

Massac County Drug Awareness Coalition
Monthly Coalition Meeting
Wednesday, March 20, 2024, 8:00 a.m.
Metropolis City Hall
MINUTES

1. Welcome
 - a. In-person- Robbin McDaniels (Exec Committee- Healthcare Sector), Nicole Farley (Hope Unlimited-Government agency Sector), Charles Tate (Brookport Church of God- Religious Sector), Josh Stratmeyer (States Attorney- Government Sector Rep), Morgan Holt (Exec Committee- Business Sector), Rick Neighbors (Community Member-Recovery), Nick Peebles (Social Worker- Other Organization Sector), Holly Windhorst (Director- Key Personnel), Jasmine Robinson (Prevention Coordinator- Key Personnel), Jordan Strong (Recovery Coordinator- Recovery Sector), Lasha Vincent (RecoveryCorps Recovery Navigator- Recovery Sector), Amanda Davis (RecoveryCorps Recovery Navigator- Recovery Sector), Evon Croft (RecoveryCorps Project Coordinator- Recovery Sector)
 - b. Zoom- Melissa Monte (Aviary Recovery- Other Organization), Steve Miller (Kiwanis- Civic Sector Rep), Toni Miller (Exec Committee- Other Organization/Parent Sector), Aaron Seibert (Centerstone- Other Organization Sector), Katie Unthank (Region 5 ROSC Mentor- Other Organization Sector), Tor Neal (Arrowleaf- Other Organization Sector), Stacy Kirkham (Massac Mental Health- Other Organization Sector), Trina Martin (Arrowleaf ROSC- Other Organization Sector)
2. Approve Old Minutes - No changes were noted for the minutes. Morgan Holt made a motion to approve old minutes, and Amanda Davis seconded the motion. All were in favor, none opposed.
3. Executive Committee Report - Holly
 - a. Everything will be covered throughout the meeting.
4. Fundraising/Sustainability - Holly
 - a. Grant updates- We are currently in grant season. We are currently writing a grant and waiting for a NOFO to be released.
 - b. Golf Tournament - May 31- This will be at Metropolis Country Club. We are looking for sponsors and teams. A corporate sponsor is \$250 for a team and a hole sponsor for just a team is \$200, and a hole Sponsor is \$50.
 - c. 5K - June- We are working with the YAC to plan this 5K the Thursday before the superman celebration. We need help in the planning and volunteers for that night to shut down the streets. We are looking at both ideas of a Fun Run or a 5K and seeing what we have the capacity for this year. Looking at ordering t-shirts as well that was mentioned that could hold up to 15 sponsors that would cover the cost of the shirts.
5. Prevention - Jasmine
 - a. Illinois Prevention Network Advocacy Day recap- Holly and Jasmine were able to take 7 Youth Advisory Students to Springfield on March 5th and 6th to talk to our

own legislators but also others that the Illinois Prevention Network did not have covered. The youth were able to talk and advocate for a ban on kratom due to the ease one is able to get it and its harms, banning vaping flavors as it is targeted to youth and is also something easy they are able to get, regulations on THC Derivatives such as Delta-8, Delta 9, and THC-O that are sold at gas stations in all the different flavors, and Asking for more funding towards primary prevention to gain more education and programs in schools across Illinois. The kids were able to learn these topics and speak on their own experiences throughout the two days. Thank you to Molly Stratemeyer for driving the school van for us!

