



Date:03/25/2024

Time: 10AM until 12PM

Location: 1750 West 103rd Street Chicago IL,60643

Virtual info:

Meeting ID: 83457129193

Password: 553998

Phone Number: 312-626-6799

Community Topic: Substance Misue and the Effects on the induvial, Family, and Community

Trainer and Presenter: Robert Bufford RC, CPRS, NCRS

Fact: According to the U.S Department of Health and Human Services Center for Disease control and Prevention.

- Drug overdose have been raising over the past 2 decades within the United States.
- Among the total population the age adjusted rate of drug overdose deaths increased from 6.0 in 2011 to 11.5 in 2006. 2006 through 2013 reported stable! Increased to 13.8 in 2013 to 32.4 in 2021. From 2020 through 2021 the rate increased by 14%.
- In 2021 a total of 106,699 deaths due to overdose. New York times reported May 17,2023 in the year of 2022 there were 109,680 deaths caused by overdose. CNN reports on September 13,2023 111,355 deaths were reported because of misuse substances that lead to overdose.
- 28.320 million or 20.4% of them have an alcohol use disorder.
- 57.277 million people use tobacco or nicotine products (vape).
- 25.4% of illegal drug users have a drug disorder.
- 24.7% of those with drug disorders have an opioid disorder; this includes prescription pain relievers or “pain killers” and heroin).

How does Substances Misuse effect the **Individual**?

- **Physical health:** impaired judgement, coordination, heart, addiction, problems, risk of cancer, insomnia, cirrhosis, stroke, tooth decay, seizures, skin damage, overdose, and death.
- **Mental Health:** Can contribute to the development of other mental disorders, depression, lack of motivation, mood swings, changes in brain function, can cause long term brain damage, and drug-induced Psychosis.
- **Emotional Well-being:** Inability to control one's emotions, anxiety, shame, guilt, hopelessness.
- **Financial security and Stability:** Loss of job/income
- Child neglect, child abuse, Domestic Violence, single parent's homes, DCFS involvement.
- Dysfunctional relationships and patterns

Fact: As of February 29,2024, The Illinois Department of Children and Family services reported in 2023 94,525 children were in Custody due to some form of neglect or abuse that was a cause by mental illness or substance misuse in most cases.

-

How does Substance Misuse effects on the **family**:

- **LOSS OF TRUST**
- **RELATIONSHIP STRAINS**
- **BREAKDOWN OF MARTIAL RELATIONS**
- **ESTRANGEMENT**
- **IMPACT ON CHILDREN DEVELOPMENT**
- **EMOTIONAL DISTRESS**
- **STRESS**
- **FINANCIAL HARSHIP**
- **FAMILY STABILITY**
- **FEAR**

How does Substance Misuse effect the **community**:

- Broken families
- Poverty
- High levels of criminal activity
- No business such as banks, local grocery stores, or convenient stores
- Higher taxes, home's value depreciation
- Break down on community engagement.
- Financial strain on the Healthcare systems
- Reduced Social cohesion.

Fact:

According to the National Institute on Drug Abuse ([NIH](#)) statistic, overall, substance abuse costs the United States more than \$740 billion a year in terms of health care, work productivity, and crime; of that figure, illicit drug abuse costs \$193 billion and prescription opioid abuse costs another \$78.5 billion.

SOLUTION

- When a loved one is suffering from the effects of addiction, one of the most helpful things you can do is to educate yourself about addiction and dependence problems. Then you'll discover the most and least valuable courses of action.
- You're also likely to discover that once you understand what your friend or family member is experiencing, it can be easier to manage the pain caused by their actions.
- Watching a loved one get trapped by addiction to the point where they feel there's no way out can be devastating. Help your family member or friend find treatment to help them on the road to recovery by contacting TEECH foundation (312) 539-5263 OR (224) 406-3798 or searching the web to find services near you.

HARM REDUCTION

- Naloxone, for example Narcan®, is a medicine that can help people who are overdosing on an opioid. Opioids include prescription medications, heroin, and fentanyl. Sometimes other drugs, including cocaine and methamphetamine, are mixed, or laced with fentanyl.

