

Logan/Mason ROSC Meeting Notes

February 15th, 2023

Attendance:

Scott Boyer (PLE-Logan County)
Jeanette Davis (Chestnut Health Systems)
Kara Davis (Logan County Health Department)
Cassie Delaney (Memorial Behavioral Health)
Kami Garrison (Chestnut Health Systems)
Vanessa Hall (Havana Public Library District)
Becky Hart (Counselor)
William Gabe Hovendon (SIU Medicine)
Grace Irvin (Chestnut Health Systems)
Jeff McFadden (Bridgeway ROSC and Region 3 Mentor)
Molly McCain (Lincoln Memorial Hospital)
Tristan McGrew (Recovery Corp)
Theresa Orrick (Carle-Trillium)-Having Connection Issues
Danny Sourbis (DuPage County ROSC)
Silas Tockey (Community Action-Lincoln)
Erica Ulrich (Peoria Area Food Bank)
Frankie Ward (Chestnut Health Systems)
Tyler Wenger (Chestnut Health Systems)
Naomi Willis (Gateway Foundation)
Dominic Valenti (Chestnut Health Systems)

Old Business:

- There was a free community bowling event on February 4th, which was hosted by Crimestoppers. Every lane (16 lanes) were all being used. There was a great turnout. There were community resources available from agencies like Gateway, LMH, Chestnut, Crimestoppers to name a few. This was the first bowling event since COVID-19. Crimestoppers had hot dogs, fruit, and cookies to hand out.

New Business:

- The definition of ROSC has recently been modified. The definition is now: A coordinated network of community-based services and supports that is person-centered and on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care,” with the resources to effectively address the full range of substance use and/or mental health challenges within communities.

- The Logan Mason ROSC Mission Statements: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.
- We have been talking about how to strengthen our ROSC council. One of the things we need to pay attention to is including sectors that are necessary to continue to build a cohesive collaboration of resources. We have identified sectors that we'd like to improve to bring them to the table: Faith community, education, law enforcement, and judicial. Kara mentioned that it may be helpful to bring someone from Memorial Physician Services and/or Springfield Clinic. It may also be helpful to get someone from the new walk-in clinic; they have a new physician assistant and medical assistant. This is a question to consider for sector representation: What role does your _____ (ex. faith community) want to play in responding to people navigating substance use disorder and other mental illness in your community. We are hoping this will be a conversation starter for the people you interact with. If you have a person in mind, but don't feel like talking to them, you may reach out to Logan-Mason ROSC contact and the council will reach out for you. If you think of a sector, individual, or agency, feel free to email Jeanette.
- There will be an AA speaker meeting on February 17th (every third Saturday of the month) to celebrate anniversaries of recovery time.
- The Oxford House is having another open house on Sunday, February 25th from 3:30 p.m.-7:30 p.m. Blue Dog will be providing refreshments. Please pass this information along. The house is currently full except for one bed, which is open.
- There will be a movie day on Saturday, March 16th at 2:00 p.m. (225 S. Kickapoo St. in Lincoln) and on Saturday, March 23rd at 1:00 p.m. (Arlee Theater in Mason City). It will be a free movie (Generation Found) provided to the community. We are asking people to come with resources and information. There will be tables set up for those sharing resources. There will also be a question-and-answer session after the movie. A survey monkey link will be sent out if you'd like to sign up for a date(s) that you plan to attend.

Reminders/Recovery Resources:

- The flyers and cards for Logan/Mason County Recovery meetings have recently been updated. These are useful to help share when and where there are recovery meetings. We want to make sure everyone has these flyers and cards. If you need any, Jeanette will deliver them to you. The QR code in the corner has additional resources attached to it.

On-Going Projects:

- There is a harm reduction machine at Family Custom Cleaners. It is available 24/7. This machine includes NARCAN, fentanyl test strips, and xylazine test strips. The Logan County Health Department, during business hours, also has a harm reduction display. The Havana Public Library also has harm reduction resources available. The library is still working on the display, but people can get NARCAN upon request.

- The Lincoln Memorial Hospital does a Logan County Community Health Needs Assessment every three years. Molly and Jeanette are working together to create a focus group for the assessment from the Oxford House. If you haven't taken this survey, please take it yourself and share it with others. You don't have to live in Lincoln to take the survey. In the last survey cycle, the results indicated that substance use prevention should be a priority for the last three years.
- The Recovery in Action group meets the second Tuesday of every month. The flyer for the meetings has been updated. This is a group of people with lived experience, friends, and family members who like to be a part of planning events and educating our community. The last meeting was a little slim in attendance, however, there were two brand new people who joined. The next meeting is on March 12th at 4:30 p.m. at 200 5th St. in Lincoln.
- Trillium place is an outpatient treatment center in Lincoln. They work very closely with drug court. They offer evaluation services, outpatient treatment, and a couple of new recovery meetings have been started there. Also, there is a group that meets for postpartum depression.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, March 21st at 2:00 p.m.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:01 p.m.