

# McLean County Recovery-Oriented Systems of Care (ROSC) Council Meeting Minutes

*April 16th, 2024*

**Date:** Tuesday, April 16, 2024

**Time:** 3:30 – 4:30 pm

**Location:** Zoom only, YouTube: [April McLean ROSC Meeting \(youtube.com\)](https://www.youtube.com/watch?v=...)

## **Agenda:**

- Introductions of new ROSC members/attendees
- Community Resource Spotlights: **Don Manannah – Integrity Counseling – Celebrating 10 Years of Service**
- McLean ROSC Updates
- Agency Updates & Wrap Up

## **Attendees**

1. Barb Brumleve (McLean/Ford ROSC)
2. Cat Hays (McLean ROSC)
3. Kari Knapp (McLean ROSC/CCE)
4. Erika Hahn (OMNI Youth Services/IL Prescription Playbook)
5. Jeff McFadden (West Central IL ROSC/Region 3 Mentor)
6. Dameca Kirkwood (Prairie State Legal Services)
7. Danny Sourbis (Dupage ROSC/Statewide ROSC)
8. Donald Manannah (Integrity Counseling)
9. Emily Hartley (Brightpoint)
10. Mike Gardner (ISU Police CEU)
11. Selena Pappas (Central IL FRIENDS)
12. Natasha Nunoo-Ponder (The Center for Human Services)
13. Tim Cain (Heartland Community College)
14. Sally Jefferson (Sangamon ROSC and RCO Director)
15. Jeffrey Ehrmentraut (McLean County CASA)
16. Joshua Edwards (Mid Central Community Action)
17. Ryan Faber (Mid Central Community Action)
18. Michelle Cope (Bloomington Public Library)
19. Andrea Kindseth (LIFE CIL)
20. Michael Smith (Oxford House)
21. Sandra Beecher (Gateway)
22. Nadine Khoury (McLean County Health Department)
23. Sarah Vitzthum (LCPC, Police Intervention Specialist Normal Police Department)
24. Doug Bernius (Heartland Community College CRSS Program)

- 25. Colleen Moore (Lifelong Access)
- 26. Cory Tello (McLean County Board of Health)

**Community Resource Spotlight: Don Manannah – Integrity Counseling – 10<sup>th</sup> Anniversary**, established on April 14<sup>th</sup>, 2014!! Luella & Don Manannah started this together, Luella works on the counseling side and Don specializes on the business side.

### **Why INtegrity?**

- Serious efforts by county and agencies
- Need still EXCEEDS the available resources!
- Addressing CHIP

**Vision:** “Stigma-free mental health support for all.”

### **Community Health Improvement Plan (McLean County/Illinois 2023-2025) - Health Priorities:**

**#1 – Access to Care**

**#2 – Behavioral Health**

**#3 – Health Eating/Active Living**

### **Why INtegrity?**

- Serious efforts by county and agencies
- Need still EXCEEDS the available resources
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### **INtegrity’s Work:**

- Purpose: Counseling, Education, & Outreach (from the west side of Bloomington to McLean County+)
- Reaching those who need access (Focused on the Uninsured & Underinsured—Clients contribute as they can)
- Funded by Donations, Client Contributions, & Grants (Very proud to be a John M Scott Grant recipient for the past years).
- Fueled by Volunteers w/small staff (35 direct service, 40+ support)
- Paid Staff: Matt Porzel (LCPC Counselor), Kathleen Craven (Program Coordinator), Kathy Case (LCSW Counselor, Part-time), and Verneice Prince (LSW, Counselor, Part-time).
- Partnering with Boys & Girls Club to work with Families and work on ACES. Creating opportunities to serve Youth!

### **10 years of access to care...**

- Counseling for over 2,000 people

- Groups, classes, outreach events
- Hundreds of volunteers
- Collaboration with partner agencies
- Impacting the pipeline of professionals (interns, professional development)

**THANK YOU, INtegrity, for ALL YOU DO 😊**

- Potential clients simply call our office, 309.827.9100.
- **Always looking for new Volunteers!** Majority of opportunities are for Front Desk, Data Entry, and Fundraising.

