking; grant funds need to be spent down. Supplies ordered for EA and SMART Recovery groups. Billboard is being planned. Giveaway order is being planned.
- Communities Talk Stipend – Deb B. applies for the 2024 stipend. Waiting to hear if we get it.

F. **Marketing** – Craig Loddeke-Chairperson – stepping down as Chairperson. Anyone interested?

- Celebrate Life planning: date is September 22nd. Formed planning committee for 2024 event. Who can help? Craig will continue to chair this event. Kingdom Brothers, a blues band, was booked. Name of event possibly being added to “Celebrate Life in Recovery”. This committee will hold meetings via Zoom the last Weds. of every month, 6pm. Reach out to Craig if you want the link. Looking for a sound system for the event.
- Facebook presence increased again! Last month we reported 797 followers. We are now at 916!
- Instagram-Follow us: take-action-coalition
- Marketing materials need to be redone to include the grant funding statement. Nellie & Deb are working on this.

4. **Gap Analysis:** Transportation update: Nellie has been in contact with SCT, 708 Board, and Clinton County Board. Routes are being looked at. MAR in Jail update: we are being told the jail does have a doc/nurse that will provide MAR upon evaluation but they do not stock it. Will try to update info on this at next meeting.

5. **Successes for the month?** Nellie has been doing a lot of outreach and is drawing people with lived experience to our group. Plans are being made to start new subcommittees in the near future. Facebook followers are increasing.

Challenges for the month? Getting usable data from law enforcement and health providers on substance use arrests and visits. Craig L. is stepping down as Vice President and Marketing Committee Chairperson. He will need to be replaced. Anyone interested?

6. **Additional Information/Announcements:** Anyone else have anything to share?

- RCORP Newsletter is being shared (see attached).
- Stigma workshop flyer is being shared (see attached).
- Drug Court Graduation, Feb. 29th, 11am, Courthouse 3rd Floor, Public Invited

The next meeting will be February 20, 2024 in person (419 S. Clinton St., Breese, IL) and at same Zoom link.

www.facebook.com/Take-Action-Coalition-of-Clinton-County-2267638083492125

[Family Support Network Call-line #314-669-1184](tel:314-669-1184)

Instagram: take-action-coalition

In The News – January 2024

New laws to be aware of:

HB1540: Don't Light Up That E-Cig Inside: According to the Centers for Disease Control, 4.5% of Americans over the age of 18 use electronic cigarettes. But just because they don't emit smoke, that doesn't mean vapers can use an e-cig anywhere, anytime. "Electronic smoking devices" are now covered by the Smoke Free Illinois Act, which means vaping is banned in public places and outside public places if within 15 feet of an entrance. Violators could have to pay a \$100 fine on the first offense, and \$250 for each offense thereafter. Owners of bars, restaurants, casinos, stores and other public places covered by the law are also liable — for them, it's a \$250 fine for the first violation, double that for a second violation, and \$2,500 thereafter for each violation within a year of the first.

HB 3924: High school students meanwhile must be taught in their required health class about the dangers of the opioid fentanyl. A separate statute requires all schools keep an opioid antagonist on hand in a secure location. Products like naloxone can rapidly reverse an opioid overdose.

<https://www.ilga.gov/legislation/billstatus.asp?DocNum=3924&GAID=17&GA=103&DocTypeID=HB&LegID=149194&SessionID=112>

HB1155 was passed last summer to amend the Drug or Alcohol-Impaired Minor Responsibility Act. Provides that a person, or the surviving spouse and next of kin of any person, who is injured by an impaired person under the age of 18, and a person under age 18 who is injured in person or property by an impairment that was caused by alcoholic liquor or illegal drugs that were willfully supplied by a person over 18 years of age, has a right of action for damages against any person who, by willfully permitting consumption of alcoholic liquor or illegal drugs on any premises (rather than only on non-residential premises) owned or controlled by the person over the age of 18, causes or contributes to the impairment of the person under the age of 18.

<https://www.ilga.gov/legislation/billstatus.asp?DocNum=1155&GAID=17&GA=103&DocTypeID=HB&LegID=143218&SessionID=112>

HB 3248: Provides that a school district, public school, charter school, or nonpublic school shall (instead of may) maintain a supply of an opioid antagonist in any secure location where an individual may have an opioid overdose. Makes a conforming change.

<https://www.ilga.gov/legislation/billstatus.asp?DocNum=3428&GAID=17&GA=103&DocTypeID=HB&LegID=148595&SessionID=112>

Please Join Us For A
**Community Conversation on
 Stigma**

Thursday, February 29th
 11:00am

SMART Center
 102 N. 2nd St,
 Greenville IL 62246

Please join us for a 2-hour conversation in a workshop setting for those that would like to learn how to help continue the work toward ending stigma in your community. We look forward to seeing you there!

To register please email
 Naomi Fulton at
ngfulton@chestnut.org

Please include your name, agency, and phone number to reserve a spot.



From the Project Director >>>

Happy New Year from the Chestnut RCORP Team! We have some exciting things happening this coming year. We look forward to supporting our rural communities alongside you.

The Rural Communities Opioid Response Program (RCORP) is a multi-year initiative by the Health Resources and Services Administration (HRSA) aimed at reducing the morbidity and mortality of substance use disorder in rural areas.

Thank you to our consortium members for all you do in the community.

