

Effingham County ROSC Council Meeting

Monday, February 26th, 2024

1:00-2:00pm

104 Blohm Ave & Zoom

Samantha Hicks (meeting facilitator) Felicia Depoister (minutes)

In Attendance: Olivia Jenkins, Cody Bushue, Kelly Buscher, Maria, Natalie Hall, Kat'Obrien, Nathan Nichols, Carrie McKenzie, Christina Isley, Lyndsey Reedy, Karen Cook, Cherly Root, Jenna Hays, Samantha Hicks, Felicia Depoister

Minutes:

Spotlight Speaker- Effingham County Case Management- Effingham County Case Management (ECCM) Kelly Buscher and Maria are part of the Effingham Public Library. ECCM helps individuals in the community link to resources & services. Often, individuals need to be made aware of what is available in the community to help them, whether for a financial need, area events (workshops, health fairs, etc), healthcare needs (looking for a provider), transportation, local options for housing, etc. ECCM helps explain these resources, and ECCM works one-on-one with clients to help fill out applications for benefits through the state, such as SNAP or the medical card. ECCM can connect directly with IDES if individuals have issues filing or certifying claims. All services are free to the public and available at the Effingham Public Library, Monday through Thursday, 9 AM to 1 PM. Kelly also adds this program started in 2020 during COVID-19, and people needed help navigating the system. They have helped many people with unemployment claims; since the unemployment office was closed or locked, people needed help. Kat' Obrien asked how you receive referrals. Kelly let Kat know they use the IRIS system (social service referral website), or email will do. Kelly also stated that walk-ins are welcome on a first-come-first-serve basis. Kelly said they are looking for grant funding; they are covered under their COVID grant until April 15.

Next month's spotlight speaker:

Family Resource Center of Effingham County located in the Effingham Connections building 104 Blohm Effingham Illinois, 62401

Peer to peer/group update, Recovery Navigator Felicia Depoister:

Recovery Navigator Felicia Depoister commented on the longevity of Kirby IGA 5 PM Thursday Recovery Wellness Group; Felicia let the council know there is a New Recovery Wellness Group every Tuesday at 5 PM at Altamont First Baptist Church. Felicia also commented on one-on-ones within Effingham County. She meets clients where they are and believes there are plenty of reasons to celebrate. PLEs she meets one-on-one with are taking charge of their Recovery and taking their life back.

Laundry Day sponsorship:

First Baptist Church donated funds for the Laundry Day in Altamont for March 27th Becker's Wash and Dry 9 AM until funds run out. Volunteers Welcome address 105 W. Cumberland Rd Altamont,

Illinois. ROSC coordinator Samantha mentioned a possible "Day" for accepting donations for laundry day. The Council said inviting churches, the American Legion, Elks, and community help organizations was a great idea.

Wish list Budget for FY25:

FY starts July 1. ROSC Supervisor Karen Cook suggests a Recovery Month mural. Olivia Jenkins mentioned National Prevention Week in May, which would also be suitable for hiding in plain sight.

Volunteer list for Safe Passage:

After a meeting with Chief McFarland, he requested more volunteer drivers for safe passages; Samantha let council members know that volunteers would drive individuals to rehabs in the surrounding area, possibly up to two hours away, and there are gas cards available for volunteer drivers. Cody Bushue asked how one would volunteer. Samantha said to let her know she would coordinate the volunteer list and turn it in to Chief McFarland. Samantha also mentioned some subcommittee members are asking their fellowships to sign up.

Strategic goal relation:

Samantha did ask everyone to look at the strategic plan attached to this meeting's agenda. No feedback was provided from the council.

Community wide Narcan training- Altamont:

Samantha asked if anyone had any leads or suggestions for community wide NARCAN training in Altamont. We want to bring this training to each town, especially the small towns. Council members discussed the two parks available in Altamont, and one council member says they know the owners of The Open Door Diner.

