

Ford County ROSC Council Meeting Minutes

Tuesday, March 26th, 2024, at 8:30 AM (Zoom/Virtual)

Ford Council March ROSC meeting now on our YouTube: :

https://www.youtube.com/watch?v=_vEiuYtcuak

Attendance:

Kari Knapp (Chestnut Health Systems, Associate Director Community Health)

Barbara Brumleve (Chestnut Health Systems, Ford County ROSC)

Grace Irvin (Logan/Mason ROSC)

Jeanette Davis (Logan/Mason ROSC)

Johanna Gonzalez (IDHS SUPR-ROSC Coordinator)

Tristan McGrew (Americorp and Logan/Mason ROSC)

Jeff McFadden (Bridgeway, ROSC Coordinator and Region 3 TA Mentor)

Donny Gill (Ford County Health Department)

Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)

David King (Carle)

Jennifer Anderson (Ford County (Probation)

Tim Nuss (Ford County Board District 2)

David Moss

Jennifer Gomez (Community Outreach Carle)

Odetta Hyatt-Watson (East Central Community Action Agency)

Melissa

Del Saam (Veterans Treatment Court)

Agenda:

- Introductions
- Large Group Discussion
- Sober Sips Events
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

Introductions:

Good afternoon and thank you for attending our February ROSC Council meeting. Today started with introductions and recapping last month's discussion concerning Stigma. We explained that Stigma is rooted in the belief that an individual's struggles with substances is a personal choice that reflects a lack of willpower and moral failing. We asked the following questions and asked for thoughts/ideas/etc.

IN WHAT WAYS ARE YOU SEEING SUBSTANCE USE DISORDER (SUD) STIGMA PRESENT ITSELF IN FORD COUNTY?

- General acceptance of alcohol use verses other substances.
- Community doesn't see or know about the changes that have occurred.
- Gibson City seems to have a younger generation getting involved, but the smaller towns are more difficult
- People think you can just stop and do not understand that this is a medical disorder.
- Stigma very clearly seen on social media.
- Internalized stigma.



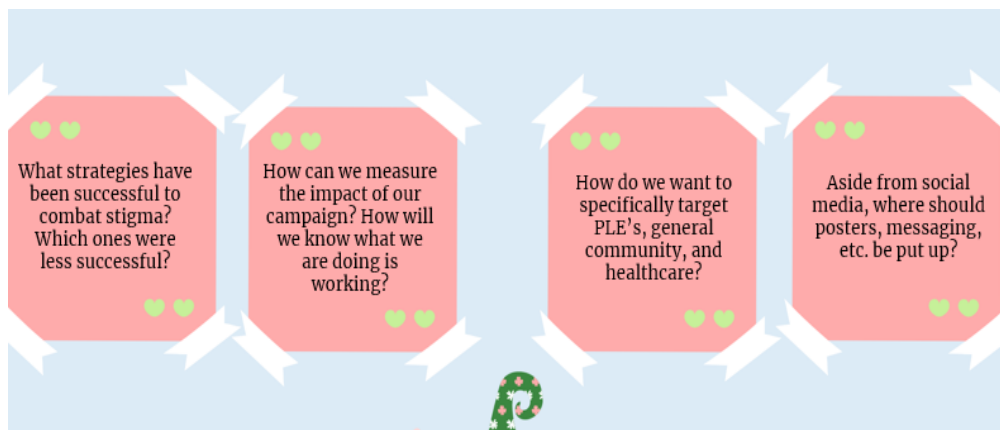
IN WHAT WAYS IS STIGMA CREATING BARRIERS TO ACCESSING RESOURCES THROUGHOUT FORD COUNTY?