Contact:
 Alicia Moesner
amoesner@chestnut.org

RCORP Consortium Member:

Clinton County Probation
 Probation | Clinton County, Illinois

Community Resource Center
 Home | CRC (cconline.info)

HSHS
 HSHS St. Joseph's Hospital Highland
 in Highland, Illinois

Macoupin County Public Health
 Department
 Macoupin County Public Health
 Department (mcpd.net)

Prairie Counseling Center
 Prairie Counseling Center - Bond
 County Health Department (bchd.us)

Support in the Community

From our RCORP Consortium Members in Neighboring Counties:

Macoupin County Public Health Department (MCPHD):
 We believe in integrated care and thus offer many services for whole body and mind health. Our services include dental, medical, behavioral health, recovery, Safe Families, Healthy Families, and transportation. We are located in Carlinville, Gillespie, and Litchfield. We are an FQHC (Federally Qualified Health Center), so we can treat any individual without barriers to care. We accept all insurance, or no insurance and we have no geographical barriers. We are currently a host site for NAMF's monthly Family Support Group that takes place on the third Wednesday of every month at 5:30pm to 7pm in Carlinville. We provide the community with CPR training. Same-day sick visits are now available at Maple Street Clinic. WIC staff provide mobile services throughout Macoupin County. Safe Families program is now holding monthly Domestic Violence Support Group meetings for women on Wednesday's at 5pm in Carlinville.

St. Francis Way Clinic: We are a level one outpatient treatment and recovery program that works with individuals who want to or are in recovery. We offer case management, behavioral health (psych NPs and therapists on site), and medication assisted recovery. We have recently developed a contingency management program within the clinic for those who are working on their recovery from stimulant use disorder. We turn no one away regardless of insurance, payment options, or geographical locations. Location is at 805 St. Francis Way Clinic in Litchfield and phone number is 217-850-2380.

Safe Passage: The sole purpose of this program is to decrease the overdose rates in the communities across the two counties as well as resource connecting. We have begun a networking meeting in Macoupin County that takes place on the 1st Tuesday of every month from 10:30am to 12pm. It is a hybrid meeting both on zoom and in person at the Carlinville Safety Center. We offer Narcan access and trainings for free across both counties. We help place Narcan cabinets across the counties both indoor and outdoor. We have partnership with the PhoenixU program to assist with further connection to harm reduction supplies. **Contact our Recovery Care Coordinator at lminton@mcpd.net or 217-271-9096 for more information.**

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Bridging the Gap
 January is Mental Wellness Month! Here are some great resources:

- [Observance Calendar - Stamp Out Stigma](#)
- [Living Monthly Healthy | Mental Health America \(mhanational.org\)](#)
- [SAMHSA's 20th Prevention Day! | SAMHSA](#)
- [Emotional Wellness Toolkit | National Institutes of Health \(NIH\)](#)
- [Caring for Your Mental Health - National Institute of Mental Health \(NIMH\) \(nimh.gov\)](#)

Dispelling the Myths
 Myth: Mental health problems are uncommon.
 FACT: 450 million people are experiencing mental health conditions, and it is among the leading causes of ill health and disability worldwide.

Wellness Challenge: Financial Wellness

- There are free or low-cost services that can help you plan for the future. The local library can often direct you to affordable financial planning resources.
- Find out if the bank offers tools you can use to keep track of your money.
- Consider asking your bank to help you with financial planning and other areas where you may want assistance.
- Ask the bank about the types of accounts available— such as checking and savings accounts—so you are using them to your advantage and gaining interest where available.
- Create a budget that works for you – you will know how to plan and have peace of mind as to where your money is going.

Source: [CREATING A HEALTHY LIFE: A STEP-BY-STEP GUIDE TO WELLNESS \(nashua.gov\)](#)

FOCUS ON RECOVERY

"After struggling for many years with drugs and alcohol, I have been on my Recovery journey for four years. I am grateful today because I am still sober. I never thought I could ever be. I am attending many different meetings and building my faith. I am married now and a mother of 3 beautiful daughters who have never seen me drunk or high. My life is a blessing and though I still work hard to keep sobriety, it is worth every minute of the work. Recovery is possible for anyone who wants it. I do my best to let others know it's possible, by living my life one day at a time."

- Jenna, Greenville, IL



IMPORTANT NUMBERS

Dial 988 - Suicide and Crisis Lifeline
 or text 833234

Illinois Helpline:
 833-234-6343 or text "HELP" to 833234

Illinois Warmline: 1 (866) 359-7953

Veteran Crisis Line:
 988 option 1 or text 838255

Illinois Care Line: (800) 345-9049

Gambling Help Hotline:
 (800) 426-2537 or text GAMB to 833234

Community Meetings

Bond County Recovery Council:
 January 10th at 10:00 am
 Contact: Tomi Randall
Randall-trandall@chestnut.org

Clinton, Marion, Washington Community Collaboration
 January 23rd at 9:00am
 Contact: Katie Newman
katiek@commlink.org

Take Action Coalition Meeting:
 January 16th at 11:00 am
 Contact: Deb Beckmann
 618-772-3159

Madison County Partnership:
 January 24th at 10:00 am
 Email:
partnershipdrugrecoverycommunities@gmail.com

Marion County Coalition Against Drug Use: January 31st at 1:00 pm
 Contact: Morgan Isalah
misalah@cconline.info