

**Minutes**

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**Attendance and Introductions**

**Coles County ROSC Recovery Navigator, Whitley Grayson**

**Coles County ROSC Recovery Coordinator Dana Tell**

**Illinois Family Resource Center, Nancy Phillips**

**Lake Land College & Charleston ELKS, Tomoko Jo**

**Community Member, Todd Brooks**

**SIU School of Medicine/Center for Rural Health and Social Service Development - Liesl Wingert**

**Community Recovery Technical Assistance Specialist Region 4, Julie Pohlman**

**Gateway Foundation, Roberta Hinman**

**SACIS, Ky Newsome**

**Illinois Family Guidance Center, Kristin Davis**

**West Central IL ROSC, Jeff McFadden**

**Problem Solving Court, Anna Michaelchuck,**

**Homestead Church, Travis Pierce**

**ROE #11 McKinney Vento Liason, Teresa Metzger,**

**Gateway Foundation, Carrie McKinzie**

**Welcome and Introductions:**

Dana introduced herself. Dana called on people as they appeared on her screen so they could introduce themselves.

**Guest Speaker:**

Dana reminded our Council that in the past, the Council wanted to hear from people with lived experience so we could listen to their stories of recovery. Dana asked Whitley if we had a speaker. Whitley replied no, the speaker couldn't make it due to weather. Dana opened the floor for someone who wanted to share their story. Travis Pierce volunteered and told his story. Dana Thanked him. Then Dana reintroduced Whitley for the Navigator news.

### **Navigator News:**

**Jail Update-** Whitley told the Council that we are not holding education and resource groups yet, but she will be meeting those on Drug Court in jail as needed. We will have them as soon as we get the okay to go into the jail to hold educational groups.

**Probation:** Whitley shared with the Council that we have a working agreement with Probation. She will work with the drug court participants to provide education and resource linkages.

**The Haven Update-** Whitley told the ROSC Council that she is holding educational groups on Friday mornings at the Haven.

**Educational Groups-** Whitley shared the topic schedule with the Council. January is Stigma and the Disease Concept. February is Cross Addiction. These groups are held at the Mattoon and Charleston libraries each month.

### **Goal Status:**

**New Facebook Page-** Dana shared that we have a new Coles County ROSC Facebook page. It is easier to use than the group. Please like and share the page. This is where most of our information will go out to the public. We are also looking for those Council members who would like to post on the page. Let Dana know if you would like to be one of those able to post from the page to promote what we have going on in our community.

**Who else needs to be at the table?** Dana told the council that in the past, we have identified the Pastors and Law Enforcement as people we would like to see at the council meeting. Dana said that many will assist us in our efforts but often cannot attend the meetings. Dana asked who else would be good to have at the table. Nancy suggested getting students from the local alternative schools to join us at our ROSC Council meeting. We discussed 1-2 students from each school sitting on the council as a representative of their school. Travis asked what the purpose of having them at the meeting would be. Nancy said that having them at the meeting would help us to have representation from another generation. Dana suggested this would help students have a leadership role and connect to the community to continue recovery after school. Teresa said that the school counselor could also attend to help the student. There was a discussion on parental permission and how to address them sharing their story. Dana said that if this is possible, they would be PLEs and contribute to the council as other PLEs contribute.

**Date of Next meeting-** Dana reminded the Council that we had several members show up the 1<sup>st</sup> Monday of the Month and asked the Council if they would like to move the meeting if we could keep this location. Changing the meeting to the first Monday would not conflict with the Interagency meeting nor the Wellness Collaboration meeting. Having the meeting at the beginning of the month would help with deadlines and help distribute the “new” Newsletter each month to Members. Nancy said if that will help them let’s do that. There was no other discussion so Dana asked if anyone objected to us moving the meeting to the first Monday. No one objected to the change in meeting. Dana said she would contact the LifeSpan Center to see if a change would work in their schedule.