- There is silent judgement that some aren't even aware of.
- Individuals are not asking for resources.
- Individuals aren't seeking treatment, therapy, meetings, etc.
- Little/No understanding - MAR
- Little/No understanding - Harm Reduction which creates a lack of these services.
- Individuals not wanting to use MAR due to pre-conceived understanding





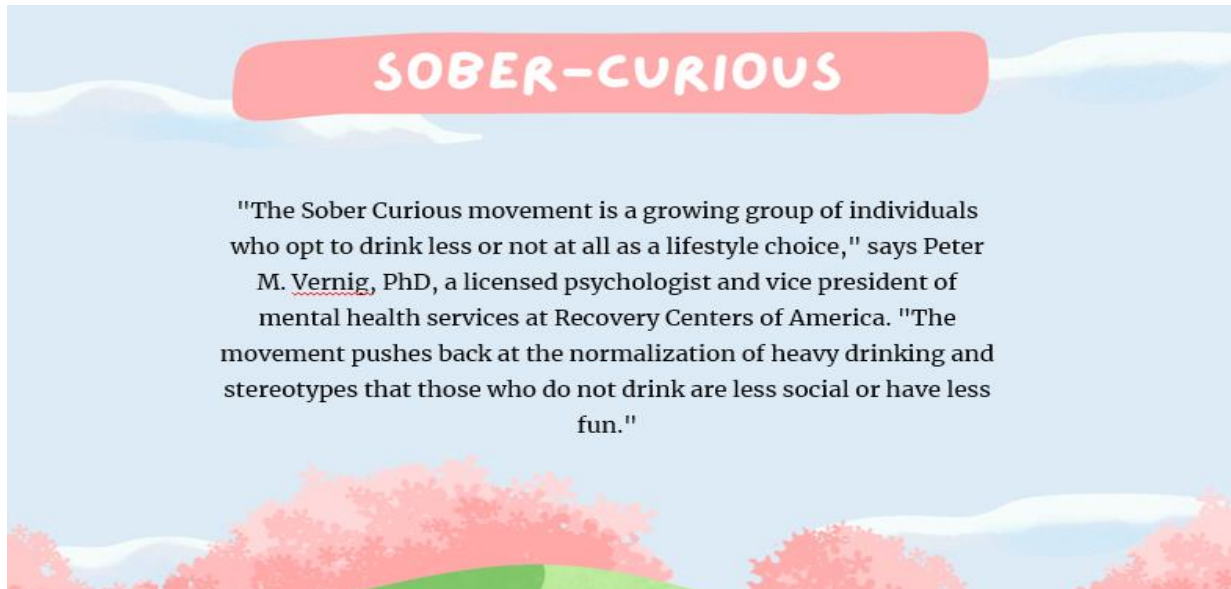
Main Discussion –



- Jeff McFadden has had great success in putting people in the spotlight, sharing recovery on social media!!
- Humanizing the topic – Jeff also noted how powerful it is to show success. Have a picture of a family holding a sign saying “Thank you Naloxone/Narcan®” ...Saved my life, etc.!!
- Dave King noted the importance of direct contact with First Responders, EMS, City Council, Police-Keep sharing information. He also noted that it’s important to try to have the “stigmatized” have conversations with people with stigma.
- Let the Facts do the Confronting!
- Tim Nuss stated how Probation is always helping and that We/ALL people need to be a part of this...every life is affected in some way. Would be great to reach people that have

changed their thinking, tell their stories, what they used to believe and what made the change?

Have you heard of the Sober-Curious Movement?



Check out this video, cool things happening in New Orleans:

<https://youtu.be/9cGx1q85kjk?si=GJyEkariENn5HO4g>

- Lots of interest and positive comments about this video, discussing a Wellness Tent at concert venues, etc.

ROSC UPDATES:

We need your Help...we are wanting to start a work group/committee to start the **Sober Sips Events!!** Please reach out and we'll add your name and look forward to having FUN 😊

SOBER SIPS EVENTS

Going alcohol-free shouldn't mean missing out or having to compromise on your social life.

Host Events & Attend Other Events/Concerts/Festivals

- Sober Supportive Space
- Connection
- Conversation
- Socialization
- Inclusive
- FUN!

Look what's coming:

UPCOMING EVENTS



**ALL
AWARE
NESS
DAY**

All Awareness Day is a day created to celebrate & to give organizations and individuals the opportunity to bring awareness and share resources for their causes while supporting one another!

The day will begin with awareness/resource booths, activities for all ages, prizes, and food trucks to enjoy, wrapping up with a powder paint walk for those that wish to join at the end!

