

Lake County Monthly ROSC Council Meeting Minutes

March 28, 2024

Dr. Mary Roberson opened the meeting with a warm welcome.

The ROCS framework was shared.

Introductions of meeting attendees.

Marie Washington introduced Kristal Larson, Senior Executive Director of LGBTQ+ Center, Lake County.

Kristal Larson shared the following of LGBTQ+ Lake County:

Goals:

Intentional activism

Culturally competent education

Meaningful outreach with the LGBTQ+ community through agencies

Kristal shared the following alarming data:

120% of this community experience homelessness

300% experience unemployment, under employment or employment discrimination

400% are victims of violent crime and substance use abuse.

500% plan, attempt or succeed in committing suicide.

In addition, Kristal shared:

The “coming out” process.

The use of Pronouns

Tips and brief training on how to support the community.

Upcoming events:

Pride Parade, June 8, 2024

Fliers were included in the chat.

Kristal opened the meeting for questions:

Marisa Catalano

Q. Have you experienced push back and how can we support you?

A. No real push back, most push back is on social media.

Ellen Ewing

Q. What's the difference between "they" and "them"?

A. People understand gender differently based on their level of experience. Danny Sourbis suggested that it's best to just ask what they would like to be called.

Kristal added "use a comfortable place of curiosity, right time and right setting."

Liz Nelson

Q. Is there an opportunity to coordinate with the LGBTQ+ community for more information to collect for the distribution of Opioid funds?

A. Absolutely. Contact information was shared in the chat.

Debra Jordan

Q. Asked for Kristal's contact information. This information was shared in the chat along with a QR Code.

Marie commented that one of NIRCO has the desire to work with the LGBTQ+ in the stigma reduction, providing inclusiveness and changing the language.

Debra Jordan

Q. Is NIRCO material in Spanish?

Q. Some of our material is in Spanish, we are in the process of translating the others.

Upcoming Events:

Pride Fest- June 8, 2024

Dr. Mary Roberson announced NIRCO's collaboration with CRCC in being granted the opportunity to host this year's National Recovery Rally.

This is monumental in that NIRCO has only a short time in the Recovery arena and to be selected to co-host the National Recovery Rally is no small feat opened the meeting for sharing:

Dr. Muriel Adams- Waukegan Reimagine Our Community, 5-week program, beginning, April 4, 2024. Waukegan Public Library, 5:30-7:00 pm.

Stella Jones- Shiloh Community Fair, April 20, 2024, 9:00 am- 1:00 pm

CJ Jarvis- Waukegan Woman's Roundtable Discussion, April 12, 2024, 11:30 am-1:00 pm

Marie Washington shared NIRCO's events:

In-House Events:

Recovery Coach Training, five-week course, beginning April 2, 2024, 10:00-2:30 pm. 40 CEUs offered.

Grief Recovery, a six-week course, hosted by Debra Lewis, beginning March 12, 2024

Celebrate Recovery, Wednesdays at 12:00-1:30 pm

All Recovery Meeting, Thursdays at 11:15 am -12:30 pm

Peer-to-peer Meeting, Mondays at 6:00 pm – 7:00 pm

Anger Management, Fridays at 12:00 pm – 2:00 pm