

# Moultrie/Shelby County ROSC Recovery Wellness Group

**Topic: Triggers and Cravings Part 2**

**Time: 12:00 pm to 1:00 pm**

**When & Where: April 18th and 24th, 2024**

**This group takes place via Zoom, click the picture below to join!**



**To RSVP, contact Skylar at  
Skylark@hourhouserecovery.org  
or 217-549-7519**

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