

## Franklin/Williamson ROSC Council (FWRC)

### FY24 Community Resource Assessment



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#### **Inventory of SUD/COD Resources**

The major substance use/ mental health resources in Franklin/Williamson counties include behavioral health services, recovery outpatient services, MAR, and crisis services provided by Centerstone. Shawnee Health also provides behavioral health and counseling services in Williamson County for the surrounding areas.

Neither Franklin/Williamson counties provide residential treatment services however, Centerstone provides a residential/outpatient substance use treatment, Fellowship House in Union County. Also, Gateway Foundation in Jackson County provides residential/ outpatient services to those residing in our area. Without other residential treatment facilities nearby there is often a shortage of beds available at either residential treatment facility located nearby.

A listing of all licensed SUD treatment facilities, MAR service providers, and recovery support services can be found in the Healthy Southern Illinois Delta Network Community Resource Guide. This resource guide can be accessed at <https://www.hsidn.org/substance-misuse-resources>. This resource guide is very detailed and includes substance use disorder organizations as well as location, contact information, program details and payment details including what insurances are taken by each organization. The resource also provides information/details on detox bed facilities, residential programs, outpatient programs, recovery support groups, medication assisted recovery providers, medication disposal programs and drug take back days, all in southern Illinois.

#### **Peer Recovery Support (PRS) Services**

Take Action Today is currently the lead provider of Peer Support Services (defined by the Illinois Certification Board) in our service region. TAT has eleven PRS staff, all of

whom are Certified Peer Recovery Specialists or will be before the end of FY24. TAT currently has 4 locations within Franklin/ Williamson counties. TAT can be reached by phone (618) 212-3171 or by visiting their website <https://takeactiontoday.net/>. TAT peers are actively involved in our ROSC in many ways including executing and presenting programs on recovery issues and assisting in planning recovery events.

Other agencies in our service area, such as Centerstone and Southern Illinois Coalition for the Homeless offer peer services. However, their services differ than those of TAT and often require other qualifications than those defined through the Illinois Certification Board.

### **Recovery Support Groups**

A list of recovery support groups for Franklin/Williamson counties can be accessed at <https://www.hsidn.org/substance-misuse-resources> under the substance use disorder resources tab. This website includes NA, AA, Celebrate Recovery, SMART Recovery and other recovery groups.

Also, you can visit <https://river2riverna.com/meeting-list/> to find local NA groups being held within the specific towns of Franklin/Williamson counties. For AA group meetings located in Franklin/Williamson counties you can visit <https://southernillinoisaa.org/>.

### **Franklin/Williamson Counties Resource Guides**

Below there are seven valuable resource guide links for Franklin/Williamson counties and surrounding counties with resources that are helpful to our communities. These resource guides include, but not limited to, resources for substance use disorder, mental health issues, homelessness, housing needs, utility assistance, transportation needs, food insecurities, clothing needs and other needs needing met in our communities to help navigate the continuum of care in lacking areas in order to help build and sustain recovery capital within our communities.

1. <https://www.hsidn.org/resources>
2. <https://idoc.illinois.gov/communityresources/resourceguides.html>
3. <https://whoiscpr.com/resource-guide/>
4. <https://carbondalepubliclibrary.org/resources/find-community-resources/>
5. <https://www.211.org/>
6. <https://www.sifamilies.org/region-21-franklin-johnson-massac-and-williamson-counties.html>
7. <https://www.casawilliamsoncounty.com/local-resources.html>

The following is an analysis of the gaps that were identified in our communities through information collected using focus groups, one on one interviews, and SWOT analysis.

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1. **Transportation**- Currently there are two, limited, public transportation systems serving Franklin/ Williamson County. With the limits placed on the public transportation systems, it isn't efficient for those seeking to achieve or maintain recovery.
  - A. Individuals are limited to getting to the necessary appointments, meetings, and employment services that are available that are needed for them to achieve or maintain their recovery.
2. **Housing**- The lack of housing options for individuals seeking to achieve or maintain recovery poses significant challenges in their drive for recovery.
  - A. The amount of housing support is inadequate to the amount of housing needs in our communities.
  - B. The requirements and affordability for housing support are unobtainable for those who are currently experiencing homelessness, mental health issues, substance use disorder, or previous felony convictions.
3. **Follow-Up Treatment Services**- The lack of follow-up care for individuals re-entering into the community creates a barrier for those wishing to maintain their recovery.
  - A. Upon completion of a treatment program individuals are left on their own to continue to navigate their own recovery.
  - B. Without proper follow-up care individuals are unaware of the resources available in their communities and have limited sources to reach out to for guidance and direction.
  - C. Individuals unable to receive proper follow-up care are not supported in creating the balanced lifestyle needed in order or to live a recovery driven life.
4. **Residential Treatment Services**- Currently there aren't any inpatient treatment facilities located in Franklin/Williamson Counties.
  - A. The surrounding areas that do have inpatient treatment facilities have a lack of beds available for immediate treatment.

- B. Without immediate treatment options available, among other gaps listed, individuals are resorted to continue their unhealthy lifestyles driven by mental health issues and/or substance use disorder.
5. **Stigma**- Stigma towards substance use disorder, homelessness, mental health, and previous felony charges prevents individuals from receiving the recovery opportunities needed to establish and grow in the community.
- A. Stigma creates several gaps causing individual's barriers from receiving the recovery opportunities needed to live a healthy and productive life.
  - B. These gaps keep the individuals from important steps needed in their recovery such as, but not limited to housing, employment, community acceptance, and support.
  - C. Stigma is preventing individuals from living a balanced lifestyle which is a crucial part for them to achieve and maintain their recovery.