



310 Fifth Street • Carrollton, IL 62016 • (217) 942-6961 • Fax: (217) 942-3904

Daniel Woodlock, D.D.S.  
BOARD OF HEALTH PRESIDENT

Molly Peters, B.S., L.E.H.P.  
PUBLIC HEALTH ADMINISTRATOR

### Greene & Scott County Recovery Council

Date of Meeting: 3/19/24

Time of meeting: 3 PM

Location of meeting: Greene County Health Department & North Greene Office

Format: Hybrid

Attendees:	JD	MA
RS-Project Director GCHD	DS	BK
HP-GCHD	KG	MK
AM	JW	BV
MM	JL	BB
JP	BS	PLE
CB	SW	

- I. Heather opened the meeting by going over the agenda and asking for approval for the meeting minutes. Meeting minutes are unanimously approved and adopted by the council. Minutes will be sent to the state. Heather then introduced our guest speaker Jim Wilkerson from IDS as the Statewide Opioid Settlement Administrator & administrator of Gambling Programs. Jim talked about the many types of gambling from horse racing to online gambling and went over the needs assessment that began in SFY20 and the final report released in June of 2022. In this assessment, 68.6% of people experienced mental health issues and were more likely to report problems with alcohol and drugs. 30% considered or attempted suicide. Also, they found that more individuals reach out to family or friends for help before reaching out to a helpline or a medical provider. If someone you know is showing signs of problem gambling, you would be looking for someone who is stressing or obsessing over gambling, or they are lying to family and friends, they are constantly gambling online or letting relationships

suffer including work and hobbies. They have tried on multiple occasions to stop or take control of their gambling and at times find other ways to get money to continue gambling such as theft, pawning/selling possessions all of which can lead to bankruptcy, evictions, or employment problems. Jim went over the similarities and differences between Gambling and Substance Use. Jim briefly went over the AreYouReallyWinning.com website to show us where to complete a screener and search for services. This screener called EDGE SBIRT can be as short as answering 1 question or as long as answering 10 questions based on the answer to the first question. There are many trainings that prescribers can take that are located on the website. All materials are singularly focused and IDHS has gone as far as advertising sporting events. Jim touched base on an art competition for problem gambling awareness as well as Every Story matters.

## II. ROSC Updates

-Recovery Coffee talk serves as a vital platform for individuals navigating their journey towards healing & growth. Coffee Talk held in Feb was successful with 7 participants.

-Prevention Education: Amanda has been sharing her story to the schools starting with Greentield HS and the Jerseyville alternative school. Amanda has been able to bring Chief Robison with her and Ron when he's able. The impact this has made has been huge! Students ask questions and come up to her afterward sharing their stories.

-Vaping material has been placed within the schools, the picture being taken at North Greene. We aim to equip students with the knowledge & skills necessary to make informed decisions about their health.

## III. Pathways to Recovery

-The New Chapter is an NA meeting held in Roodhouse every Thursday at 6 PM since January 25. One individual who had been institutionalized for their entire life has been out of the justice system for over a year now and is emerging as a leader in the recovery community and are now leading The New Chapter

-SMART Recovery- This is our newest support group made possible in partnership with Chestnut Health Systems and it's an innovative way to introduce a new path without jumping through hurdles. People will join us in Roodhouse, we'll bridge the gap with teleservice by connecting them to the support group remotely and a navigator will engage with the individuals during and after the support group to kick up the level.

-GCHD North Greene Resource Center the lobby of our Roodhouse office we now have a computer that is free to access. People in recovery, their families, and others can now access knowledge, create resumes, do training and so much more.

## IV. MAR Program

-The Greene County Sheriff's Office now has all the resources they need to access life-saving tools such as MAR and other vital telehealth services. Navigators are the primary

connection points, partnering with PLEs with not only the resource to access MAR but also to help them build other supports, working in tandem with one another.

