

Recovery Oriented System of Care Membership Protocols

General

By definition, protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We can add further that it covers anything that is proper etiquette and not in distaste to other people's opinions or lifestyle choices. We will respect one another and not put forth judgement amongst our peers.

We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their mental illness or substance use issue.

Mission, Vision, Values and Goals

It is the duty of every ROSC Council member to adhere to the mission, vision, values and goals. There is a lack of understanding in the four counties we serve that recovery happens within the community. The development and sustainability of a collaborative Recovery Oriented System of Care, will work to create a culture that builds and nurtures recovery.

ROSC Mission:

“Collaborating to build and empower communities of recovery.”

- Improving health, wellness, and recovery for individuals and families with or at risk of substance use problems.
- To promote healthy and safe communities.
- To provide adequate supports for recovery to happen in the community.

ROSC Vision:

“To create a person-centered recovery path with strength-based involvement of families, friends, care-givers, allies and the community as a whole.”

- People can and do recover.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.

ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Individuals and families determine the supports and services they need.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.
- Measuring quality and outcomes is a system priority.

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability

Recruitment

The ROSC Council will recruit by informing, educating and empowering our communities. The project coordinator and recovery specialist will recruit via the ROSC website, email blasts, telephone calls, and in-person meetings, distribution of brochures, social media, presentations, and community discussions. The importance of recruitment is to build our coalition.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs and processes that will strengthen our community resources and move the entire county toward a positive social change.

It will also be every member of the ROSC Council’s responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council.

Orientation

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. Orientating new members will make a significant contribution to the ROSC Council. A successful orientation will include but is not limited to:

- Informing new members about the ROSC history, purpose and structure
- Informing new members about the ROSC Council's vision, goals and objectives
- Open access to all vital documents via the ROSC Council website
- Acquainting all new members at ROSC Council meetings
- Motivating new members to return

By following these tips, ROSC Council members will ensure:

- New members know the council and are able to articulate the purpose
- Members understand their rights and responsibilities
- The purpose of orientation is to gain effective members who make an efficient council

Training in the ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities of substance use and dual diagnosis.

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities.

- Increasing the ROSC status in the community
- Increasing recovery awareness in the community
- Identifying individuals in the community with expertise in recovery
- Identifying individuals with lived experience
- Project planning
- Recruiting focus group participants and soliciting community involvement
- Advocating for the utilization of peer support services

Adherence to Strategic Plan

The relationship between adherence to plan and the growth of the ROSC Council is hypothesized to be influenced by all members of the council. Adherence to strategic plan is defined as an organizational outcome reflected in whether organizations characteristically persist with predetermined and intended business plans. For the purpose of the ROSC Council, goals will be set and these goals will reflect the long-term vision of the council and the communities we serve as well as the need to meet all required deliverables according to the grant.

At any time, the council can adjust their choice of strategy and tactics in unplanned ways. Immediate council needs and decisions will be discussed and evaluated to determine adjustments to the strategic plan.

Inclusion and Role of Nonparticipants

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aide in the success of the ROSC Council.

Participation in sub-committees or Focus groups are highly encouraged for all community members.

Stipends

The importance of compensating individuals with lived experience is a centerstone of a ROSC. Individuals that aid with a ROSC events or host a recovery support meeting, that are not compensated through alternate employment, will be provided a \$50 stipend per event. Individuals that present or provide trainings for the ROSC will be compensated with a stipend of \$125 per event.

Community Needs Assessment Process

The community needs assessment will be updated annually and be available to all members of the ROSC Council as well as community members on the ROSC website. Keeping the community needs assessment up to date will be the responsibility of the Assessment Team and Project Coordinator.

ROSC Council members are responsible for communicating with the Project Coordinator any organizational updates that need to be added or removed from the Community Needs Assessment.

- Project team will continuously leverage industry resources to keep the client and stakeholder surveys in alignment with community services and supports

- Perceived gaps in services and supports will align with the strategic plan's goals and objectives to addressing impediments for successful lifelong recovery.
- Focus groups will convene on an ongoing basis to monitor the community strengths and gaps from the perspective of those new in recovery or struggling to obtain sustained sobriety.