

# WINNEBAGO ROSC

## MEETING MINUTES

<b>LOCATION:</b>	Virtual - Zoom
<b>DATE:</b>	3/12/24
<b>ATTENDEES:</b>	Erick Williams (Host- EDDR Foundation), Gloria Prowell (Near South Side Community Coordinator), Katie Healy (EDDR Foundation), Daniel Mendez (EDDR Foundation), Richard Springs (EDDR Foundation ROSC), Courtney Ross (Resource Coordinator Oxford House), Will Crandall (Live4Lali), Alex Mathiesen (Live4Lali), Laura Fry (Live4Lali), Danny Sourbis (DuPage ROSC Region 2), Jarett Burton (DuPage ROSC Region 2), Ben Rudolph (DuPage ROSC Region 2), Stephanie Summers (Rockford Housing Authority), Mariah (Client at Smississippi Recovery Homes), Ellen Mawyer (Boone County Jail), Jenny Crotchett (Boone County Drug Court), Johanna Gonzalez (IDHS SUPR), Joshua Rich (DuPage ROSC, Serenity House),
<b>TIME:</b>	10:00 am -11:00 am

## AGENDA ITEMS

- I. Introductions: Name, Organization, how to stay in touch.
- II. ROSC Overview: What is the ROSC and why it is important to the community? Mission: Building a collaborative community while recognizing multiple pathways to recovery. Vision: to be a resource to the community including persons in recovery, their families, and others
- III. Guest Speaker: Will Crandall and Alex Mathiesen from Live4Lali - A community based approach to substance use and overdose awareness, advocacy, and access. Continuing to work on reducing stigma and making legislative changes.

Mission: work to reduce stigma and prevent substance use disorder among individuals, families, and communities, and minimize the overall health, legal, and social harms associated with substance use.

Vision: A world in which we prevent substance use disorder when we can and offer compassionate support to reduce harms among individuals, families, and communities when we cannot.

4 pillars of Live4Lali

- Harm Reduction
- Peer Support

- Advocacy
- Education

#### **IV. Guest Speaker: Courtney Ross from Oxford House**

- To move into Oxford House, you need to receive at least 80% Yes's. It is democratic, self-run, and self-supporting so they vote on everything.
- There are 9 same-sex individuals per single-family house and they pay their own bills.
- There are a total of 3,600 houses in the US and in 3 other countries.
- There have been some issues with Rockford telling Oxford House how many people are allowed in the Oxford Houses. The Federal Fair Housing Act of 1988 supports the Oxford House model.
- Need a job and sponsor within the first 2 weeks to stay there.
- Need to attend recovery-based or life-improvement meetings weekly.
- There is a curfew, chores, and a house meeting 1x week where they pay bills, check in with each other, and address any issues.

#### **V. Guest Speaker: Mariah is a client with Sinnissippi Recovery Homes**

- Recovery house located in Dixon and Amboy.
- They also have apartments for those with disabilities.
- Offer support to mothers and babies and meditation services.
- A variety of counselors and therapists come from outside the house and residents attend 5-6 meetings a week. Offer parenting classes and will help get homes when you are ready to leave.
- No specific time you have to stay there, it is based on what you need.
- Rent is \$200 a month, a job is not required, if you cannot afford rent it will go on your bill.
- They have outings 1x a month.

#### **VI. Events and Trainings: Discussed the past February event and the upcoming events in March. On 2/24/24 there was a Chili Cookoff from 12pm-4pm at EDDR. The Last Bash Dance is 3/23/24 from 6pm-10pm at EDDR to raise additional funds for the NA Convention that is in April.**

#### **VII. Strategic Initiatives**

Goal 1: Increase the involvement of family members and other natural supports in the Recovery process of loved ones

Goal 2: Decrease Stigma in the community

Goal 3: Housing

Goal 4: Employment

Goal 5: Transportation

Goal 6: Improve knowledge of recovery events in the community

Goal 7: Build Recovery programs alongside providers

Goal 8: Increase and Maintain ROSC Council

Goal 9: Establish Recovery Support Services for Winnebago County

#### **VIII. Additional Topics consisted of discussing community pushback for Recovery Housing and that there is no quick fix. Gradual education over time can help educate those in the community who may have concerns about recovery homes. Some neighborhoods offer to be a liaison between the community and recovery housing to help open communication.**