- Naloxone temporarily reverses the effects of an overdose from opioids, including:

The Effects of Addiction on Individuals, Family, Friends and the Community

Mr. Robert Buford RC, CPRS, NCRS
Transforming Educating & Empowering Children and
Humanity (dba TEECH)

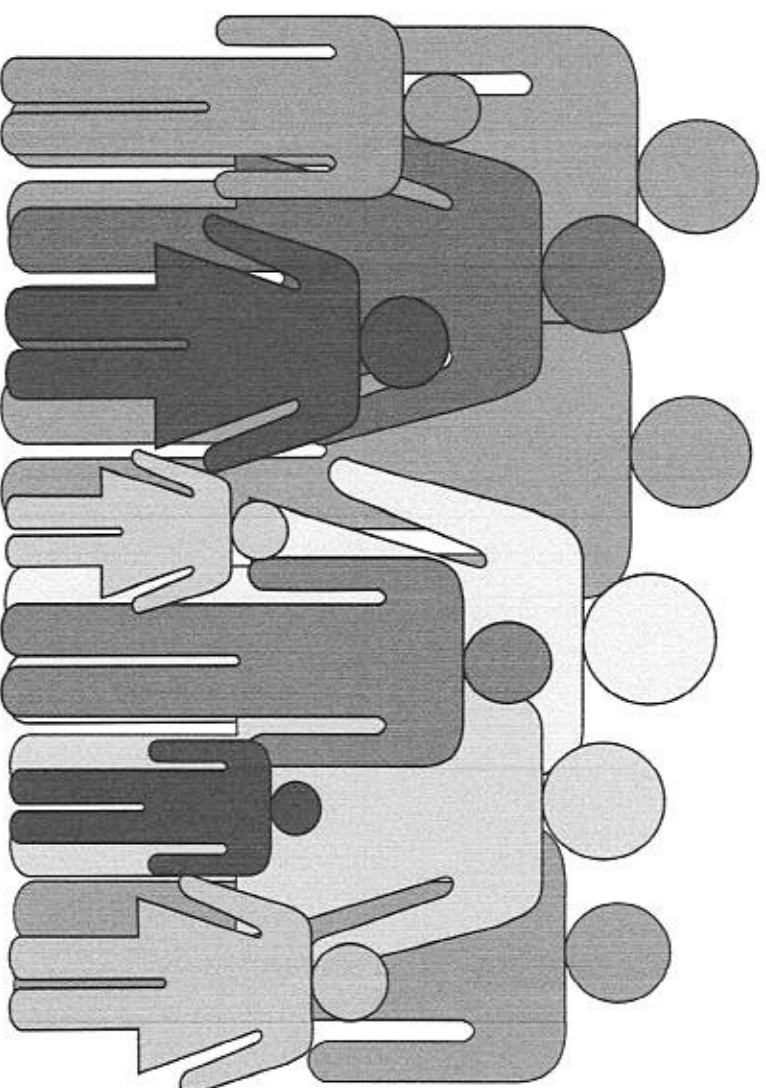
1750 W 103rd

Chicago, Illinois 60643

(312) 539-5263 or (224)406-3798

www.teechfoundation1.org

3/25/2024



WHAT IS SUBSTANCE MISUSE



Addiction is a complex disease, often chronic in nature, which affects the functioning of the brain and body. It also causes serious damage to families, relationships, school, workplaces and neighborhoods



The most common symptoms of addiction are severe loss of control, continued use despite serious consequences, preoccupation with using, failed attempts to quit, tolerance and withdrawal.



However, Addiction can be effectively prevented, treated and managed by healthcare professionals in combination with family and/or peer support.



<https://www.centeronaddiction.org/addiction>

STATISTICS

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Among the total population the age adjusted rate of drug overdose deaths increased from 6.0 in 2011 to 11.5 in 2006. 2006 through 2013 reported stable! Increased to 13.8 in 2013 to 32.4 in 2021. From 2020 through 2021 the rate increased by 14%.

