

McLean County Recovery-Oriented Systems of Care (ROSC) Council Meeting Minutes

February 20, 2024

Date: Tuesday, February 20, 2024

Time: 3:30 – 4:30 pm

Location: Zoom only

Agenda:

- Introductions of new ROSC members/attendees
- Community Resource Spotlights: Bloomington Public Library & Cruisin' Outta Poverty
- McLean ROSC Updates
- Conclusion/Social Media/Next Meeting

Attendees

1. Kari Knapp (McLean ROSC/Livingston ROSC/Ford ROSC)
2. Barb Brumleve (McLean ROSC/Ford ROSC)
3. Cathleen Hays (McLean ROSC)
4. Selena Nolan (Chestnut)
5. Amy Hopper (McLean Co Health Dept)
6. Jeff McFadden (West Central IL ROSC Coordinator/Statewide ROSC Mentor).
7. Danielle Heffernan (Dupage Co. ROSC)
8. Amy Stork (McLean Co Court Services)
9. Hannah Lombardi (Butterfly Project)
10. Erika Hahn (OMNI Youth Services)
11. Sandra Beecher (Gateway)
12. Jimmy Buonavolanto (Chestnut)
13. Dorothy Davis (Brightpoint)
14. Wendi Ashford (Carle Browman, Addiction Recovery/MAR)
15. Kami Garrison (Statewide ROSC TA)
16. Marita Landreth (McLean Co FUSE)
17. Selena Pappas (Central IL FRIENDS)
18. Michelle Cope (Bloomington Public Library)
19. Mike Smith (Oxford House)
20. Fran Ingram (Sangamon Co. ROSC)
21. Emily Hartley (Brightpoint)
22. Tasha Davis
23. Verneice Prince (Cruisin out of poverty)
24. Armando Miranda (Illinois Human Performance Project)
25. Doug Bernius (Heartland Community College)

Community Resource Spotlight: Bloomington Public Library (Michelle Cope)

- “Books are just the beginning” – books, movies, Playaway’s, internet, computers, hot spots, zoo passes, learning kits, puzzles, summer reading, and so much more!
- Getting a library card is a great place to start-
 - Proof of current address and photo ID are required to get a card
 - Bloomingtonlibrary.org
- If interested in buying library gear, that is available online.
- You can download and stream 50 books at time via various apps – Hoopla, Kanapy, Libby, BookFLIX, ScienceFlix, etc.
- Over 19,000 results for addiction and recovery books available on Hoopla
 - Drug, gambling, etc. – wide variety of resources on addiction
- Research and Learn (other ways library can support)
 - Automative help
 - Consumer reports
 - Genealogy
 - Homework help
 - Language help
 - Newspapers
 - Career Assistance and Homework Help- see info below


Research & Learn – Career Assistance

The image displays three mobile application cards for career assistance resources. Each card has a white background with a light blue border and a blue button at the bottom. The first card, 'Brainfuse JobNow', features a purple logo and text describing resume writing help, interview tips, and live help in English and Spanish. The second card, 'Digital Learn', has a blue and yellow logo and text describing video-based tutorials for learning computing skills. The third card, 'LinkedIn Learning', has a blue and white logo and text describing in-demand skills training via online courses. At the bottom left of the image, there are small icons for accessibility: a person in a wheelchair, a magnifying glass, a speech bubble, and a person with a hearing aid.

Brainfuse JobNow	Digital Learn	LinkedIn Learning
<p>Brainfuse JobNow offers resume writing help, cover letter assistance, and interview tips -- including online mock interview practice, career coaching, and resume writing labs. Live help is available from 2-11pm daily in English and Spanish. The Brainfuse Mobile App is available in both the both the IOS (Apple) and Google Play (Android) stores. Online tutorials are available.</p>	<p>DigitalLearn.org is a hub from the Public Library Association of video-based tutorials to help beginners learn computing skills and increase confidence using the Internet. Digital Learn is a free resource.</p>	<p>Offering in-demand skills training via more than 16,000 online courses (some available in multiple languages), LinkedIn Learning is a great resource taught by real-world professionals (formerly called Lynda.com). Online tutorial are available.</p>
<p>View from Inside the Library</p> <p>View from Anywhere</p>	<p>View from Anywhere</p>	<p>View from Anywhere</p>

Research & Learn – Homework Help

Brainfuse HelpNow



Live homework help is available directly to students, as well as schools, libraries, businesses, and community colleges to help K-12 and adult learners succeed. Through Brainfuse HelpNow, live Homework help is available from 2-11pm every day in English and in Spanish. The Brainfuse Mobile App is available in both the iOS (Apple) and Google Play (Android) stores. Online tutorials are available.

View from Inside the Library

View from Anywhere


Khan Academy

Khan Academy

Access practice exercises, instructional videos, and a personalized learning dashboard which empowers learners to study at their own pace both inside and outside the classroom. Tackle math, science, computer programming, history, art history, economics, and more with Khan Academy! NO LIBRARY CARD REQUIRED!

View from Anywhere

World Book Online



This resource offers an encyclopedia, dictionary, atlas, homework help, study aids, and curriculum guides. Patrons can play, explore, research and learn through the different lessons, videos, games, and activities. Access to World Book Online is free with your library card. Online tutorials are available.

