

# **BB2L DECEMBER ROSC MEETING AGENDA**

**Call to Order by Pastor Steve Jones** 

Date: December 20, 2023

Time: 9:30 am - 11:00 am

**Location: Virtual (Zoom)** 

Attendance: Please see attachment For Attendance

### **MEETING AGENDA**

**Overview of ROSC - Araina Mickens** 

Introduction of Moderator and Panelists - Taurean Mickens

Panelists - Kenneth Brown, Ti Hatch

## **Trauma Informed Care**

Announcements & Upcoming Events......Pastor Steve Jones Closeout........ Apostle Carl White



# **Meeting Minutes:**

### Meeting called to order by Pastor Steve Jones

Araina Mickens gave a brief overview of Recovery-Oriented Systems of Care (ROSC), detailing the program and the access to numerous resources that are available to the community through the different partners/organizations involved. Mrs. Mickens reemphasized the main principles of ROSC, and encouraged those in attendance to consider joining our council as we seek to expand our reach into the community.

## **Topic Discussion**

We discussed Trauma Informed Care in the workplace and in the community. We discussed the benefits of utilizing trauma informed care for program participants and for our staff members who provide services. A tagline is, Trauma informed care asks, "What happened to you?" not "What's wrong with you?" We brought to light that more people have experienced trauma than have not. We also referenced the story of David & Mephibosheth to show the way that David understood that trauma played a part in how Mephibosheth's life turned out. When trauma occurs, it affects an individual's sense of self, their sense of others and their beliefs about the world. These beliefs can directly impact an individual's ability or motivation to connect with and utilize support services. Trauma-Informed Care follows five Guiding Values/Principles that serve as a framework for how service providers and systems of care can work to reduce the likelihood of re-traumatization. The Five Guiding Principles are; safety, choice, collaboration, trustworthiness and empowerment.

#### **Upcoming Events Included:**

BB2L Meeting: January Meeting (01/17/24)

During our next planning session we will focus on our marketing plan, specifically using social media and street promotion

Each Person was asked to complete our online survey Meeting Adjourned by Apostle Carl White