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U.S Department of Health and Human Services Center for Disease control and Prevention

STATISTICS CONT'

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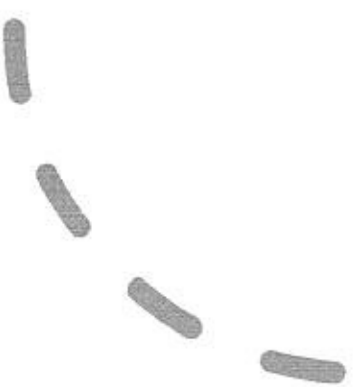
24.7% of those with drug disorders have an opioid disorder; this includes prescription pain relievers or "pain killers" and heroin).

<https://drugabusestatistics.org>

STAGES OF SUBSTANCE MISUSE

- The early stage is the functioning individual with addiction. They still have a job, and their relationships are intact, but their life is suffering because of their addiction. That is the most common scenario. You don't have to suffer major losses to have an addiction.
- The late stage of addiction is the non-functioning individual. They've lost their job and have to use every day.

<https://www.addictionandrecovery.org/what-is-addiction.htm>





SUBSTANCE MISUSE BEGINNING

- Drug addiction can start with experimental use of a recreational drug in social situations, and, for some people, the drug use becomes more frequent. For others, particularly with opioids, drug addiction begins when they take prescribed medicines or receive them from others who have prescriptions.
- The risk of addiction and how fast you become addicted varies by drug. Some drugs, such as opioid painkillers, have a higher risk and cause addiction more quickly than others.

<https://www.mayoclinic.org/diseases-conditions/drug-addiction/symptoms-causes/syc-20365112>



2 BASIC QUALITIES OF SUBSTANCE MISUSE

- You sometimes use more than you would like to use. For example, one drink leads to more drinks, or one line of cocaine leads to more.
- You continue to use despite negative consequences. For example, you continue to drink even though it has hurt your relationships.

<https://www.addictionsandrecovery.org/what-is-addiction.htm>



MAJOR CAUSES OF SUBSTANCE MISUSE

- Family history. About 50-60 percent of addiction is due to genetic factors
- Poor coping skills for dealing with stress.
- Negative thinking, such as an all-or-nothing approach to life.
- Underlying anxiety or depression.

<https://www.addictionsandrecovery.org/what-is-addiction.htm>

HOW SUBSTANCE MISUSE EFFECTS THE INDIVIDUAL

- **Physical health:** impaired judgement, coordination, heart, addiction, problems, risk of cancer, insomnia, cirrhosis, stroke, tooth decay, seizures, skin damage, overdose, and death.
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SUBSTANCE MISUSE ON FAMILY AND FRIENDS

- Many people believe battling a substance use disorder is a personal experience. Because of the effects of addiction, it can be highly damaging to the individual. Many people don't think about the other people directly involved, such as the person's family and friends.
- Partners, children, parents, and friends of someone battling with addiction also experience emotional damage. They may also have to deal with financial, legal, medical, and other consequences.

<https://www.conkar.org/resources/the-effects-of-addiction-on-family-and-friends/>

SUBSTANCE MISUSE EFFECTS ON THE FAMILY AND FRIENDS

LOSS OF TRUST

RELATIONSHIP
STRAINS

BREAKDOWN OF
MARTIAL
RELATIONS

ESTRANGEMENT

IMPACT ON
CHILDREN
DEVELOPMENT

EMOTIONAL
DISTRESS

STRESS

FINANCIAL
HARDSHIP

FAMILY
INSTABILITY

FEAR

SUBSTANCE MISUSE EFFECTS ON THE THE COMMUNITY

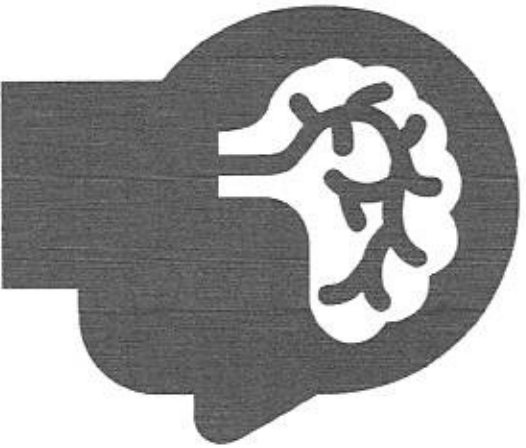
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THERE IS A SOLUTION

