

Logan/Mason ROSC Meeting Notes

January 18th, 2023

Attendance:

Abby Behrens (Brightpoint)
Jimmy Buonavolanto (Chestnut Health Systems)
Jeanette Davis (Chestnut Health Systems)
Kara Davis (Logan County Health Department)
Kendra Jo Day (Memorial Behavioral Health)
Cassie Delaney (Memorial Behavioral Health)
Jeff DeLaughter (Sunrise Fellowship Pastor)
Randi Derrig (Chestnut Health Systems)
Kami Garrison (Chestnut Health Systems)
Johanna Gonzalez (Illinois Department of Human Services)
Amy Hopper (Logan County Community Member)
William Hovendon (SIU Medicine)
Grace Irvin (Chestnut Health Systems)
Corrinna Markland-Pickel (Mason District Hospital)
Jeff McFadden (Bridgeway ROSC and Region 3 Mentor)
Molly McCain (Lincoln Memorial Hospital)
Tristan McGrew (Recovery Corp)
Rachel Oney (Salvation Army)
Brandon (PLE)
Theresa Orrick (Carle-Trillium)
Danny Sourbis (DuPage County ROSC)
Tyler Wenger (Chestnut Health Systems)
Naomi Willis (Gateway Foundation)
Dominic Valenti (Chestnut Health Systems)

Old Business:

Moving forward, and as discussed in ROSC and Recovery in Action meetings recently, we want to continue with community engagement, sharing accurate information, coordinate opportunities for workshops/trainings, provide recovery support in jails, and strengthen our ROSC council.

Community Engagement: We want to continue to attend community planned events to educate and offer resources. We also want to continue to plan those family-friendly events. Please continue to send your information and invites to different functions that you have, so they can be shared. We want to fill in any information gaps.

Share Accurate Information: The worst thing is to give someone information, and they follow through, and it being wrong. We never know if that same person will come back and ask for help. It is a mission of ours to make sure provide recovery meeting cards/flyers/resources to our communities and to promote other recovery services.

Workshops/Training: One thing that we want to focus on this year is building up our peers, persons with lived experience, and our allies. We are wanting to create environments and situations in places where workshops and training are happening and being offered to people in the Recovery in Action committee group and to the community. This may include life skills, budgeting, anger management, parenting, employability, resume writing, interviewing, earning credentials through the state, trauma-informed care training, etc. We must equip ourselves, educate ourselves, and continue to learn. We are trying to move workshops and trainings into other agencies and organizations.

Recovery in Jail: Our recovery efforts at the Logan County Jail (and hopefully Mason County will be included before the end of the year) are lacking a few people. We are looking for two men and another woman who can pass a background check and be willing to go into the jail to conduct recovery meetings. This is a gap that we are wanting to fill. The Medicated-Assisted Recovery program for the jail is going to be implemented in Logan County.

Strengthen Our ROSC Council: We want to continue to support and reciprocate services. There are things we can do to help promote what everyone has going on and vice versa. We are really needing to pay attention to who is not here. We have identified some of the missing sectors, and as the months go on, we'll be talking about that and how we can each individually spread our circle of influence to help make connections.

There are harm reduction resources available here in Lincoln: Family Custom Cleaners (Harm Reduction Vending Machine) and Logan County Health Department (NARCAN, Fentanyl, and Xylazine test strips); and in Havana: Havana Public Library (NARCAN, Fentanyl, and Xylazine test strips)- this hasn't officially launched, but if you go the library and ask for harm reduction resources, you could receive those resources.

New Business:

Tristan McGrew will begin working on the Logan-Mason ROSC grant through Recovery Corps. Tristan has been a person with lived experience.

A Free Bowling Night Event will be on Sunday, February 4th. This is an effort with Lincoln Memorial Hospital, Crimestoppers, and ROSC coming together to help put this event together. If you have any questions, please don't hesitate to ask. The flyer will be attached along with the meeting minutes.

Chestnut Health Systems is seeking a Community Health Specialist. Here is the link to the job posting: [Community Health Specialist in Illinois | Careers at Chestnut Health Systems \(icims.com\)](#)

Reminders/Recovery Resources:

There are updated recovery meetings reflected on the Recovery Meeting Cards. The new meeting cards will be printed out and distributed to everyone. If you see anything on the card that is not accurate or correct, let Jeanette know. The QR code on the original meeting card will be updated with the new meeting card. Let Jeanette know if you need any of the meeting cards.

On-Going Projects:

The Recovery in Action group meets on the second Tuesday of every month at 200 5th Street in Lincoln. This is a group of people with lived experience, family members, allies, and anyone who would like to be involved with planning events, etc. The next Recovery in Action meeting is on Tuesday, February 13th at 4:30 p.m.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, February 15th at 2:00 p.m.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:00 p.m.