

Ford County ROSC Council Meeting Minutes

Tuesday, February 27th, 2024, at 8:30 AM (Zoom/Virtual)

Ford Council January ROSC meeting now on our YouTube: [Ford ROSC February Meeting \(youtube.com\)](https://www.youtube.com/watch?v=...)

Attendance:

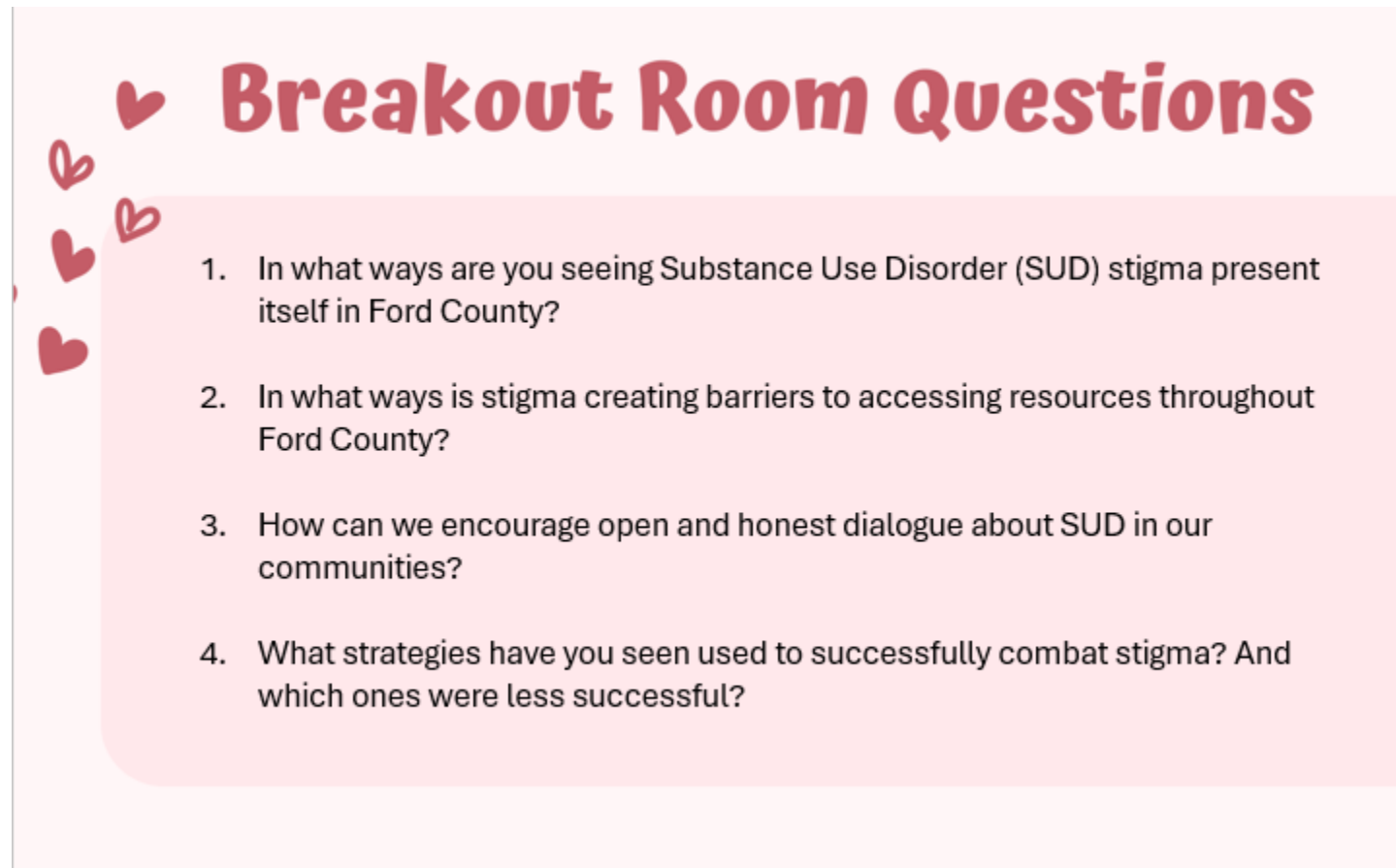
Nadia Klekamp (Chestnut Health Systems, Director of Integrated Community Education)
Frankie Ward (Chestnut Health Systems, Ford County ROSC)
Barbara Brumleve (Chestnut Health Systems, Ford County ROSC)
Grace Irvin (Logan/Mason ROSC)
Jeanette Davis (Logan/Mason ROSC)
Tristan McGrew (Americorp and Logan/Mason ROSC)
Jeff McFadden (Bridgeway, ROSC Coordinator and Region 3 TA Mentor)
Beverly Holland (TA Region 5 State ROSC)
Donny Gill (Ford County Health Department)
Clint Perez (Iroquois County Sheriff-STAR Program)
Kerrie Blanton (Clove Alliance)
Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)
David King (Carle)
Helena Longfellow (Gibson City Hospital)
Jennifer Anderson (Ford County (Probation))
Tim Nuss (Ford County Board District 2)
Jenn Gomez (Community Outreach Carle)
Christine P (Carle Outreach)
Odette Hyatt-Watson (East Central Community Action Agency)
Abby Behrens (Brightpoint/Butterfly Project)
Michelle (Rosecrance)