-Ron & Amanda were able to attend the IL Learning Collaborative for the Expansion of MAR within the justice-involved population. Ron was one of the presenters and his presentation was a powerful testimony to the power of utilizing recovery support specialists and ROSC in our communities.

-Ron attended the HRSA Conference with the team from JCH & Jersey County Health Department in Washington, DC. We've been working to spread the ROSC message to the region and this allowed them to network with other recovery service providers but more importantly to strategize and get to know one another to continue solidifying our work.

## V. Partnerships

-UIC & IL Advance, IL Advance are clinical pharmacists from UIC who provide academic detailing services to IL Medicate Prescribers in one-on-one meetings. IL Advance educates prescribers on the latest medications to make sure prescribers are using up-to-date, evidence-based prescribing decisions for their patients. This partnership is beneficial for our providers who work with individuals who need MAR.

## VI. ROAR Program

-One of the key takeaways from HRSA conference was to create a powerful memorable name for programs so when people come across others who may benefit from that light bulb clicks. So aiming to do this, we are rebranding Recovery Support Services here at the Department-The Greene County ROAR Program. Recovery, Opportunity, Advocacy, and Resiliency. This will help define the program and it's objectives here in the community health division.



## VII. Programs we could bring in our communities

-The Phoenix Multisport is a way to bring diverse activities to our communities. Phoenix is expanding throughout IL and beyond through volunteer champions who are getting trained and launching local activities. The best way to get started is through "Join the volunteer squad" There is a background check but they are pretty lax as they want someone to be sober for 48-72 hours before volunteering for any activity. Other rules are stated in the questionnaire on the website or through their app on iphone or android.

-Sleep in Heavenly Peace is a program that provides beds (including frames, mattresses, bedding, and pillows) to kids sleeping on a floor. Websites will be shared in a follow up email to the council. Volunteers build the beds and are a little behind in requests for building beds and they take donations as listed on their website so were wondering if that helps them get the bedding, mattresses and pillows. I thought this would be a great resource for all but if we wanted to start a chapter in this area we just need to submit a request from their website.

#### VIII. Fair Sponsorship

-Last year we sponsored the Greene County Fair. This is another vessel for us to expand our visibility. Motions to approve are unanimously approved and adopted by the council to sponsor the fair this year. The dates are May 28-June 1.

#### IX. Choice Deflection Initiative

-This is a collaborative approach that partners with law enforcement, treatment, and the local community to address individuals with substance use and behavioral health disorders. Choices focus on Calhoun, Greene, Jersey, Macoupin and Montgomery, Madison, St. Clair, and Monroe counties. Others are either already involved or will be in the coming year. Ron is a member of the leadership team, and we are working to ensure our work in community health is very much a part of this. This will not replace what we do or our work to divert people away from the justice system. This will only build on our work. Ron attended a meeting on this day and found out 9 people had been helped in the metro-east.

#### X. ROSC Monthly Meeting Survey

-We discussed this in a previous meeting the use of a follow-up survey after each meeting. We will utilize this to improve our work, collect feedback, and learn how to better serve our community. This can also be a tool that we can use to provide feedback if you don't feel comfortable sharing the information in a public setting. This survey is anonymous, and we encourage real, raw feedback as this is the only way we can improve our work.

#### XI. Quick update from council members if they had anything to share such as updates or events.

-JD shared information about IL High School Diploma which is the new term that will be used rather than saying GED. March 20 is the last day to accept students. The next session of classes will begin May 20<sup>th</sup>, but they will start enrolling on the first of April for that session.

-AM Omni Youth Services has new materials for Drug Take Back Day on April 27th, to help people find local drop sites in their area and to keep up the awareness of why the Safe Disposal of prescription medications is an important aspect of environmental health! I'll drop the link here to our website-specific page on that [here](#).

XII Heather closed the meeting with a powerful video with everything we've done for the past 18 months. Thank you to everyone for helping us change the world. Without you, none of the work we would have done would have been possible.

XIII Minutes submitted by HP

