

Effingham County ROSC Council Meeting Minutes 1.15.2024

Date: Monday, January 15th, 2024 (MLK Day)

Time: 1:00-2:00pm

Location: 104 Blohm Ave, Effingham IL & Zoom

Attendees:

Zoom: Maria & Kelly Buscher (Effingham County Case Management team,) Christine Pierce (Carle Outreach- SORE grant,) Melissa Monte (Aviary Business Development Rep,) Julie Pohlman (Region 4 TA)

In person: Wallace Flaming (PLE,) Cody Bushue (PLE,) Olivia Jenkins (Hour House Prevention program facilitator,) Samantha Hicks (Effingham County ROSC Coordinator) Felicia Depoister (Effingham County ROSC Navigator)

Secretary: Samantha Hicks

Minutes

Council meeting attendees introduced themselves and agencies they represent or reason for being present.

Guest Speaker:

Olivia Jenkins is employed by the Hour House via the Prevention program, which implements a youth prevention education curriculum. This program funded by IDHS/SUPR. Hour House Prevention covers six counties – Coles, Shelby, Moultrie, Douglas, Cumberland, and Effingham. Olivia is Effingham-specific and delivers the “Too Good for Drugs” curriculum primarily to 6-8th graders (EJHS) in Effingham County. “Too Good for Drugs” is evidence-based, focusing on goal setting, decision making, effective communication skills, identifying and managing emotions, bonding and relationships, alcohol use, addiction, nicotine use, THC and marijuana use, prescription, OTC medicine, and street drugs. This is a 10-session curriculum. Other evidence-based curriculums, such as “Project Alert” and “Botvin Life Skills,” are delivered in Cumberland, Shelby, Moultrie, and Coles counties.

Olivia also promoted the IL Youth Survey; which Prevention helps facilitate for schools that are registered to participate. This survey is open for 8-12th graders and distributed every 2 years to track the students as they progress throughout junior high and high school. The IYS is designed to gather information about various health and social indicators, including substance use and perceptions, bullying, school climate, nutrition, home life, and physical activity.

Prevention also participates in promoting communication campaigns with material assembled by the state, including but not limited to marketing material for vaping and alcohol use.

- ❖ Next month’s spotlight speaker is the team from Effingham County Case Management located in the basement of the Effingham Library.

ROSC Coordinator/Recovery Navigator update

- ❖ Felicia gave an update about her peer to peer support. She stated she is busy and has seen increased support since the cold months hit. She stated she has assisted and seen people obtain employment and housing assistance and is seeing “breakthroughs” in their recovery. Felicia has also been asked to assist in the yearly homeless count with CEFS on Jan 22nd, 2024. She will be training with CEFS this week to understand her role in this data retrieval better.
- ❖ Samantha let the Council know the Edgewood Narcan training went well with about 20-25 people in attendance. Community members such as nurses, firefighters, people experiencing homelessness, and people with lived experience and CR members participated.
- ❖ Samantha stated that the Narcan newsstand has been placed in the Village Square Mall in Effingham, IL. She noted that the “walkers” of the mall are primarily elderly, and everyone who came up to us while setting up knew what Narcan was and how to use it and took a box.
- ❖ Samantha reminded the Council of the dates of the following Free Laundry Days in January. She also stated that the February laundry day would be the 28th, starting at 9 AM, until the funds, which New Hope Church donated, run out. ROSC is asking for donations or sponsorship for future funding of the Laundry Days. Contact Samantha at 217-663-0823. Olivia requested that the flyers be translated into Spanish so she can distribute them to the schools in Effingham. Samantha will send them to Deysi at the Health Department.
- ❖ Samantha let the Council know that Fox Holler (a locally owned coffee shop) has asked ROSC to be a recipient of their “Heart of the Holler” program. Fox Holler donates a percentage of the coffee bags sold to a community program each month. These funds will be used for future Laundry Days.
- ❖ Samantha H. stated ROSC will be providing resource bags for HSHS staff in the ICU and ER for patients they identify to have a SUD.
- ❖ Samantha stated ROSC presented at the city’s Tax and Finance meeting to obtain a portion of the Opioid Settlement Funds (State Opioid Response, SOR) that were dispersed to each county in IL by the state. The committee motioned to approve the proposal and move forward to the whole City Council set to take place on Tuesday, Jan 16th. Samantha will be in attendance in case the Council has any further questions.
- ❖ Samantha stated that starting in February, the Council will begin going over Strategic Plan goals and objectives to receive further input from the Council on how to achieve these goals together.
- ❖ Samantha stated she went to a support group for Family Mental Health Matters and listened to the EHS principal speak about what their school is doing for their students regarding mental health. Samantha is to follow up via email with Kurt Roberts (principal).

PLE Advisory Committee update

- ❖ *Recovery Madness event*- Saturday, March 16th, from 1-4 pm at Edgewood Schoolhouse. Samantha stated that we would need volunteers for specific duties for this event. The next PLE

meeting is January 22nd at 3:30 pm to hammer out the details on committed volunteers and food donations. Samantha stated she will contact youth-oriented organizations to help if we can't get enough PLE peers to volunteer. Kelly offered to research and reach out to these organizations and suggested the Kiwanis Club. Samantha said she would attend their weekly lunch and learn meeting to gather more information. Kelly will connect with Samantha about reaching out to organizations for the event. Samantha stated she has created a Sign-Up Genius account for the 3 on 3 registration for the teams for the event. Wallace asked if that included the ages of participants. Samantha was unsure and will look into this. Olivia suggested making a Google Doc survey to customize the questions, i.e., age and male/female. Samantha will do this and create the QR code and flyer for the event. Samantha also stated that radio ads and Facebook live with Premier Broadcasting for the event, and the anti-stigma campaign will start February 1st and run until the day of the event. The contract for this is pending approval from the Hour House executive director.

ROSC Related Events

- ❖ February Laundry Day- NEW LOCATION! This event will be held at The Laundry Basket (next to Kirby Foods, IGA) starting at 9 AM until the funds donated by New Hope Church run out. Samantha has contacted the owner, Chuck White, who supports what ROSC attempts to do in the community.
- ❖ Altamont Community-wide Narcan training- Samantha asked for location suggestions. Olivia suggested the library. Olivia will forward an email with her contact information.
- ❖ Human Trafficking Panel- Samantha stated she has had an overwhelming response to have a Human Trafficking training/panel event for the Effingham area. Samantha is meeting with SACIS next week (1/23) to start the conversation. Samantha stated she also wants to get Safe involved since they are Effingham County's local provider. Samantha will keep the Council updated about this event.
- ❖ Samantha stated the Recovery Mural event planning has been put on the back burner but does intend on happening! This event will take place in the warmer months—May or June.

Melissa Monte and Christine Pierce got to connect and exchange contact information as Melissa works with Carle outreach and may have some more connection for Christine.

Next ROSC Council Meeting Date: **Monday, February 26th, 2024 @ 1:00 pm**

Location: **104 Blohm Ave in Effingham & Zoom**

Where to find past meeting minutes:



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