

Ford County ROSC Council Meeting Minutes

Tuesday, January 23rd, 2024 at 8:30 AM (Zoom/Virtual)

Ford Council January ROSC meeting now on our YouTube: <https://youtu.be/vbdyFISzeVc>

Attendance:

Kari Knapp (Chestnut Health Systems, Ford ROSC)
Frankie Ward (Chestnut Health Systems, Ford County ROSC)
Barbara Brumleve (Chestnut Health Systems, Ford County ROSC)
John Schneider (Gibson City Celebrate Recovery)
Tia Schum (Piatt County ROSC)
Kerrie Blanton (Clove Alliance)
Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)
David King (Carle)
Helena Longfellow (Gibson City Hospital)
Jennifer Anderson (Ford County (Probation))
Tim Nuss (Ford County Board District 2)
Ashley Laurent (Regional Planning Commission)
Aisha Esquivel (IL Helpline-Outreach Manager)
Jenn Gomez (Community Outreach Carle)
Johanna Gonzalez (IDHS SUPR-ROSC Coordinator)
Christine P (Carle Outreach)
Jimmy Buonavolanto (Chestnut Clinical and Community Relations)
Michelle H (Community Outreach Coordinator- Rosecrance)
Carrie McKenzie – Gateway Foundation

Agenda:

- Introductions
- “Are You Really Winning?” Presentation with Aisha Esquivel (Illinois Helpline) Problem Gambling
- Stigma Reduction Campaign
- Slido Poll – Future Council Meetings
- New Winter Initiatives
- Additional Trainings
- Next Steps
- Council Member Updates

Introductions:

Good afternoon and thank you for joining our ROSC Council meeting. Today started with introductions and we had the privilege to introduce Aisha Esquivel from the Illinois Helpline. She presented information on the Helpline and focused on Problem Gambling.

Main Discussion – “Are You Really Winning?”:

Learn more by calling 1-800-GAMBLER or text “GAMB” to 833234, or Call 833-234-6343 or text “HELP” to 833234, or AreYouReallyWinning.com

Aisha Esquivel
Outreach Manager
Illinois Helpline

Call 833-234-6343 or text "HELP" to 833234

Call 1-800-GAMBLER or text "GAMB" to 833234

- Safiyah Hassan, Project Manager IL Helpline, shassan@hria.org
- Aisha Esquivel, Outreach Manager IL Helpline, aesquivel@hria.org
- Erica Rogers, Marketing Manager, IL Helpline, erogers@hria.org

Helpline services:

- Assess consumers’ needs through conversational interaction via phone, chat, and text
- Provide referrals to harm reduction, prevention, treatment and recovery services
- Cross-screen all consumers for problem gambling and substance use concerns
- Provide follow-up services by a clinician with caller’s consent

Helpline approach:

- Guide users to appropriate services based on simple assessment questions
- Help users understand the treatment system

The Helpline is here to support providers, too. Check out the Provider Portal, a provider can register on the website to offer help for gambling or other disorders, **AreYouReallyWinning.com**.


Benefits of using the Portal:

- Allows SIS to provide the most up to date program information
- Consumers are given referrals with more precision and accuracy
- Streamlining service access for callers, reducing barriers

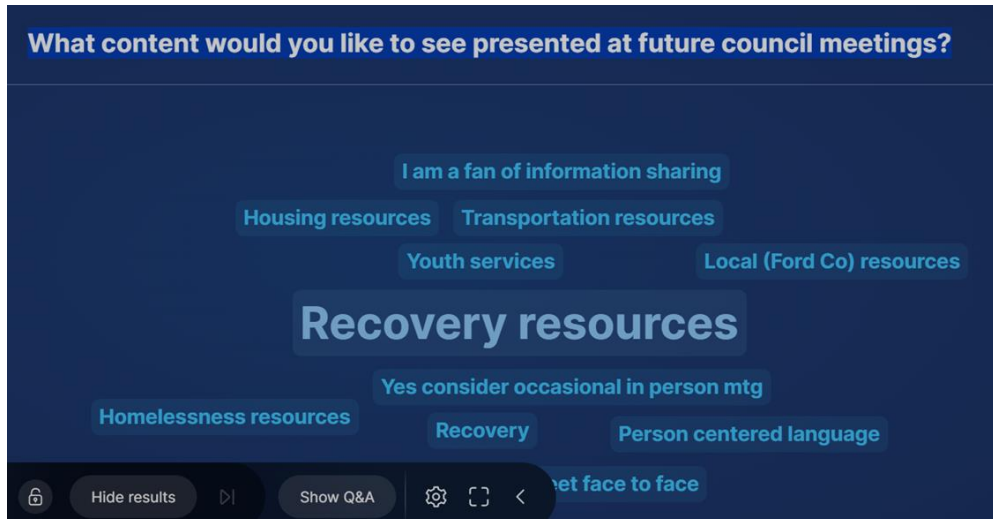
ROSC UPDATES:

Coming Soon-Stigma Elimination Campaign: Please start to brainstorm about how you think Stigma should be tackled in Ford County. We will discuss at our next meeting.

How do you think Stigma should be tackled in Ford County?

- SUD/MH overall
 - Multiple paths to recovery
 - Harm reduction
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We shared a **Slido question** asking what content members would like to see presented at future council meetings and the results are below. We thank you for your input and look forward to meetings that will focus on this content:



ROSC is excited to announce our Resource Bags- Winter, Spring and Summer. We will be providing these bags to probation and Moyer Library. We plan to assemble on February 7th and start distributing soon after. We are asking for donations of bottled water and snacks. A big thank you to John Schneider (Celebrate Recovery) for offering protein snacks! Johanna Gonzalez inquired about donating if not from the area and if anyone is interested, please reach out to Frankie, Barb or Kari. Thank you!!

