

Effingham County ROSC PLE Committee 1/31/2024

Date: Tuesday, January 31st, 2024

Time: 3:30PM

Location: 104 Blohm Ave, Effingham, IL

Attendees:

In person: Katy Houser (PLE,) Samantha Hicks (Effingham County ROSC Coordinator) Felicia Depoister (Effingham County ROSC Navigator,) Toby Depoister (PLE) Kathleen Peters (PLE,) Cody Bushue (PLE)

Zoom: Ashley Schaufler (PLE)

Secretary: Felicia Depoister

Minutes

3 on 3 discussion:

Samantha H. talked about the Recovery Madness event. The Old Edgewood School is locked in for Saturday, March 16th, 2024 at 1-4pm. Samantha asked Cody B. about referees for the 3 on 3 basketball. Cody B. found a professional referee who is willing to volunteer. His name is Doug. Samantha asked for Doug's information to contact him. Cody B. said he would obtain it. Cody B. will also be a referee for or the 3 on 3. Samantha asked Ashley S. if she knew PLE Shannon B. would be attending, she said yes. Shannon will help referee 3 on 3 also if needed. Samantha discussed ½ court or full court play and group determined it will depend on the number of teams that sign register. Cody suggested teams play to 21 points instead of doing timed games. Cody asked about basketballs. Toby said the school will have them but will check. Cody is to bring examples of brackets next meeting for reference of how games will flow. Samantha asked if everyone has a purple "Recovery is Possible" shirt so patrons can tell who's in charge of the event for question. It was determined Toby, Kathleen, Ashley, Shannon, and the 3 volunteers from EFG will need T-shirts. Cody stated he would get the shirts and reach out to his t-shirt maker contact. The group will get together to figure out sizes after meeting to tell Cody.

Food:

Samantha asked Felicia and Toby D. about food for the event. EFG Celebrate Recovery will make pulled pork nachos and donate tableware and cups. Felicia asked Samantha to reach out to Jessi Scholes from Homemade Happiness Baked Goods for a donation as Jessi has expressed willingness to donate sweet treats to event for ROSC. Samantha will do this.

Easter Decoration Station:

Samantha asked Katy if she had any ideas on what she wanted to do for crafts for the Easter Decoration Station. Katy had some ideas on what crafts she would like to do and will get back to Samantha with prices and links. Samantha asked she do this soon so she can submit a purchase order to her supervisor to ensure we have the items in time for the event. Katy said she would like to do face painting. Samantha asked Ashley if she could do it too. Ashley is

willing to try and stated she knows some other girls who could help as well. Katy will look for materials and send prices and links to Samantha.

Hidden in Plain Sight for parents:

We are looking forward to Olivia J. from the Hour House Prevention team to head up the HIPS for the parents.

Extra volunteers:

We talked about having extra volunteers for event. Three women from Edgewood Celebrate Recovery are volunteering. Kathleen said put her anywhere. Kathleen and Felicia will do food and one other volunteer. We talked about someone checking people at the door to help direct those who did not register online to where they need to be. Felicia suggested 2 of the 3 Celebrate Recovery would be excellent for this as they are the table greeter for many of their EFG CR events.

Flyer approval:

Samantha passed around the flyer with a QR code so teams can register prior to the event. Felicia tested QR code and found it very easy to use. Group approved flyer for distribution. Toby suggested hanging flyers up at fitness places—CrossFit, planet fitness, rec center. Samantha will send the flyer to the rest of the ROSC Council. PLE members will distribute to local recovery groups they attend and their children's schools. We all discussed passing flyers, everyone in attendance agreed to place them in common locations and to share on Facebook.

Radio & FB live ads:

Samantha also discussed radio ads starting Feb. 1st with Premier Broadcasting. Half of the ads will be anti stigma campaigns and the other half will be promoting the event. Samantha also talked about Facebook Lives!! Samantha asked for volunteers to accompany Felicia and her to the interviews to talk about their specific duties at the event.

Monday, February 5 @ 4:30pm: Felicia and Samantha

Tuesday, February 13th @ 12:30pm: Cody, Samantha, and Felicia

Monday, March 4th @ 4:30pm: Toby, Samantha, and Felicia

Tuesday, March 12th @ 12:30pm: Katy, Samantha, and Felicia

Samantha stated she has sent press releases to EDN, Altamont News Banner, Effingham T-Town News Report and placed the event on community calendars- Cromwell radio, Premier Broadcasting, and the Chamber website.

Samantha also discussed Safe Passage at the police department needing more volunteers to help transport people to treatment. Toby said he would announce this and have a sign-up sheet available during Celebrate Recovery at EFG. Samantha will reach out to other CR's to assess their willingness to do so as well. We discussed changing locations of this meeting. All agreed to keep meeting at the same location.

Next PLE Committee meeting: **Tuesday, February 20th, 2024 @3:30PM**

Location: **104 Blohm Ave, Effingham, IL**