- b. 4-H Prevention Program/Reaching for Kids—We have created a partnership with 4H, their Health Rocks program, and the Massac Youth Advisory Council. The YAC members have picked lessons for the next six weeks and are going into the Reaching for Kids after-school program at MES. These programs focus on life skills such as stress coping and good versus bad relationships.
- c. YAC updates- Currently, it is National Drug and Alcohol Facts Week. Joppa YAC has created a flyer with the movie theme to put out drug facts throughout the school. The flyer and everything was youth-created. Massac YAC is doing sidewalk chalk facts going towards the front door to increase awareness of Alcohol, Marijuana, and Nicotine. They will also be handing out bracelets on Thursday that say “You Determine Your Future” as a reminder that you decide what you do and your next steps.
- d. School Speakers- On April 12th for Massac High School and Junior High and April 19th for Joppa Jr and high School we are bringing in Brittany Richmond to speak. She is a mental health speaker and from our YACs we have found mental health is a strong issue and this is something the MASSac YAC suggested may help some people within their county.
- e. Focus Group- Chestnut Health Systems has a grant to help the region create more education and help the coalitions. A couple of weeks ago, they came down and did a focus group at MCHS and found mental health and parents being willing to give the students Alcohol, nicotine, and marijuana as issues brought forth by the students.
- f. Prevent Child Abuse event - April 18- We are still in search for more tables and games to have at the event. This event is generated towards youth as the after school program will bus their students over. We are looking at 100 to 150 people in attendance.
- g. Drug-Endangered Children Alliance - April 30- this will be a continuation of the Lunch and Learn we held in February. This will be a meeting more like a conversation not a presentation. This will formally start the conversation of what the DEC alliance would do and how we could do it.
- h. Truth & Consequences - May 10—This is an event at the Junior High. We will need volunteers to serve as “parents” for those who cannot attend.

- i. Alternative to Suspension- Joppa's principal has said that she thinks the program would work and she would be willing to start it and see how it goes. We are still working on the details, but this is definitely a good start.
6. Recovery/ROSC - Jordan
 - a. Recovery Council- Still meeting the 2nd Thursday of each month; attendance is hit and miss: haven't had a lot of new things brought up. The last couple of meetings have mainly been updates and info on outreach events. The main issue we've been working to find a possible solution to will be discussed later. After we get through the next couple of months with the grants being due and events, we will start planning the Recovery Month Event we have discussed- combining the events we did last year that were new to Massac County, making it a bigger one-day event.
 - b. Narcan Boxes/Distribution- We now have all five distribution boxes out in Massac County after placing the one in Joppa last week outside Stewart's Precision Auto. Locations in Metropolis are outside the MCDAC office, 12th St. gas station, and laundry mat. Brookport is located in Bridge Inn. In the last six months, 881 units were distributed, with the first box being placed on 11/2/23. The time spent in outreach leading up to the boxes being placed, I think, has helped with it being so well accepted. The Laundromat is the most utilized-expected due to it being open 24 hours. We can do Narcan training for businesses if interested, call MCDAC.
 - c. Recover Out Loud Campaign- This is a part of our strategic plan as a stigma reduction effort. The idea is to share different local people's recovery stories to both share what their life looked like in active addiction and then what pathway they took to enter recovery. It will give the community a chance to see all the pathways to recovery as well as insight into life in addiction/how we get there and personalize it. Getting it started has trouble getting sponsors for the ad (100\$ cost for the business ad located at the bottom of each story) and a uniform layout with the original writer (Terra) for 1st edition was busy, and another one worked on the second story, we would like to be consistent, and hope can get back to the original layout. Morgan and Robbin both requested an example of what it looks like to present to their marketing teams for possible approval for sponsorship. Charles-Pastor of Brookport Church of God, asked if any type of recovery story was welcome (recovery from childhood trauma/abuse) as a way to combat the stigma associated. Yes- It was mentioned this topic is connected to D.E.C. alliance plans.
 - d. Homeless Outreach- The Recovery Council has been discussing the ideas and possibilities of how to organize an efficient outreach for this population. February meeting Chief Masse had a lot of great info about certain aspects of something like this. Taking his input into consideration have leaned toward making this an in-the-moment personal contact with individuals to initiate have discussed taking a walk on a loop through town that would include all of the typical places one experiencing homelessness would frequent or travel during the day. Will keep updated as details come together.

- e. Bowling Night - May 18- 2nd Sober Family Fun Event, super successful last year and increased visibility for the ROSC and MCDAC plus was special for all the families that attended.
 - f. Recovery Resource Center - Lasha 24 People connected to peer support 13 transports to residential treatment. One participant entered treatment in October and is now going to high schools to talk with students about substance use.
 - g. SMART Recovery- New meeting starting tonight at 4:30 PM at the MCDAC office all are welcome. These will continue each Wednesday at 4:30!
7. Public Comment/Other- Josh expressed appreciation for peer support working with individuals in the justice system. The new law caused adjustments in how drug cases are handled peer support has been beneficial in connecting people to treatment.

Meeting Adjourned at 8:56 a.m.

Next Meeting: Wednesday, April 17, 2024, 8:00 a.m., Metropolis City Hall