Warming Bags

- Resource Information
- NARCAN[®]
- Winter accessories
- Hygiene Products

Items Still Needed

- NARCAN[®]
- Water
- Snacks

Another initiative we are starting in February is an **Adult Winter Weather Gear Drive**. Ford County Probation is partnering with ROSC and probation is offering community service hours in exchange for donations. Drop off locations will be Ford County Probation and Moyer District Library. Please share the flyer far and wide!!

ADULT WINTER WEATHER GEAR Drive

SCARVES | GLOVES | HATS | COATS

Let's make a difference by participating in our Winter Weather Gear Drive, hosted by Ford County ROSC in collaboration with Ford County Probation. Running through the month of February, donate new/gently used winter coats and accessories to help someone stay warm during the cold winter months.

Ford County Probation is offering community service hours in exchange for donations. (30-hour maximum community service hours can be earned.) Please contact the Probation Dept. for more information by calling (217) 379-9450.

Drop Off Locations

- Ford County Probation: 200 W State St Ste B3, Paxton
- Moyer District Library: 618 S Sangamon Ave, Gibson City

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.

We discussed **FREE trainings** coming up that you might want to check out or you may know someone that would like to sign up.

PREVENTION FIRST
Leadership Center

The Prevention First Leadership Center is hosting a **FREE** three-part webinar series!

RECOVERY EMPOWERED LANGUAGE

Facilitated by Patti Heffernan from Helios Heuristic, participants will learn how the language commonly used in treatment and recovery has negatively shaped public perception and alternative terminology that the field could employ. This workshop offers strategies to use within their programs and the community to encourage a more person-centered mindset about addiction and recovery.

CEUs Available!

JANUARY 31, 2024
10:00 A.M. - 11:00 A.M. (CST)
Recovery-empowered language on an individual basis

FEBRUARY 14, 2024
10:00 A.M. - 11:00 A.M. (CST)
Recovery-empowered language within organizations and professional workplaces

FEBRUARY 28, 2024
10:00 A.M. - 11:00 A.M. (CST)
Recovery-empowered language in the public and media

REGISTER NOW! While attendance isn't required at all three webinars, each webinar will build upon the knowledge and skills of the previous webinar.

These services are funded in full or in part through a State Special Response Grant (TSR2327) by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery, Substance Abuse and Mental Health Services Administration.

Prevention First will be hosting three Recovery Empowered Language webinars in January and February. Registration link:

[Upcoming Events and Programs for Prevention First](#)

Available Trainings

The courses below are provided free of cost by the Illinois Council on Problem Gambling. You can access them 24/7 on their Online Learning Platform. Click the link for more information.

<https://illinoisproblemgambling.org/events/>

G-SBIRT Virtual Tutorial

This free course will teach you how to use the Eisenberg Disordered Gambling SBIRT Screening Tool so that you may confidently implement it in your own practice.

The tutorial should take approximately one hour and allows you to experience various scenarios where the G-SBIRT tool can be used.

Take Now

30 Hour Problem Gambling Basic Training

This 30 hour training series will highlight all the beginning needs for counselors and other addiction trained professionals of the needs for patients struggling with Problem Gambling Issues.

Each participant will have an in-depth understanding of Problem Gambling patients and the best methods of treatment.

Take Now

Agency Updates

- Ford County Board – if anyone has any information that they would like to share or would like to present information on, please reach out to Tim Nuss
 - ROSC is now a subcommittee of the Ford County Board
 - ROSC will continue to provide updates to Tim
 - 2nd Mon of every month at 7:00 PM in basement of Sheriff building
 - Prior notice is not necessarily required for involvement – just arrive early for introductions/sign in
 - Have press available, community involvement, etc.
- Celebrate Recovery (Gibson City)
 - John Schneider offered protein snacks for the ROSC Resource Bags-Thank YOU Celebrate Recovery 😊
- Jimmy Buonavolanto (Chestnut Community Relations) – Please contact Jimmy for access to Chestnut, Jbuonavolanto@chestnut.org or 309-445-5803

Next Steps

- Next Meeting Tuesday, February 27th 8:30 AM via Zoom
 - Winter Gear Drive
 - ROSC 101 Binders
 - Social Media
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Thank you for all your support! We appreciate every one of you, we know how busy life can get and you take the time to join us and help make our community even better!! Thank you, thank you and thank you!! Don't forget to check out our Virtual Resource Guide, the QR code is below, we have plenty of business cards so don't hesitate to reach out if you'd like some.

FORD COUNTY ROSC VIRTUAL RESOURCE GUIDE

Front



Ford County ROSC
Recovery Oriented Systems of Care

309-824-3562

FordCountyROSC@gmail.com

Ford County Recovers- a ROSC Community

Ford.County.ROSC

Funded in whole or in part by the Illinois Department of Business Services, Division of Substance Use Prevention and Recovery.

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Scan QR for Ford County ROSC Virtual Resource Guide.



OUR MISSION
Bringing the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Contact & Social Media

Frankie Ward, Recovery Specialist – fward@chestnut.org

Kari Knapp, Associate Director of Community Health – kmknapp@chestnut.org

Barb Brumleve, Community Health Specialist – bdbrumleve@chestnut.org

Ford County ROSC Team – FordCountyROSC@gmail.com

 FordCountyROSC@gmail.com

 [Ford-County-Recovers-a-ROSC-Community](https://www.facebook.com/Ford-County-Recovers-a-ROSC-Community)

 [Ford.County.ROSC](https://www.instagram.com/Ford.County.ROSC)

NEXT FORD CTY ROSC COUNCIL MEETING:

February 27th, 2023

8:30-9:30 AM

<https://zoom.us/j/98701015645>

Meeting ID: 987 0101 5645