View from Inside the Library

View from Anywhere

Filters

Keyword

Limit by Subject

- A-Z resources
- Career Assistance
- For Kids and Teens
- Genealogy
- Homework Help
- Language Learning
- Newspapers

Limit by Title

- A-F
- G-L
- M-R
- S-Z

Audience

- Children
- Teens
- Adults

Apply

- Bookmobile
 - Can return your items to either location
 - Everything checks out for 3 weeks
 - 48 stops around town – ~3,500 items
- Other things to note
 - No more late fees (as long as no one else is holding)
 - Browser packs & interlibrary loans
 - Home delivery
 - New library expansion ready for end of spring
 - Michelle Cope – Outreach Library Associate (michellec@bloomingtonlibrary.org); (309) 590-6118

Community Resource Spotlight: Cruisin' Outta Poverty Services (C.O.P.S) – Verneice Prince

- 458 Wylie Drive – have two thrift stores, 24/7 by appointments (586-343-3539) or email cops_nfp@yahoo.com, Monday 10am – 3 pm, Tues/Wed Schedule is open, Thursday 6:30 pm – 8:30 pm, Sat/Sun 1 pm – 7 pm
- Clothing store for women and children; bags and shoes; household items and much more – emphasis on community coming together to end poverty!
- Anyone can get referrals to Cruisin' Outta Poverty for clothing, household needs, etc.

- This pertains to anyone who might be in need – families, unhoused individuals, etc.
- Drop-in center-
 - Donations available for folks in need
 - Partnership with First Christian Church to actually cook meals
 - Projects are available for food, items from the store, etc.
- Offer literacy help – GED support, resume support, assistance with college support, interpretation of materials, etc. – potential partnership with Bloomington Public Library who offers databases with GED practice tests
- COPS really tries to meet people where they are and are able to – even for folks who may be banned from local shelters, etc.
- COPS connects folks to needed treatment and support services, offers transportation support, supports with transition needs, etc.
- Independent contractor opportunities available – folks in need are welcome to run the thrift store (welcome customers, sort, handle cash register, etc.) and they receive 40% of the income for the day. Each person has a story and many of the skills to do this!
- COPS is always looking for agencies to learn more about so they can appropriate connect folks to the resources that they need
- Looking to donate items to COPS? Or looking to inform COPS of YOUR agency and what you do? Please reach out to Verneice Prince - verneiceprince@aol.com

Rural McLean County Outreach Update:

Special Council Meeting Topic:
Rural Community Outreach Topic

- ▶ Saybrook – 5 bags dropped off & 1 contact made
- ▶ Colfax – 5 bags dropped off & 1 contact made
- ▶ Gridley – 5 bags dropped off & 3 contacts made
- ▶ Chenoa – 5 bags dropped off & 2 contacts made
- ▶ McLean – 5 bags dropped off & 1 contact made
- ▶ Stanford – 5 bags dropped off & 2 contacts made

We Need Your Help!

We are seeking e-introductions to any rural community contacts that council members might be able to facilitate to aid the McLean ROSC Team to rural McLean County outreach efforts
Email: McLeanCountyROSC@gmail.com

McLean County
Recovery-Oriented Systems of Care

Other McLean County ROSC Updates:

- **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
- **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
- **McLean County Recovery Story-Sharing Program (info below)**



- **The Sober Social Planning Committee** meets monthly at 11am on first Tuesday of month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
 - **Recovery Film screening:** The McLean County ROSC team is partnering with Illinois State University to provide a film showing of “Generation Found” on Thurs, April 4. More information and save the date will be forthcoming!
 - Will continue with **4th Annual Family Night at Grady’s** event next year, likely in June.
 - ROSC will have a table at the upcoming Re-Entry Council Fair on May 4, 2024
 - Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Sober Social Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.

- **Available Community Trainings – Narcan Administration, Youth Mental Health First Aid, and QPR – Question, Persuade, Refer**
 - ROSC Staff currently providing NARCAN trainings to the newly developed Recovery Community Center, A New Horizon
 - If interested in receiving a free Youth Mental Health First Aid or QPR-Question Persuade Refer training, please contact the McLean ROSC team via email, McLeanCountyROSC@gmail.com.

Available Community Trainings

For more info on Youth Mental Health First Aid & QPR community trainings, please email McLeanCountyROSC@gmail.com.

- **If you Need Narcan:** Please contact Randi Derrig for Narcan. If interested in receiving a free Narcan administration training, the McLean County ROSC team is now able fully trained to offer these trainings in the community.

McLean County Narcan

- ▶ If interested in receiving free Narcan in McLean County, please contact Randi Derrig
 - ▶ rwderig@chestnut.org
- ▶ If interested in receiving a free Narcan training, please email SR-NARCAN@chestnut.org



Agency Updates

- Selena Pappas (Central IL Friends): Health & Wellness Faith will be held at the George Washington Carver Center on Saturday, February 24, 2024 from 2:00-7:00 PM. More information can be found by visiting - <https://www.friendsofcentralillinois.org/friends-events/friends-x-carver-center-health-wellness-fair>
- March 2nd – Living Book series by Verneice Prince – to inform folks on how to engage with folks who are struggling and how to support with navigating next steps. March 24th and 25th from 5:00-6:30 PM (speaking) and 6:30 pm -7:30 pm (refreshments and meet/greet), COPS will be starting a talk show to encourage folks to share their stories; this opportunity is open to agencies to attend and share what they do

Next Meeting & Contact Info:

- **Next Meeting – Tuesday, March 19, 2024**
 - 3:30-4:30 pm
 - Meeting virtually via Zoom (<https://zoom.us/j/3729798714>)
 - Meeting Code: 372 979 8714
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - Cat Hays, Recovery Specialist
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team
 - McLeanCountyROSC@gmail.com