- When a loved one is suffering from the effects of addiction, one of the most helpful things you can do is to educate yourself about addiction and dependence problems. Then you'll discover the most and least valuable courses of action.
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HARM REDUCTION IS ALSO A SOLUTION

- Naloxone, for example Narcan®[®], is a medicine that can help people who are overdosing on an opioid. Opioids include prescription medications, heroin, and fentanyl. Sometimes other drugs, including cocaine and methamphetamine, are mixed, or laced with fentanyl.
- Naloxone temporarily reverses the effects of an overdose from opioids, including:



NALOXONE TEMPORARILY REVERSES THE EFFECTS OF AN OVERDOSE FROM OPIOIDS, INCLUDING

Heroin

Morphine

Oxycodone (OxyContin®)

Methadone

Fentanyl

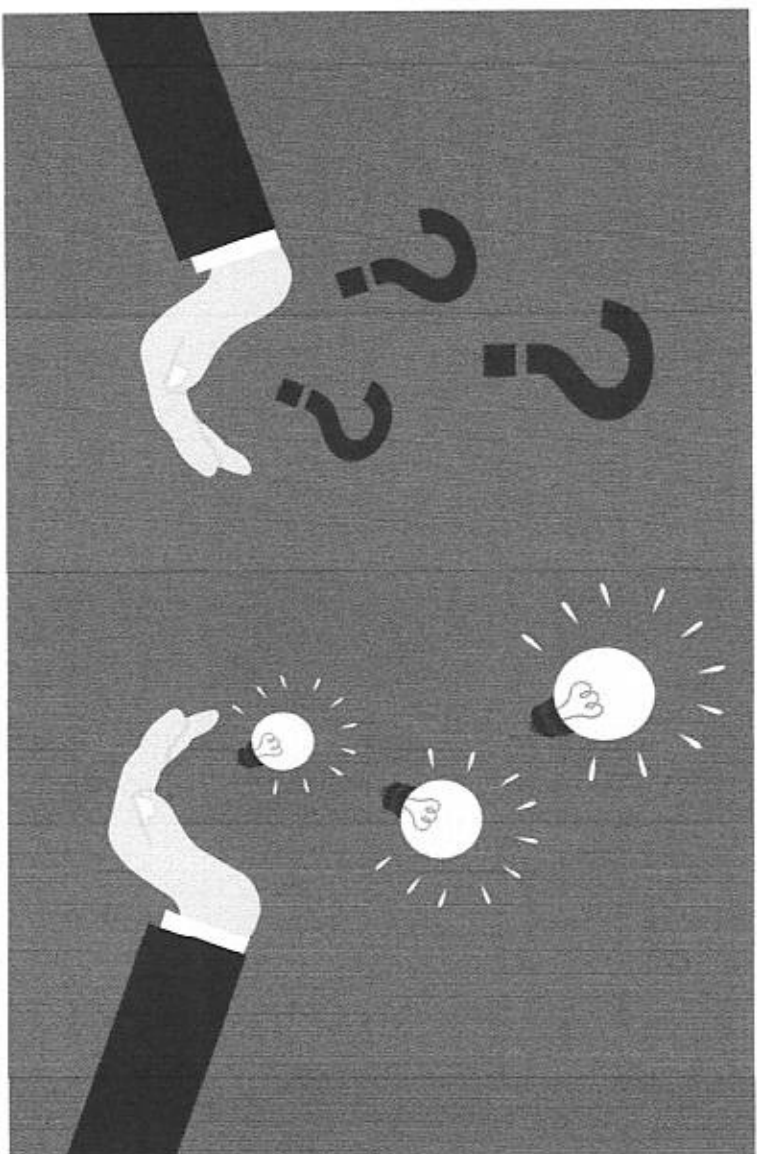
Hydrocodone (Vicodin®)

Codeine

Hydromorphone

Buprenorphine

<https://www.cdc.gov/drugoverdose/featured-topics/naloxone.html>



THANK YOU
QUESTIONS AND ANSWERS