



**Perry/ Jackson ROSC Council**  
**(Hybrid) Meeting 1/17/2024 @ 1:00 PM**

**Attendees**

Mandy Hagen - ROSC Assistant Perry/ Jackson County; PRS, Take Action Today  
[mandyh@takeactiontoday.net](mailto:mandyh@takeactiontoday.net)

Dorie Warren – PRS, Take Action Today [doriew@takeactiontoday.net](mailto:doriew@takeactiontoday.net)

Kelli Corner - SIH Tobacco Disparities Program

Mike Tyson - CPRS; Executive Director; Take Action Today

Elaina Holland - PLE, CRSS Student [sobriety050522@gmail.com](mailto:sobriety050522@gmail.com)

Kendra Watkins- Executive Assistant, Carbondale United [welcomeeacu@gmail.com](mailto:welcomeeacu@gmail.com)

Sherry Smedshammer- Centerstone Crisis Resource Developer  
[sherry.smedshammer@centerstone.org](mailto:sherry.smedshammer@centerstone.org)

John Reith- Randolph/ Washington ROSC Coordinator, ComWell [jreith@comwell.us](mailto:jreith@comwell.us)

Tor Neal- Prevention Service Coordinator, Arrowleaf [tor.neal@myarrowleaf.org](mailto:tor.neal@myarrowleaf.org)

Beverly Holland- ROSC Technical Asst. Specialist, Region 5 [bgholland@chestnut.org](mailto:bgholland@chestnut.org)

Ronni Craig Welcher- Second Chance Recovery [ronnicraig040520@gmail.com](mailto:ronnicraig040520@gmail.com)

Dan Pyles- CPRS; Recovery Services Coordinator, Take Action Today  
[danp@takeactiontoday.net](mailto:danp@takeactiontoday.net)

Kat Houghton- Region 5 ROSC Mentor, Egyptian

Nancy Henderson- Take Action Today Board Member

Hank Roan- ROSC Assistant, Take Action Today [hankr@takeactiontoday.net](mailto:hankr@takeactiontoday.net)

Rebecca Pyles- ROSC Assistant, Take Action Today [rebeccap@takeactiontoday.net](mailto:rebeccap@takeactiontoday.net)

Amanda Groves- Minister at First Christian Church of Du Quoin

Lynn Moore- Administrative Office of Illinois Courts out of Springfield, Grant Manager

Kendra Moll- Executive Assistant, Carbondale United

Misty Smith- Recovery Services Coordinator, Egyptian Healthcare; PLE

Liesl Wingert- SIU School of Medicine Program Coordinator

Shara Robinson- FWRC Coordinator, Take Action Today [sharar@takeactiontoday.net](mailto:sharar@takeactiontoday.net)

### **Welcome and Introductions**

Everyone introduced themselves and welcomed anyone here for the first time.

Kat Houghton announced this will be her last month as the Region 5 ROSC Mentor as she has accepted a new position with Egyptian.

### **Approval of December Meeting Minutes**

- 1<sup>st</sup> motion to approve by Elaina Holland
- 2<sup>nd</sup> motion to approve by Rebecca Pyles

### **Overview**

What is ROSC?

ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve recovery and improved health, wellness, and quality of life for those with or at risk of substance use disorders. The central focus of a ROSC is to create an infrastructure, or “system of care”, with the resources to effectively address the full range of substance use problems within communities.

Madison went over the Membership Protocols.

- She will send a copy to the new members of the meeting so they can review them.

Madison went over the mission and vision statement for PJRC:

**Mission:** We will build and empower communities of recovery by developing a council comprised of recovery allies, community leaders and people with lived experience working together to reduce the stigma surrounding substance use and other co-occurring disorders, while embodying the philosophy that there are countless pathways to recovery.

**Vision:** To sustain recovery support within the community by unity and intentional collaboration among all allies, stakeholders, and those in or seeking recovery.

## **Discussion**

Madison asked everyone to please share one goal (ROSC or Agency) that they have for 2024:

- Madison- Continue to build Perry/Jackson ROSC Council through lots of events in Perry County
- Elaina- Continue to stay clean and learn more about service work.
- Amanda- Provide opportunities within her community through communications.
- Misty- Getting the new RCO through Egyptian up and running and getting the new Peer Support Specialists trained.
- Kelli- Get more out there with there Tobacco Disparities grants to help people get away from using tobacco.
- Lynn- AOIC grant for Perry County Drug Court to be successful and to become part of ROSC Council.
- John- Opening their new first resource center on March 18<sup>th</sup> and New Alumni Group in Washington County.
- Tor- Build networks in the community and bring them together.
- Kat- Transitioning into a new role and hopes all the networking to carry over and strengthen her on her new journey.
- Ronni- Wants to get into hosting some fundraisers and events for Second Chance Recovery.
- Sherry- Continue to keep resource list up to date and be able to share it with other agencies and community members.
- Mandy- Wants to get out into the Perry County area and bring them to the table.

## **Old Business**

SMART Recovery every Tuesday at 6PM at Marion TAT location.

SHINE Group every Monday at 5PM at Marion TAT location.

## **New Business**

West End AA Meeting every Monday at 6PM at Carbondale TAT location. For more information please contact Dorie Warren: [dorriew@takeactiontoday.net](mailto:dorriew@takeactiontoday.net)

Take Action Today Warming Center in Benton is housing individuals overnight in freezing temperatures. For more information please contact Paul Tart: [pault@takeactiontoday.net](mailto:pault@takeactiontoday.net)

Chestnut Health Systems has a new program. Engaging Illinois Faith Community to engage support training with congregations. (Flyer attached) For more information please contact [recovery@takeactiontoday.net](mailto:recovery@takeactiontoday.net)

### **Save The Date**

January 30<sup>th</sup> from 10:00am – 2:00pm FWRC PJRC ROSC Evidence Based Speaker Event at John A Logan College. International Speaker/Trainer/Consultant & Recovery Leader Mark Sanders will be giving a presentation about Evidence Based Recovery Coaching and Counseling in a Recovery Oriented System of Care (ROSC). CEU's will be available for those attending. (flyer attached)

February 17<sup>th</sup> Transition to Hope in Du Quoin is hosting a Valentine Murder Mystery Fundraising Dinner

March 13<sup>th</sup>-14<sup>th</sup> Southern Illinois Drug Awareness Conference is hosting its first in person conference since COVID on at SIU Student Center. This two-day seminar provides opportunities to bring local agencies together to discuss the intersectionality of substance use, mental health, and homelessness issues that Southern Illinois is experiencing. (Flyer attached)

April 13<sup>th</sup> from 1:00pm – 10:00pm NA No Addict Turned Away Event at the Haven in Carbondale. \$10/ person \$15/ couple

**Next meeting will be held on February 21st @ 1:00 PM**

**Join us IN PERSON at 809 W. Main St. Carbondale, IL or:**

**<https://meet.google.com/qvo-jreu-izg>**