## **Activity Updates:**

**Charleston Safe Passage Program-** Dana shared with the Council that Charleston Safe Passage is running and Mattoon Safe Passage is still doing well. She checked with them last week.

**Narcan Distribution Site-** Dana shared with the Council that we about 40 places in Coles County. We are looking for more places. Recently we have been giving out signage that will make it clearer that this product is free.

**Narcan Training Locations and Dates-** Dana said she had a Narcan training with the Mattoon Moose on Sunday and First Presbyterian Church training on Tuesday of this last week. Both trainings went well. We have a Narcan Trainings coming up in Charleston at EIU.

**The Winter Clothing Drive-** Dana said that the Winter clothing drive went well. We had an article published in the Journal Gazette thanking all those who participated.

**Resource Bags for ROE#11-** Dana explained that these bags were filled and distributed to the ROE so they could distribute them to those who needed them. Teresa said they were appreciated and asked the attendance specialists to keep them with them to give to people experiencing homelessness and others in need.

**The Land of Lincoln Expungement and Sealing Event-** December 18th the Land of Lincoln presented on Expungement and Sealing. Their next event is in February and full so we won't be promoting that event anymore.

## **Upcoming Events-**

**Drug Endangered Children Training-** Liesl explained these events will be January 25th and March 14th. Liesl Wingert will lead these events at 6:30 pm on the dates mentioned previously at Sarah Bush Lincoln Hospital in the Educational Center. Liesl explained that January 25th will be the DEC Core training will last about 2 hours. March 14th will be the DEC Approach training, which will be shorter. The second event will be for the community to work on an alliance.

**Understanding ACEs-** Dana shared with the council that Jill Duden with Prevent Child Abuse Illinois, will present for this event. This event will be at Buck Grove Community Church on Monday, February 12th, from 1 pm to 3 pm. This training was requested at October's Building a Road to Resilience event.

**Suicide Prevention-** Dana shared that our April event with the presentation from Amber Clark of Suicide Prevention and Alcohol Awareness. Dana shared that the date and location details have yet to be planned.

**Parenting Tips and Resources-** This will be our May Event with the presentation from Cali Rice from Choices Pregnancy Center. Dana shared that the date and location details have yet to be planned for this event.

**Grandparents Raising Grandchildren** – This will be our June Event with the Presentation from Nancy Phillips. Dana asked Nancy if she wanted to share anything about the event or get feedback for this event. Nancy shared information about what she knew about the topic and asked for opinions. Nancy said that the date and location details have yet to be set for this event, but it would be about Grandparents raising grandchildren or reunification of children with parents.

**Hobby Fair-** Dana told the Council she had been talking with EIU and Lifespan to have this event in the fall of 2024 but hadn't talked to them lately.

**Any other events in Coles County?** Dana asked the Council if there was anything else they wanted to do or if there was anything they thought we should be doing that we weren't doing. No further comments were made. Todd asked that we share the flyer for the Simply Basic Speaker Jam because everyone is invited to the event. Teresa asked if we could share her event Homeless & Truancy Training so she could get more people from the community at the event.

**Warming Centers-** We discussed the warming centers. Dana said that it had been brought to her attention that Coles County did not have a place for people to go for a warming center overnight. We do have a couple of places that will give Emergency Hotel Vouchers for people who need them but no overnight Warming Centers. We do have the Emergency Shelter and they have been full lately. We need a different place for those looking for a warming center. Nancy suggested we discuss this next month after we get more details about the needs in Coles County.

**Other Business:**

Teresa told the Council that there will be a 101 McKenny Vento training on Feb 13<sup>th</sup> at 8:30am-11am that she would like to see community members attend.

**Next Meeting:**

**Time and Meeting Location:** Our next meeting will be on February 26th at noon at Lifespan center or by Zoom at the same time.

Time: Feb 26, 2024 12:00 PM

Join Zoom Meeting

<https://zoom.us/j/96781724024?pwd=b3hFWdV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963