

Sangamon County R.O.S.C.

Monthly R.O.S.C Council Meeting

December 19, 2023 9:00am-10:00am

Zoom Meeting, Family Guidance Center

Meeting Minutes

Chair: Fran Ingram

Recorder: Fran Ingram

Stakeholders and Community Members in Attendance:

Whitney Devine-ROSC
Fran Ingram-ROSC
Jamie Reidle-Heartland Continuum of Care
Stephanie Carson-Gateway Business Development
Julie Pohlman-ROSC Region 4 TA
Kourtney Renfro-ROSC
Michael Thomas-Salvation Army
Elizabeth Raleigh-SIU School of Medicine
Johanna Gonzalez-IDHS
Ramona VonBerg-NAMI
Sally Jefferson-ROSC
Rick Brown-ROSC

Meeting Called to Order: Fran Ingram called the meeting to order at 9:10 am.

Outreach Subcommittee: The Outreach Subcommittee has been working on the strategic plan for the upcoming year. The subcommittee is planning to do a lot of work in the rural areas. They are working on developing relationships with the police departments and first responders. The overall plan would be when they responded to an overdose, Sangamon County ROSC would be notified and sent to see the person to offer help for their recovery. The committee has been doing work with the Veterans developing a resource guide. This guide is a compiling of resources that the Veterans may not know exist. Another work in progress with the committee

is developing a youth and family resources to get them connected. There is a definite gap in the community for that population. The RCO has ran into funding issues. The committee has been looking into other possibilities/funding in order to get the RCO started.

Recovery in Action Subcommittee: Whitney spoke on behalf of the subcommittee and shared upcoming event fliers in the chat. The next recovery get together will be a game night at Stella's Coffee and Tea. This is a family fun night of playing board games, popcorn and drinks will be provided. Participants may bring a snack to share and their favorite game to play. This gathering will take place on Saturday, January 20th from 4:00-7:00 pm. On Friday, February 9th a movie night has been planned. The featured movie will be "The Anonymous People". This will take place at the BYO Church with the doors opening at 5:30 pm. The movie will start at 6:00 pm and the event will continue until 8:00 pm. Popcorn and drinks will be provided. The event in March will be a family roller skating party. It will be at Skateland South on Sunday, March 17, 2024 from 4:30-6:30 pm. This is a free event with pizza and drink provided. For those that do not skate, board games will be available.

Interfaith in Action Subcommittee: The spokesperson for the Interfaith in Action Committee was not available to speak at the meeting. The chair for the meeting shared the committee has been gathering materials for anti-stigma to share with local and rural congregations of all religions.

Other Agency Business: Elizabeth Raleigh spoke on the CRSS/CPRS training that is offered through SIU School of Medicine. It covers northern, central, and southern regions which train community members that apply for the program. It is a state and federally funded program. If a student is getting state funding they will need to be a resident in the state of Illinois. Other qualifications include a high school diploma/GED with lived experience of mental illness or substance use. The participants will take 2 academic semesters which are spring and fall. After completion the student can qualify to sit for the certificate exam through the ICB. They are currently not accepting any new applications. She also inquired about opportunities in the Carbondale area for one of her students. This student is interested in doing an apprenticeship, but is having geological limitations. Julie Pohlman said that there was not an ROSC in Carbondale (Region 5), but there were some in the surrounding area. Emails were exchanged to make connections and supply the information. Jamie Reidle shared that Heartland Housed has been working on building up their website. This would include information regarding resources to educate and share what the Homeless Response System looks like in Springfield and Sangamon County. The website will include a Lived Experience Advisory Board. Information on what a Lived Experience Advisory Board is, what the purpose is going to be, as well as trainings

on transportation, confrontation, etc. They are hoping to have the advisory board website information completed in April 2024. Heartland Housed is still hosting a focus group for the lived experience of homelessness. It is held at the library on the 1st Wednesday of every month from 3:00-4:30 pm. This is a collaboration group with people of lived experience and agencies throughout the area. The next meeting will be held on February 7th on the second floor to the library. Stephanie Carson from Gateway Foundation shared that their agency opened up the detox unit to detox only. There is still the option for detox and the residential program. The participants must be able to meet activities of daily living and easily be directed. The amount of time for detox is typically between 7-10 days. Information to the admissions office was shared with the council. Ramona VonBerg with NAMI put a link in the chat for information on the safety act. It has information on the CIT (Crisis Intervention Training) for the public and law enforcement officers. Sally Jefferson with Sangamon County RCO shared the fliers for upcoming events by the Recovery in Action subcommittee. Rick Brown with the Outreach subcommittee was able to secure a TV and DVD player for the STS (Stabilization and Transitional Services) at Family Guidance Center. A donation of clothing was made available for the STS and residential clients. Jamie from Heartland Housed and Whitney Devine with ROSC discussed partnering in regards to the STS program at Family Guidance Center. Email addresses were exchanged.

Adjournment: All participants were thanked for attending the meeting. Meeting was adjourned at 10:00 am.

Next meeting: January 24, 2024 at 9:00 am. This will be a hybrid meeting at the Salvation Army at 1600 Clearlake in Springfield, Illinois. There will be a guest speaker Julie Benson which has a nonprofit for the unhoused called "Helping the Homeless in Springfield."