Agenda:

- Introductions
- Breakout Rooms regarding Stigma
- Large Group Discussion
- ROSC Updates
- Available Trainings
- Agency Announcements/Questions/Comments

Introductions:

Good afternoon and thank you for attending our February ROSC Council meeting. Today started with introductions and explaining that we will have 3 breakout rooms to discuss Stigma. We explained that Stigma is rooted in the belief that an individual's struggles with substances is a personal choice that reflects a lack of willpower and moral failing. The following are the four questions that we discussed in the Breakout rooms:



Breakout Room Questions

1. In what ways are you seeing Substance Use Disorder (SUD) stigma present itself in Ford County?
2. In what ways is stigma creating barriers to accessing resources throughout Ford County?
3. How can we encourage open and honest dialogue about SUD in our communities?
4. What strategies have you seen used to successfully combat stigma? And which ones were less successful?

Main Discussion –

Question #1 Feedback- *In what ways are you seeing substance use disorder (SUD) stigma present itself in Ford County?*

1. **Group #1:** Long time community members have seen people for years walking the streets and don't see or know about the changes that have occurred. Changing someone's belief is hard, Gibson City seems to have a younger generation getting involved, but the smaller towns are more difficult. The need to educate populations on SUD is key.

Group #2: Noticed complete apathy about SUD. Unfortunately, some don't care until it's too late. Lack of understanding of generational trauma that causes some to turn to substances to cope. People think you can just stop and do not understand that this is a medical disorder.

Group #3: Stigma has been seen on social media. An example are articles about arrests and the comment sections use stigmatizing words, etc. Internalized stigma throughout Ford County has been seen/heard in different businesses, including healthcare. Lastly, there seems to be noted general acceptance of alcohol use verses other drugs.

Question #2 Feedback- *In what ways is stigma creating barriers to accessing resources throughout Ford County?*

2. **Group #1:** The fear of the unknown, shame comes with SUD and it's very hard to take that first step. People with SUD carry internalized stigma so asking for help/resources is very hard. There is a silent judgement that some aren't even aware of.

Group #2: People with SUD not understanding MAR and not wanting to use as medical treatment due to pre-conceived understanding. Education is key to spreading facts vs myths.

Group #3: A lot of individuals don't seek treatment, therapy, meetings, etc. due to the stigma.

Question #3 Feedback- *How can we encourage open and honest dialogue about SUD in our communities?*

3. **Group #1:** People with lived experience (PLE) sharing their stories of recovery/their journey. Promote and encourage panels with PLE's/Ally's to discuss SUD.

Group #2: Share ROSC material and bring people together to discuss SUD/Stigma.

Group #3: Reminding everyone they can help by being an Ally, personal stories, etc.

Question #4 Feedback- *What strategies have you seen used to successfully combat stigma? And which ones were less successful?*

Note: Breakout groups did not get to this question, however, Kami noted that when people in power positions/the change makers show support, understanding and empathy, this shows people experiencing SUD that people do care and have an understanding. People that need help are more likely to come forward if they believe people understand SUD.

ROSC UPDATES:

ROSC Updates



ADULT WINTER WEATHER GEAR Drive
SCARVES | GLOVES | HATS | COATS


Let's make a difference by participating in our Winter Weather Gear Drive, hosted by Ford County ROSC in collaboration with Ford County Probation. Running through the month of February, donate new/gently used winter coats and accessories to help someone stay warm during the cold winter months.

Ford County Probation is offering community service hours in exchange for donations. (30-hour maximum community service hours can be earned.) Please contact the Probation Dept. for more information by calling (217) 379-9460.

Drop Off Locations

- Ford County Probation: 200 W State St Ste 83, Paxton
- Moyer District Library: 618 S Sangamon Ave, Gibson City

Powered in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.



Ford County ROSC
Recovery Oriented Systems of Care

309-944-9874
FordCountyROSC@gmail.com
Ford County Recovers - a ROSC Community
Ford County ROSC



Scan QR for Ford County ROSC Virtual Resource Guide.

OUR MISSION
Bringing the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

We discussed **FREE trainings** coming up that you might want to check out or you may know someone that would like to sign up. Links provided below.

Available Trainings



What is the Recovery Ecosystem?

- February 29th
- 1PM-2PM
- Delve into the intricate web of support and resources surrounding recovery.



Recovery-Friendly Workplaces

- March 14th
- 1PM-2PM
- Gain valuable knowledge on building a workplace culture that prioritizes employee wellness and champions recovery.