**May 11th, 2024
11:00am - 2:00pm**

Is there a cause you'd like to bring awareness to?
Do you have a resource to share?
Contact us for more information or to reserve your free place now!
allawarenessday@gmail.com

COME TOGETHER

East Central Illinois Community Action Agency presents...

WALK-THRU HEALTH FAIR

Veterans' Square - 235 S. Market St., Paxton, IL

APRIL 12, 2024 11AM-2PM

For more information, contact Beth Badger at 217.554.9122.

GIVEAWAYS AND RESOURCES:
A Collection of Home Cleaning Supplies, First Aid Kits, Samples of Healthy Snacks for Children and Adults, Family Dental Kits, Diabetes and Blood Pressure Health Management, Drug, Alcohol and Gambling Awareness, Abuse Survivor Resources, Legal Services, and many more Community Resources!

*A drawing will be held for a Midland NOAA WEATHER RADIO (courtesy of Ford County Emergency Management Agency)

Community members will be directed through the line to receive a variety of items from East Central Illinois Community Action Agency and our various community partners.

Sponsors Include:



Ladies Night
SOBER SIPS & SELF-CARE TIPS

TBD.....



Check out these upcoming Trainings:

UPCOMING AVAILABLE TRAININGS

Center for Community Engagement
at Chestnut Health Systems

ACES 101

ACES 101: Correlation between ACES (Adverse Childhood Experiences) and SUD

PRESENTED BY: Jay Hughes
DATE: Tuesday, April 23, 2024
TIME: 12:00 pm - 2:00 pm
CEUs: 2 (Approval Pending)
TYPE: Virtual (webinar)
LOCATION: Zoom

[Webinar Registration – Zoom](#)

Center for Community Engagement
at Chestnut Health Systems

TRAUMA IN REAL TIME

Trauma in Real Time: Practical Examples of Interventions & Changes Individuals Can Make in Their Work To Be More Trauma Informed

PRESENTED BY: Jay Hughes
DATE: Thursday, April 25, 2024
TIME: 12:00 pm - 2:00 pm
CEUs: 2 (Approval Pending)
TYPE: Virtual (webinar)
LOCATION: Zoom

[Webinar Registration – Zoom](#)

FACES & VOICES OF RECOVERY
ADVOCATE. ACT. ADVANCE.

Words Matter Stigma

- This session will focus on how to utilize our words to create greater inclusivity, apply strategies to de-stigmatize individuals with Substance Use Disorder, and perform language audits within your organization.
- Wednesday, April 3rd
- 2PM-3PM

[Training Registration - Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)

Training Links

ACES 101 - [Webinar Registration – Zoom](#)

TRAUMA IN REAL LIFE - [Webinar Registration – Zoom](#)

WORDS MATTER - [Training Registration - Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)

Agency Updates

- Ford County Board – if anyone has any information that they would like to share or would like to present information on, please reach out to Tim Nuss
 - ROSC is now a subcommittee of the Ford County Board
 - ROSC will continue to provide updates to Tim
 - 2nd Mon of every month at 7:00 PM in basement of Sheriff building
 - Prior notice is not necessarily required for involvement – just arrive early for introductions/sign in
 - Have press available, community involvement, etc.
- Birth to Five IL: Region 9 is looking for guests' speakers to speak at a meeting about mental health in early childhood or anyone interested in a 1 on 1 interview to discuss the needs in Champaign & Ford County. If you know anyone in this role, can you please have them reach out to dmoos@birthtofiveil.com.
- The flyer for the SUD Faith Leaders Brunch with RUSH in Bloomington, IL is attached, April 27th, 10 am to 1 pm at the Bloomington-Normal Marriott Hotel and Conference

Center, 201 Broadway Ave, Normal, IL. The brunch is intended to focus on faith and harm reduction and provide an opportunity for Q & A. The brunch will also include presentations by Celebrate Recovery and Chestnut Health System’s faith and recovery project. We hope to have a variety of faith leaders from area congregations interested in recovery attend.

THANK YOU FOR EVERYTHING YOU DO—We are SO lucky to have you “at the table”!!

