

Moultrie and Shelby County ROSC

When: March 5th, 2024

Time: 3:30 PM

Where: Elizabeth Titus Memorial Library & Zoom

Attendees: Richard Hood, Tess Miller, Kelley Sneyd, Skylar Miller, Kristin Davis, Katelynn Wafford, Liz Mcquaid, Patti Mullins, and Karen Cook.

Minutes: Previous meeting minutes were reviewed and approved prior to the start of the meeting and can be viewed anytime at <https://www.govst.edu/ROSC-GSU/ROSCC>

Spotlight Speaker/Agency: Kristin Davis, Family Guidance Center

Kristin began her journey working in hotel management, retail management, on to banking and later, a credit union. At the credit union, Kristin got to help a specific group of people. Along the way, a suggestion was made to her that she should apply at the Hour House. She felt like she could be doing more for people. She got the job! She went into prevention July of 2007. She worked from just about every angle besides working at the Shelbyville Office. In July of 2022, she went and taught in the alternative schools and was really grateful for it but decided it was not for her. She now works for Family Guidance Centers. She serves the areas from Quincy to Paris.

Strategic plan review

Tess spoke on objective 9 from the strategic plan. We want to continue the discussion on starting Safe Passages in Moultrie/Shelby county! **Tess** also spoke on objective 13. MSCRC wants to provide community wide education series to reduce stigma surrounding substance use disorder. We discussed maybe having a panel because a few other counties had one and they were successful!

Recovery Navigator Resource Update:

Skylar stated that wellness groups are available to the public via zoom on 3/14/24 and 3/28/24. She also has her wellness groups at Restoration Farms. She will be sharing her story with the students that attend Bridges in Shelbyville on the 14th. Skylar attended and graduated from Bridges in Lerna so this will be really personal experience for her!

The MSCRC spoke at Shelbyville High schools Rise Above Day as the keynote. We were also an option for the breakout groups that they provided, and we received amazing feedback!

Skylar mentioned that she continues to work with the Moultrie County Jail every Wednesday. She has recently been meeting with the first woman at Restoration Farms (a recovery home in Herrick, IL).

What's Next?

Skylar mentioned that our next laundry day will be on March 29th. We will be there providing Narcan, Narcan training and education/resources regarding substance use disorder.

Skylar also stated that our Second Chance Employment Fair will be held on April 11th in Sullivan.

Tess listed the Hour Houses' Drug Overdose Prevention Program Sites (listed below)

- Shelbyville Spillway Motel
- Shelbyville Salvation Army
- Moultrie County Sheriffs Dept.
- Bethany Diner
- Marrowbone Public Library
- Bethany Village Hall
- Sullivan Public Library
- Christ Tabernacle Church in Herrick
- Family Drug Pharmacy in Shelbyville
- Lovington Library
- Sullivan Pharmacy
- Shelby County Senior Center
- Senior Center Plaza Boutique
- Fellowship Baptist Church

Partnerships with Pharmacies

- Family Drug Pharmacy in Shelbyville
- Moweaqua Pharmacy
- Sullivan Pharmacy.

March Newsletter:

Skylar mentioned that if anyone would like your agencies update to be included in our next newsletter please, send suggestions to Tess or Skylar by March 31st!

Karen Cook; ROSC coordinator supervisor led a discussion about what areas can be improved and what areas Moultrie and Shelby county ROSC could improve upon, to aid in the upcoming NOFO.

Areas that were expressed by the MSCRC as gaps/barriers within Moultrie and Shelby County...

- Clinical Treatment
- Homeless insecurities
- Educating community on recovery

- Embracing OUTLOUD RECOVERY!
- Negative Recovery Language

Ideas to improve these areas included...

- Contacting the Regional Office of Education #11
- Look for entities to partner with; HSHS, Dept of Tourism
- Changing the language and what we tolerate
- Community Based low cost/free activities; trivia/game night, Pop-up events, sponsoring a community swim night

Next Meeting: April 2nd @ 3:30 at Shelbyville Outpatient Office

Would you like to be a spotlight speaker? Contact Tess or Skylar.

Where to Find Past Minutes: <https://www.govst.edu/ROSC-GSU/ROSCC>