

# MOULTRIE/SHELBY COUNTY ROSC FEBRUARY NEWSLETTER



## UPCOMING EVENTS

02-06-24 ROSC Council Meeting

02-07-24 Keynote Speaker at SHS

02-08-24 Recovery Wellness Group

02.15.24 PLE Advisory Meeting

02-29-24 Recovery Wellness Group

## ***Greetings!***

**ROSC COUNCILS  
BUILD  
COLLABORATIONS  
IN THEIR  
COMMUNITIES  
THAT CONNECT  
EVERYONE WHO  
CAN SUPPORT  
RECOVERY.**

A flyer for the Moultrie & Shelby ROSC Council Meeting. The flyer has a red border and a background of pink hearts. The text is in red and black. It includes the date, time, location, and contact information for Tess Miller. There is a logo for Recovery Illinois and a funding note at the bottom.

***Moultrie & Shelby ROSC  
Council Meeting***

**Tuesday, February 6th, 2024  
3:30pm - 4:30pm  
Shelbyville Outpatient Office  
155 S. Morgan St. Shelbyville, IL**

**For the zoom link, or more information:  
Contact Tess Miller @  
tessm@hourhouserecovery.org**

**Recovery  
ILLINOIS**

Funding for this project is provided in whole or in part  
by the Illinois Department of Human Services (IDHS),  
Division of Substance Use Prevention and Recovery  
(SUPR).

**MOULTRIE/SHELBY ROSC RECOVERY  
WELLNESS GROUP**

**Topic**  
Healthy Relationships

**When & Where**  
02-8-24  
02-29-24

**Time**  
12:00 pm to 1:00 pm

To RSVP, contact Skylar at  
Skylark@hourhouserecovery.org  
or 217-549-7519

Free Narcan and training available upon request!

**Recovery**  
IS POSSIBLE

Funding for this project is provided in whole or in part by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR).

**Recovery Navigator Resource**  
Skylar can connect community members with community resources, recovery and/or substance use education, and encouragement that recovery is possible through personal testimony.

Contact Skylar Miller at  
skylark@hourhouserecovery.org for  
further information.



**HOW HAVE YOU BEEN SHOWN LOVE IN YOUR  
RECOVERY?**

**“The greatest love I have been shown in my recovery is what I have shown myself. I had to learn to forgive myself and my past mistakes and then find ways to express my gratitude to others.” Bonnie G.**



Through the Drug Overdose Prevention Program (DOPP), we can distribute and train communities on the life-saving medicine known as Narcan. For more information, please get in touch with Tess Miller at [tessm@hourhouserecovery.org](mailto:tessm@hourhouserecovery.org)



**Family Life Center**

**Effingham County**  
605 Eden Ave  
Effingham, IL 62401  
217-342-5433

**Jasper/Richland County**  
301 S Jackson St  
Newton, IL 62448  
618-783-5433

**Shelby/Moultrie County**  
225 E South 1st St  
Shelbyville, IL 62565  
217-774-4874

*Equipping and Empowering Individuals and Families to Live Healthy Lives*

**Free Services**

- Pregnancy Testing
- STI / STD Testing & Treatment
- Limited Obstetrical Ultrasounds
- Post-Abortion Assessment & Recovery Support
- Miscarriage Healing
- Referrals
- Education:
  - Abortion Procedures & Risks
  - Adoption
  - Parenting
  - Pregnancy & Fetal Development
  - Relationships
  - Sexual Risk Avoidance

**Free Programs**

- Prenatal
- Parenting
- Post-Birth
- Dadz Group
- Momz Group
- Breastfeeding

*Our Partnerships with Volunteers & Donors Allow Our Services To Be Offered At No Cost*

[www.familylifepcc.org](http://www.familylifepcc.org)

IF YOUR BUSINESS, AGENCY, GROUP, MEETING, ETC. WOULD LIKE TO ADD A FLYER/ANNOUNCEMENT/EVENT ON OUR MONTHLY NEWSLETTER, PLEASE EMAIL TESS OR SKYLAR ANYTIME!

# **Drug Overdose Prevention Program Locations in Moultrie/Shelby Counties**

## **FREE NARCAN PICK-UP SITES (MOULTRIE COUNTY)**

- ELIZABETH TITUS MEMORIAL LIBRARY 2 W. WATER ST. SULLIVAN, IL 61951
- LOVINGTON PUBLIC LIBRARY 110 W STATE ST. LOVINGTON, IL 61937
- MOULTRIE COUNTY SHERIFF'S OFFICE 1505 W. HAGERMAN ST. SULLIVAN, IL 61951
- THE SULLIVAN PHARMACY 102 E. HARRISON SULLIVAN, IL 61951
- MARROWBONE PUBLIC LIBRARY 216 W. MAIN ST. BETHANY, IL 61914
- THE BETHANY DINER 101 E. MAIN ST. BETHANY, IL 61914
- BETHANY VILLAGE HALL 201 W. MAIN ST. BETHANY, IL 61914

## **FREE NARCAN PICK-UP SITES (SHELBY COUNTY)**

- CHRIST TABERNACLE CHURCH 10 N. MEYERS AVE. HERRICK, IL 62431
- MOWEAQUA PHARMACY 620 N. PUTNAM ST. STE. B, MOWEAQUA, IL 62550
- THE FAMILY DRUG PHARMACY 1602 W MAIN ST. SHELBYVILLE, IL 62565
- THE SALVATION ARMY 133 E. MAIN ST. SHELBYVILLE, IL 62565
- THE SPILLWAY MOTEL 102 E. HARRISON ST. SHELBYVILLE, IL 62565

## **PARTNERSHIPS WITH LOCAL PHARMACIES**

THE PARTNERSHIP WITH THE FOLLOWING LOCATIONS ALLOWS US TO PROVIDE FREE NARCAN TO INDIVIDUALS PRESCRIBED OPIOIDS.

- FAMILY DRUG PHARMACY 1603 W. MAIN ST. SHELBYVILLE, IL 62565
- MOWEAQUA PHARMACY 620 N. PUTNAM ST. STE. B, MOWEAQUA, IL 62550
- THE SULLIVAN PHARMACY 102 E. HARRISON SULLIVAN IL, 61951