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Daniel Woodlock, D.D.S.
BOARD OF HEALTH PRESIDENT

Molly Peters, B.S., L.E.H.P.
PUBLIC HEALTH ADMINISTRATOR

Greene & Scott County Recovery Council

Date of Meeting: 1/16/24

Time of Meeting: 3 PM

Location of Meeting: Greene County Health Department – North Greene

Format: Online

Attendees:

RS – Project Director GCHD	MP-GCHD	CD - Memorial
JY - SIU JG-IDHS	RR-SUPS Grant Coordinator	LF-
MM – GCHD	KC- Bto5 IL	SD – Centerstone
LS – JCH	JP – Statewide ROSC	KF – TASC
SC – JCH	BB – Recovery Corps	NT-Crisis Center Foundation
AS-Crisis Center Foundation	SW-Mac/Montgomery ROSC	
RK- Ampact AmeriCorps		

- I. Motions to approve the meeting minutes from December approved without objection
- II. MAR Clinic
 - GCHDs Recovery Support Services program will ensure people participating in the MAR Clinic at JCH have access to peer support.
 - The MAR Clinic by JCH is expanding from 2 days per month to 3 based on the need within our community. This is a huge move on the JCH's team's behalf helping expand the availability of this vital service.
- III. Activities
 - Life Skillz occurred last week going over How to Be Successful at Work. This Recovery Education Series has been well attended. Our next one will be in Feb.
 - Coffee Talk will be held on 1/19/24 in Winchester at Rural Cyclery at 10 AM.
 - Heather has partnered with the mobile food pantry and will be doing outreach at their events later this month.
 - Our next activity for our peers will be Recovery Through Art- on 1/24
- IV. Highlights

- The Council discussed the possibility of spotlighting those in recovery to highlight success. This was well received by the members in attendance, the team will work on making this happen.
- V. Community Health Updates - Ron
- GCHD has advocated to allocate some of the Opioid Settlement funding towards the recovery community, which is planned to help get a washer and dryer at the North Greene/Roodhouse office. The team is also working on getting a vehicle to aid with transportation. The department heads represented on the drug court approved this idea and the Board of Health gave us the greenlight to see if the County Board will approve this.
 - A new NA group begins on 1/25 at 6:00 pm
- VI. Statewide ROSC Report
- Ron and Heather attended the Statewide ROSC meeting and got a lot of great ideas from it. Chambers of Commerce and/or Economic Developments would be a great way to get businesses involved with the work of the GSRC. There were concerns about how active these organizations are in our community.
- VII. Prevention Work
- The team will be providing Suicide Prevention Training at the local school districts this semester.
- VIII. New Topics:
- Ron, Anna, and Naomi attended a meeting on Block Therapy. It is a great tool to aid in mental health recovery and Dr. Sweatman has agreed to help us host a class if there is interest. They would be beneficial to staff and peers alike. There were concerns that he was just doing it for the money expressed but Ron assured the group that based on the discussion and the fact that he said 30 dollars a class when individual rates are at 100 dollars per hour that this wasn't the case. The council agreed that this would be a great thing to test out in Greene/Scott, as it is a holistic pathway to support recovery.
 - Heather reviewed the idea of a Sober Guide, like our Community Resource Guide only this Sober Guide would be a list of sober activities. The council liked this idea and Heather is going to work on getting more information on it.
 - Bto5 is working on introducing a Crisis Nurse's-There are 6 or 7 across the state of IL. Open 24/7 and free to place kids who have been placed in foster care overnight. The closest Nurse to us is Springfield and Effingham. B to 5 would love to get one started in Greene in the middle point so it would get kids from the Jacksonville area and Jerseyville area. This would be beneficial to the population we serve too.
 - As a group we decided it would be a good idea to create Facebook event pages for our events such as Life Skillz and our monthly activities. There was thought that this might be a way to get more involved. Event pages tend to get people outside of our GSRC Facebook page and the event pages send reminders about the events coming up. The council liked this idea, HP will make it happen.
- IX. Meeting adjourned passed anonymously
- X. Minutes submitted HP