### McLean County ROSC Updates

- **Rural McLean County Outreach**
  - The McLean County ROSC Team has assembled another round of **outreach bags**, 200 in total, majority for rural outreach before the end of the fiscal year. We will be including warm/hot weather items, resource info packets, and Narcan.
  - The McLean County ROSC Team is currently in the process of coordinating **2 rural McLean County sober social events in Le Roy**. These events will include creative painting events. **The information for the first event is listed below, we have a max of 15 participants and sign up is directly through the Living Well Center in Leroy**. More information is to come on the second event in June.



- **The Sober Social Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.

- **ISU Generation Found:** The McLean County ROSC team partnered with Illinois State University to provide a film showing of “Generation Found” on **Thurs, April 4**. The event was held at Schroeder 138 from 7-9 pm. We were grateful to make some great contacts!!
  - We’re excited to announce **the 4<sup>th</sup> Annual Family Night at Grady’s** event on **Friday, June 21<sup>st</sup>, 2024, and the Rain out date is Friday, June 28<sup>th</sup>, 2024**-More information to come.
  - ROSC will have a table at the **upcoming Reentry Council Reentry Resource Fair** on **Saturday, May 4, 2024**.
  - **Partnership with Eastview Community Center** for another film screening of **Generation Found** – scheduled for **Thursday, May 23<sup>rd</sup>, 6:30pm to 8:30pm**.
  - Please contact Cat, via email, [cmhays@chestnut.org](mailto:cmhays@chestnut.org) if you are interested in joining the Sober Social Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
    - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
    - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
    - **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
  - **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**
    - If interested in receiving a free QPR-Question Persuade Refer training, please contact the [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).

NARCAN Administration

Question. Persuade. Refer.  
These steps anyone can learn to help prevent suicide.

QPR – Question, Persuade, Refer

Available Community Trainings

For more info on QPR community trainings, please email [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).

- **If you Need Narcan:** Please contact **Kari Knapp (kknapp@chestnut.org)** for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained.

## McLean County Narcan

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
  - ▶ [kknapp@chestnut.org](mailto:kknapp@chestnut.org)
- ▶ If interested in receiving a free Narcan training, please email [SR-NARCAN@chestnut.org](mailto:SR-NARCAN@chestnut.org)



**In The Spotlight – Please reach out if you’re interested in sharing about the work you do!! We don’t know what we don’t know 😊**

## McLean ROSC Council Community Resource Spotlight Openings – June 2024

- ▶ If your agency/organization is interested, we have 2 openings for community resource spotlights in June 2024.
- ▶ Spotlight presentation time slots run about 10-15 minutes/community resource spotlight.
- ▶ If interested, please reach out to the team via email at [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).



**Agency Updates**

- **OMNI Youth Services/Illinois Human Performance Project**
  - IL Prescription Playbook Info: <https://ilhpp.org/prescription-playbook>
  - **Drug Take-Back Day: 4/27/2024**
    - <https://www.dea.gov/takebackday>
- **Brightpoint – April is National Child Abuse Prevention Month**
  - Upcoming event for Brightpoint Central Region
    - Taking Steps to End Child Abuse Color Run
      - <https://www.brightpoint.org/event/taking-steps-2024/>
- **Re-Entry Fair** still taking tables, you can contact The Labyrinth House.

**Next Meeting & Contact Info:**

- **Next Meeting – Tuesday, May 21, 2024**
  - 3:30-4:30 pm
  - Meeting virtually via Zoom (<https://zoom.us/j/3729798714>)
    - Meeting Code: 372 979 8714
- **Contact Info**
  - Kari Knapp, Associate Director of Community Health
    - [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
    - 309-391-1802
  - Barb Brumleve, Community Health Specialist
    - [bdbrumleve@chestnut.org](mailto:bdbrumleve@chestnut.org)
  - Cat Hays, Recovery Specialist
    - [cmhays@chestnut.org](mailto:cmhays@chestnut.org)
    - 309-665-2067
  - McLean County ROSC Team
    - [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com)

**Thank you for all your continued support...CONNECTION is the Key!!**