



BOUNCE BACK 2 LIFE RECOVERY NETWORK

BB2L March 2024 ROSC MEETING

Call to Order by Pastor Steve Jones:

Date: March 20, 2024

Time: 9:30 am – 11:00 am

Location: Lights of Zion, 11636 S Halsted, Chicago, IL

Attendance: Attached

[MEETING AGENDA](#)

Introduction of Agencies/ Attendees- Pastor Steve Jones

Moderator- Pastor Steve Jones

Why ROSC is important..... Apostle Carl White

Introductions - Apostle Carl White

Speaker- Pastor Steve Jones

[Understanding Substance Abuse Disorders](#)

Questions & Answer

Join the ROSC Movement..... Pastor William Fleshman

MOUs.....Araina Mickens

Announcements & Upcoming Events

Complete our Survey

Next Meeting Date April 17, 2024

Lights of Zion Ministries, 11636 S. Halsted, Chicago, 60628



Meeting Minutes - BB2L ROSC Council

Date: [March 20, 2024] *Time:* 9:30 am *Location:* 11636 S Halsted, Chicago, IL

Call to Order:

- The meeting was called to order by Pastor Steve Jones.

Attendance Registration:

- Attendees were requested to sign in if they had not already registered.

Welcome and Introductions:

- Apostle White welcomed all attendees, introducing the purpose of the discussion.
- Apostle White invited each attendee to provide a brief introduction, highlighting their roles within the BB2L ROSC Council.

Apostle White gave a quick overview of the importance of ROSC Councils

Introduction of Pastor William Jenkins:

Summary of Understanding Substance Abuse Disorders:

Pastor Jenkins spoke about substance abuse disorder. He informed us that it is a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use, despite harmful consequences. It is considered a disease because drugs change the structure of the brain and how it works. Pastor Jenkins explained that there are layers to substance abuse disorder that many people are unaware of. A person can have more than one substance use disorder at a time, such as alcohol use disorder and cocaine use disorder. Substance use/misuse refers to occasional episodes of substance use rather than chronic, habitual or patterned use. Jenkins then informed us on the difference substance use and substance abuse disorder/ addiction. Substance use disorder can be mild, moderate, or severe. Addiction is the most severe form of SUD. It involves continued substance use despite negative consequences. Addiction to substances happens when the reward system in your brain “takes over” and amplifies compulsive substance-seeking. Over 20 million people in the United States have at least one SUD. About 20% of people in the U.S. who have depression or an anxiety disorder also have a substance use disorder. Pastor Jenkins emphasized that there is no one way to treat this disease. It is an individualized plan that is custom for that specific person. They will need a tremendous support system, and the road will be hard but rewarding.

Participant Opinions and Testimonies:

- This presentation seemed to resonate strongly with the attendees. When asked everyone in the room either had a issue with substance abuse or knew someone who struggled with substance abuse.
- Multiple attendees shared their experiences with substance abuse and how it affected them and their loved ones.

Pastor William Fleshman:

- Invited people to become members of BB2L, highlighting the benefits of networking within the Recovery Community.

Araina Mickens:

- Introduced MOUs and underscored the importance of becoming a member.

Upcoming Events:

- BB2L Podcast, ROSC Networking Event.
- BB2L Media Blast for April, May, and June, with each member requested to submit videos and pictures of all events.
- Each person was asked to complete the online survey.

Meeting Adjourned: The meeting was adjourned by Araina Mickens at 11:00 am.

