

Massac County Drug Awareness Coalition
Monthly Coalition Meeting
Wednesday, January 17, 2024, 8:00 a.m.
Metropolis City Hall

MINUTES

1. Welcome
 - a. Zoom- Toni Miller (Executive Committee), Steve Miller (Civic Sector rep), Melissa Monte (Aviary Recovery Center), Stacy Kirkham (Massac County Mental Health), Beverly Holland (TA ROSC Region 5), Kat Houghton (Mentor ROSC Region 5), Morgan Holt (Executive Committee), Johanna Gonzalez (IDHS-SUPR), Holly Windhorst (Director), Jasmine Robinson (Prevention Coordinator), Jordan Strong (ROSC Coordinator), Evon Croft (Recovery Corps Coordinator), Lasha Vincent (RecoveryCorps Navigator), Amanda Davis (RecoveryCorps Navigator)
2. Old Minutes- No changes were made to the minutes. Stacy Kirkham made a motion to approve. Kat Houghton seconded the motion. All in favor, none opposed, motion passed.
3. Executive Committee Report - All topics will be covered by the executive committee. Robbin McDaniels was congratulated as a new member of the Executive Committee.
4. Fundraising/Sustainability
 - a. 5K Discussion- We are considering doing a 5K near July 4th. The YAC will be helping with the planning of this event and is excited to run in it. We are looking for timing companies to track the time and let us know what we need to do. Jasmine found one that was 300 to 600 dollars. We are looking for committee members who would want to help or volunteer for that day.
 - b. Grants- We have multiple grants coming up that we will be applying for. More coming as we get timelines as NOFOs are announced.

5. Prevention

- a. Youth Advisory Council- At the last meeting, we planned the rest of the year with Teen Dating Violence Awareness Month of February. We hope to be holding a PJ day on February 14th and giving out stickers with “Love is Respect” on them and the Teen Dating Violence Hotline. They are also planning for Drug and Alcohol Facts Week in March. We also are making strides with the Joppa YAC and now have a teacher advisor for the group. First meeting is TBA.
- b. Prevention Advocacy Day- We will be taking five students to Springfield with the Illinois Prevention Network, a group of all prevention coalitions and organizations in Illinois. We will meet with the legislators from our local area and beyond. The topics we are looking at are prevention funding, Delta 8, and kratom. This trip will be March 5-6.
- c. Drug Endangered Children Lunch N Learn - February 7- This will be the start of a DEC Alliance. We will have Liesl Wingert from the SIU School of Medicine and DEC organization that will tell her story as well as how important it is to surround these children with support and resources. This Lunch and Learn will hopefully be the start of helping children experiencing trauma from adults in their lives using substances.
- d. Alternative to Suspension- Evon brought this to Jasmine a while ago and they have created a proposal from this. From the data we have, Massac County High School had 37 vaping suspensions, Junior high has 5, and no data from Joppa at the moment. This is alarming as those are only the students that have been caught. Roughly 25% of the student body has self-reported vaping. The consequences for vaping tend to be suspension which, through research, we can say lowers academic success through grade retention and increased rates of dropout. Scores for math and ELA drop after suspension. Mentally, kids feel pushed away and have weakening bonds between teachers and other students. Our goal is instead of suspending the student to give them the knowledge they need to change their behavior instead of punishing the student, not the behavior. The program is Vaping Know the Truth from the Truth initiative. This is a 4 module curriculum that has shown a 15% growth in knowledge on vaping and a 25% quit rate from students

who have quit after this lesson. We hope to propose this program to the schools soon.

- e. CADCA Leadership Forum- Holly, Jasmine, Jordan, Evon, and Lasha will travel to Washington D.C., on January 28- Feb 1 for CADCA. We will be gaining information and more to bring back to our community as well as meeting with our local national government officials. In the February meeting, we will be talking about what we learned.

6. Recovery/ROSC

- a. Recovery Council- The Council has gone very well with new people that come in and bring new experiences and energy to the group. Currently, the council is working on a stigma reduction campaign through recovery stories in the newspaper and Facebook. Through the newspaper, we are looking for local businesses to sponsor so there is even more support for these stories. You do not have to be in the council to do this and can just let us know if you want to be apart of this campaign. We are also doing a billboard of local people in recovery of “Recover Out Loud.” The next meeting will be February 8 at 4:30 in the MCDAC office.
- b. Narcan Boxes- We were able to get all our Narcan boxes in very quickly. Chris Dennis with Egyptian Health was able to provide one at the 12th Street BP that has been filled up multiple times. We placed one at the Laundry Mat on 5th Street that has been filled up four times. We are happy people are being receptive to the boxes and Narcan in general. There was a news story done by KFVS that highlights Jordan speaking on the Narcan box in the Laundry Mat. We placed a QR code on the boxes that links to a website with resources, a how-to-use Narcan video, and more. Friday, January 12th, we put a Box in Bridge Inn in Brookport. We are still deciding on the exact placement of a box in Joppa and may want to put it inside. According to information we have received, if it freezes, it would still be good once it thaws, but we’re not sure if we want to risk it. We are looking at more Narcan tracking of use through police and individuals. We will also be taking some to Headstart at their request.

- c. Recovery Resource Center - We have been able to help 21 individuals since we opened, and 14 have been taken to treatment. It has been rewarding to everyone in the office to see people's lives change and for us to be a part of it. We are searching for more clothes to keep on hand for participants who have a need.
- d. Jail Exit Bags - We want to thank everyone who donated to the Christmas Bags for the jail. We hope they enjoyed them as much as we enjoyed putting them together. We are continuously taking donations for the Jail Exit bags and can't wait to see what comes of that.

7. Public Comment/Other

- a. Warming Center- Looking for updates on the warming center in Massac County and what we need to do to get overnight capabilities moving in the right direction. MCMH reported many crisis calls looking for warm places to sleep, and some were transported to Paducah and Carbondale as we couldn't fill the need here.
- b. Membership Form- Please fill this membership form out so we can update our email lists and volunteer capabilities.
- c. Southern Illinois Drug Awareness Conference - March 13-14 at SIU
- d. Prevention Summit - March 26 at John A. Logan College

Meeting Adjourned- 9:10 a.m.

Next Meeting - Wednesday, February 21, 2024, 8:00 a.m., Metropolis City Hall