Narcan newsstand vote on name for newsstand at mall:

Council members voted on the name for the purple NARCAN Newsstand at The Effingham Village Mall; Felicia tallied votes from in-person council members. *Please note the name voted was stigmatizing/ Samantha later emailed council members for a new vote! ROSIE is The NARCAN newsstand Name!* Samantha asked if we needed another newsstand for the county. Felicia mentioned that the NARCAN newsstand in the mall is the most used DOPP site in our county. Samantha agreed, and the council said yes, we do, and discussed where it should go. Suggestions Edgewood tiny towns 2 bars, a gas station, and an adult-only store directly off the interstate. The council discussed Montrose, right off the interstate, with a motel, gas stations, and bars.

PLE committee update:

Subcommittee member Cody Bushue spoke about the Hidden in Plain (HIPs) event Recovery Madness on March 16 from 1-4 pm at Edgewood School. We will walk through the school on Monday the 5th at 5:30 PM after the 97.9 XFM Facebook live. Cody said she was able to speak

about the ROSC during the radio ads with Premier Broadcasting (97.9). Half of the ads are anti-stigma campaigns, and the other half promote the Recovery Madness Event on March 16. Felicia, Samantha, and Subcommittee Members have been doing Facebook live interviews to talk about who they are, why they are with ROSC and specific event activities; there are two left:
Monday, March 4 @ 4:30 PM Toby Depoister, Samantha Hicks, and Felicia Depoister
Tuesday, March 12 @ 12:30 PM Katy Houser, Samantha Hicks, and Felicia Depoister
Samantha reminded the council that the next PLE meeting is on Tuesday, March 12, at 3:30 p.m., at 104 Blohm Ave, Effingham.

Who would you like to invite or see at this table?? What connections can we make to further our mission as a ROSC Council??

Samantha asks who would you like to see at the ROSC council meetings? Subcommittee member Cody suggests a Judge he knows and would like to invite. Samantha says why would you like to have a judge at the table? Cody says he can hear us at the table and help make changes. Cheryl Root suggested reaching out to people already helping in the community. Other councils discussed police officers, where Jenna Hays let Samantha and Felicia know that they are doing a great job in Effingham Co. This is one of the communities she started ROSC in 2019. She says that police officers are incredibly busy. Jenna suggests that retired officers are available to sit at the ROSC council table and be an icebreaker for other officers in the community.

Contact emails:

Effingham County ROSC Coordinator

Samantha [Hicks—samanthah@hourhousercovery.org](mailto:samanthah@hourhousercovery.org)

Meeting Facilitator

Effingham County ROSC Recovery Navigator

Felicia [Depoister—feliciad@hourhousercovery.org](mailto:feliciad@hourhousercovery.org)

Meeting Minute

ROSC Program Supervisor

Karen Cook-- karenc@hourhousercovery.org

Where to find past meeting minutes: <https://www.govst.edu/Recovery-Support/South-Central-IL-ROSC/EFRC-ROSC-Council/>

****NEXT EFFINGHAM ROSC COUNCIL MEETING****

Date: Monday, March 18th, 2024

Time: 1:00-2:00pm

Where: 104 Blohm Ave, Effingham & Zoom

Strategic Goal

GOAL G: Provide start-up support to the Effingham Police Department Safe Passages. (Continued Goal, FY24)

Objective 15: Provide increased and open communication.

Activity 46: Make successful contact with the Effingham Police Department to discuss outcomes of the Safe Passage Program.

Activity 47: Assist the Effingham Police Department in analyzing current needs for the Safe Passage Program.

Activity 48: Collaborate with the Effingham Police Department in identifying additional opportunities for funding sources to aid the Safe Passage Program.

Objective 16: Provide education and Narcan Training to the Safe Passage volunteers.

Activity 49: The ROSC Council will assist the Effingham Police Department Safe Passage Program to establish an up-to-date volunteer transportation list.

Activity 50: The ROSC Council will aid in training volunteers in harm reduction methods who are transporting individuals to treatment.

Activity 51: Provide received additional education and training regarding addiction and recovery-oriented materials.