

Perry/Jackson ROSC Council (PJRC)
FY24 Community Resource Assessment
Perry County



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Inventory of SUD/COD resources

Substance use and mental health resources in Perry County are limited to Perry County Counseling. This is the sole provider of these services *within* the county. Behavioral health services, recovery outpatient services, MAR, and crisis services are provided by Centerstone to residents of Perry County although the nearest office is located in Carbondale. Shawnee Health (nearest office location is also Carbondale) also provides behavioral health and counseling services to Perry County residents. There is lack of residential inpatient services in Perry County; the only residential inpatient services in the region are located in Jackson County and are provided by The Gateway Foundation (who also provides outpatient substance use services). In addition, Take Action Today provides peer services in Perry County. There is also a notable lack of medical detox substance use treatment options in Perry County. The nearest available option for individuals who require this level of care is in Union County at The Fellowship House. There are some recovery support groups in Perry County including one NA meeting and one Celebrate Recovery.

A listing of all licensed SUD treatment facilities, MAT service providers, and recovery support services can be found in the 2021 Substance Misuse Resource Guide, 6th edition. This Substance Misuse Resource guide can be accessed at <https://www.hsidn.org/substance-misuse-resources>. This edition was updated in December of 2021. This resource is very detailed and includes substance use disorder organizations as well as location, contact information, program details and payment details including what insurances are taken by each organization. The resource also provides information/details on detox bed facilities, residential programs, outpatient

programs, recovery support groups, medication assisted treatment providers, medication disposal programs and drug take back days, all in southern Illinois and neighboring states.

Peer Recovery Support (PRS) Services

As mentioned previously, Take Action Today is the leading provider of Peer Support Services in our service region. TAT has eleven PRS staff, all of whom are Certified Peer Recovery Specialists or will be before the end of FY24. Our peers are actively involved in our ROSC in many ways including executing and presenting programs on recovery issues and assisting in planning recovery events.

Other agencies such as Centerstone and Southern Illinois Coalition for the Homeless offer peer services, however the requirements for those positions often require other credentials in addition to CRSS or CPRS (ICB Certification) in order to practice.

Peer support workers are people who have been successful in the recovery process and who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support workers help people become and stay engaged in the recovery process and reduce the likelihood of relapse. Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process (SAMHSA).

Recovery Support Groups

A list of recovery support groups in Perry County can be accessed at <https://www.hsidn.org/substance-misuse-resources> under the substance use disorder resources tab. This website includes NA, AA, Celebrate Recovery, SMART Recovery and other recovery group.

In addition, you can find local NA meeting at <https://river2riverna.com/meeting-list/> and local AA meetings at <https://southernillinoisaa.org/>.

Perry County Resource Guides

Below there are seven valuable resource guide links for Perry counties and surrounding counties. These resource guides include, but are not limited to, resources for substance use disorder, mental health issues, homelessness, housing needs, utility assistance, transportation needs, food insecurities, clothing needs and other unmet needs of

residents of Perry County. These resources are in place to aid individuals in navigating the continuum of care in order to help build and sustain recovery capital within the community.

1. <https://www.hsidn.org/resources>
2. <https://idoc.illinois.gov/communityresources/resourceguides.html>
3. <https://whoiscpr.com/resource-guide/>
4. <https://carbondalepubliclibrary.org/resources/find-community-resources/>
5. <https://www.211.org/>
6. [Region 30: Alexander, Jackson, Perry, Pulaski and Union counties - SI Families Connect](#)
7. [Home | Perry County Transition 2 Hope \(t2hope.org\)](#)

The following is an analysis of the gaps that were identified in the communities of Perry County. This information was collected through SWOT Analysis and by holding focus groups and stakeholder interviews.

Identified Gaps Across the Continuum:

<p>Access to Care/Treatment</p>	<ul style="list-style-type: none"> ● Lack of access to treatment due to costs and waitlists resulting in a delay between client readiness for treatment and inpatient bed availability. ● No inpatient residential treatment facility. ● Need more access to long-term inpatient facilities closer to our area in order to assist in providing treatment in a timely manner. ● Lack of reliable transportation. Currently there are only two, limited, public transportation systems serving Perry County. ● No medical detox facility. ● No adolescent inpatient facility. ● Lack of education/information and access to harm reduction materials. ● Lack of availability of low-barrier Medication Assisted Recovery.
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	<ul style="list-style-type: none"> • Lack of Mental Health counseling services. • Lack of Continuum (Inconsistent follow-up) (Fragmented Care).
Housing Insecurities	<ul style="list-style-type: none"> • Lack of long-term, affordable housing options especially for people with a criminal history. • Lack of emergency shelters regardless of SUD, mental health or criminal background.
Health Promotion	<ul style="list-style-type: none"> • Lack of community readiness to address substance use disorder (SUD) issues. • Lack of community awareness, education and understanding regarding SUD resulting in increased community stigma.
Recovery	<ul style="list-style-type: none"> • Lack of sober living facilities and local recovery housing – especially those that support multiple pathways. • Lack of support group/recovery meetings. • Lack of adolescent support groups/recovery meetings. • Lack of support services/support group meetings for family and friends of individuals with SUD. • Lack of peer support services. • Lack of employment and vocational services due to geographical isolation. • Lack of recovery friendly workplaces, regardless of criminal background. • Lack of faith-based advocacy and involvement in SUD community. • Lack of after-care/post-treatment recovery support services.