[\[IL ONLY\] What is the Recovery Ecosystem? - Recovery Ready Webinar Series - Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)

[\[IL ONLY\] Recovery-Friendly Workplaces - Recovery Ready Webinar Series - Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)

Available Trainings Continued



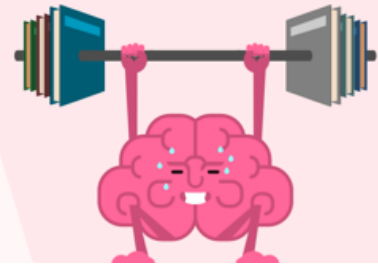
Grounding Systems in Recovery: From Peer Support to Recovery-Centered Policy and Practice

- March 5th
- 12PM-2:30PM
- Explore the use of peers in non-traditional settings and tools to help state agencies and other funders use funds more strategically to build recovery-rich communities.



Exploring Our Whole Health

- March 21st
- 10AM-11AM
- IDHS/DMH Recovery & Empowerment Statewide Calls
- Embracing different roads to recovery.



[Grounding Systems in Recovery: From Peer Support to Recovery-Centered Policy and Practice](#)

Exploring Our Whole Health: This call/training will be forwarded by email.

Contact Info



Frankie Ward, Recovery Specialist – fward@chestnut.org

Kari Knapp, Associate Director of Community Health – kmknapp@chestnut.org

Barb Brumleve, Community Health Specialist – bdbrumleve@chestnut.org

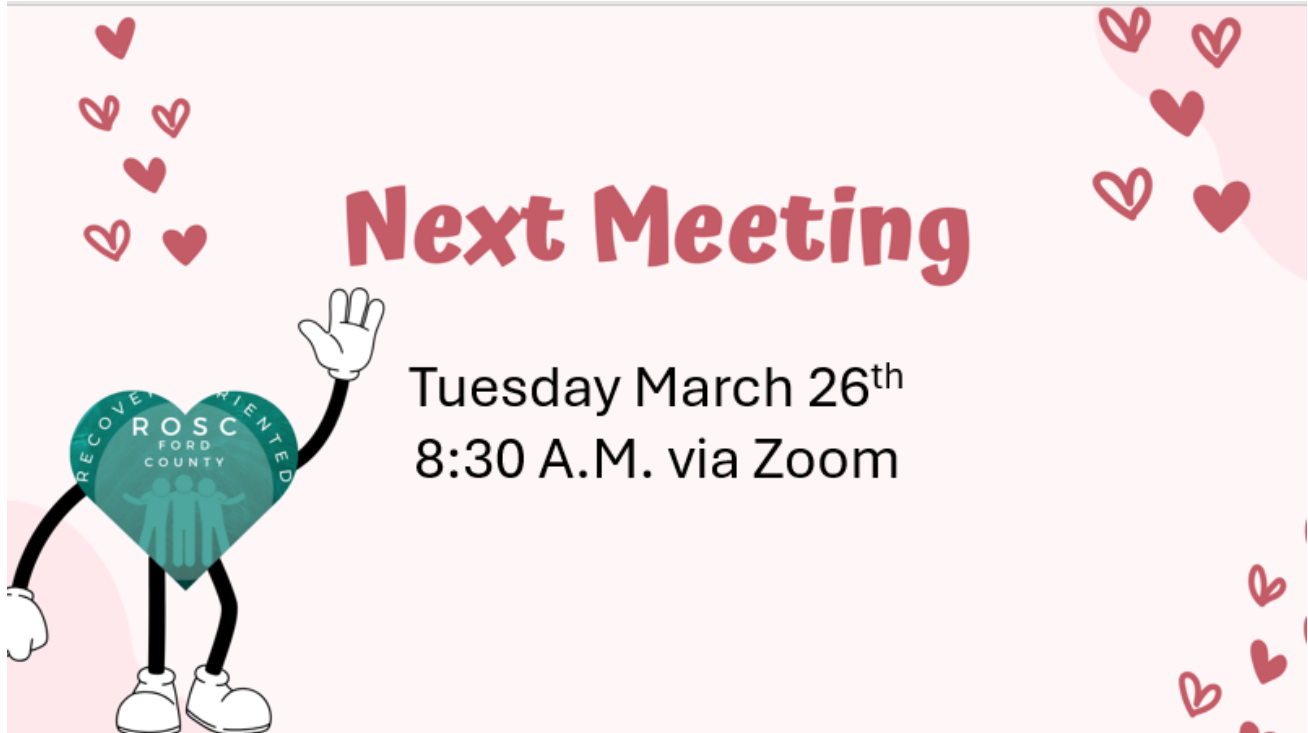
Ford County ROSC Team – FordCoutyROSC@gmail.com



[Ford-County-Recovers-a-ROSC-Community](#)



[Ford.County.ROSC](#)



Agency Updates

- Ford County Board – if anyone has any information that they would like to share or would like to present information on, please reach out to Tim Nuss
 - ROSC is now a subcommittee of the Ford County Board
 - ROSC will continue to provide updates to Tim
 - 2nd Mon of every month at 7:00 PM in basement of Sheriff building
 - Prior notice is not necessarily required for involvement – just arrive early for introductions/sign in
 - Have press available, community involvement, etc.

