



Franklin/Williamson County ROSC

(Hybrid) Meeting Minutes 04//17/24@ 9:00 AM

Attendees:

Mandy Hagen- Franklin/Williamson ROSC Coordinator, TAT

mandyh@takeactiontoday.net

Chrystal Cantrell- Assistant Director/ Director of Operations, TAT

crystalc@takeactiontoday.net

Sherry Smedshammer- Centerstone Crisis Resource Development Coordinator

sherry.smedshammer@centerstone.org

Madison Odum- Perry/Jackson ROSC Coordinator madisono@takeactiontoday.net

Aaron Seibert- Outreach Liaison, Centerstone aaron.seibert@centerstone.org

Beverly Holland- Region 5 ROSC, Chestnut bgholland@chestnut.org

Kelli Corner -Southern Illinois Tobacco Disparity Partnership kelli.corner@sih.net

Katie Unthank- ROSC Region 5 Mentor, Egyptian Health kunthank@egyptian.org

Kristy Powers – Vermillion County ROSC, PLE kristypowersverco@gmail.com

Michelle Wilson- CBHR/ Take Action Today. Michellew@takeactiontoday.net

Mike Tyson- Director, TAT mtyson@takeactiontoday.net

Wendy Lambert- Vermillion County ROSC lambo2965@yahoo.com

Brent VanHam -SIU School of Medicine bvanham49@siumed.edu

Courney Furgeson-PLE

Paul Abraham- Prevention Specialist paul@ilhpp.org

Keith Fletcher- JCity Hope and Renewal jcitycenter@gmail.com

Hank Roan- ROSC Assistant/ Business Manager, TAT hankr@takeactiontoday.net

Rebecca Pyles- ROSC Assistant/ PFS, TAT rebeccap@takeactiontoday.net

Alexis Adams- Project Coordinator, Recovery Corp, TAT alexisa@takeactiontoday.net

Shara Robinson- Community Development Coordinator, TAT
sharar@takeactiontoday.net

Laura Addison- Case Manager, Light House Shelter laura@thelighthouseshelter.com

Welcome and Introductions:

Everyone Introduced themselves.

Approval of 2/21/2024 meeting minutes:

1st motion to approve by Madison Odum

2nd motion to approve by Courtney Ferguson

Old Business:

Free Laundry Day Event- Please join us for a complimentary Laundry Day Event, generously sponsored by Herrin House of Hope and Take Action Today. Wonder Wash has offered to donate detergent for this event. Come early because the event will go on until the funds run out. There will also be a Resource table, and if anyone is having trouble, peer support staff will be there to help. If you or your organization are interested in collaborating with Take Action Today and the FWRC to support a Laundry Day event through sponsorship or monetary contributions, including donations of laundry soap or your time, please get in touch with Mandy Hagen mandyh@takeactiontoday.net.

- When: May 13th from 9 am to 2 pm (or funds run out)
- Where: Wonder Wash (Herrin Location) 1106 S. Park Ave. Herrin, IL

S.H.I.N.E Hope and Healing Trauma Group- Officially is All VIRTUAL.

- When: Monday's 5- 630pm
- Meeting Information: Google Meet Link: <http://meet.google.com/org-yofe-wmj>

Or dial: +1678-631-8549 PIN:210169174

- For more information contact Torie Patton, toriep@takeactiontoday.net

New Business:

FWRC Strategic Planning- Mandy mentioned over the coming months, the FWRC primary focus will be developing our strategic plan, which is scheduled for completion in June. We encourage council members to actively participate in this process, as it directly impacts our council & future. If you're interested in sharing your insights and contributing, please reach out to Mandy Hagen mandyh@takeactiontoday.net.

- Sherry Smedshammer- is willing to help with the strategic planning.

Mandy asked for Suggestions for meeting formats: What components would you like our meetings to include? Presenters – if so, how often? NO Presenters?

Any specific topics? Ideas? Suggestions?

- Council member Aaron Sibert from Centerstone proposed organizing a ROSC. council meeting every quarter at one of the area & high schools. This initiative aims to provide a platform for our youth to voice their perspectives on school related matters, which might otherwise go unnoticed by the administration.
- Kelli Connor mentioned a good idea if an individual who oversees one of the group meetings from Take Action Today would be a great presenter at our ROSC. Meeting.
- Kristy Powers highlighted the recent passage of a law and emphasized that Fentanyl Awareness Education is being provided in schools and that may be a good way to get into the schools for meetings/education.
- Chrystal mentioned that the Chamber of Commerce has offered for the FWRC to host meetings in Franklin County but would like to grab thoughts who thought it was a great idea.
- Mandy mentioned every other month would be a great idea to do a ROSC meeting in Franklin County.

Chrystal Mentioned that Take Action Today has partnered with SIH Tobacco Disparities Program and is providing classes aimed at assisting individuals in quitting smoking.

- There are two separate groups on different days of the week to help ensure those interested can attend.
- The 1st Group will be starting 04/23/2024- please contact Shara Robinson sharar@takeactiontoday.net for more information.
- The 2nd Group 4/25/2024- please contact Chrystal Cantrell chrystalc@takeactiontoday.net for more information.

Michelle Wilson stated that JC Renewal also provides classes for individuals quitting smoking.

- Keith Fletcher stated that they haven't had enough in attendance to continue with the classes at the JC Office but would like to get them back up and going.
- Chrystal suggested to Keith Fletcher that they could arrange a meeting to discuss it further.

Keith Mentioned about he would like to have a recovery meeting at JC Renewal office and has the space to support anyone who would like to host meetings in the office.

Kelly Conner is seeking a small group to assist individuals in helping quit smoking. Contact her via email at Kelllicorner@sih.net.

Kristy Powers is seeking trainings that provides CEUs if you know of any trainings that could be valuable to her please contact her or forward upcoming trainings to her @ kristypowersverco@gmail.com

Shara Robinson brought up the need for volunteers on the SIDAC planning committee. If anyone is interested in joining the board or helping with next year's conference, please reach out to Shara Robinson or Aaron Sibert.

Save The Dates:

May 3rd- 2PM-5PM Faces and Voices of Recovery are providing a workshop, "Our Stories Have Power" held at our Benton TAT Office- 905 W. Washington St. Benton, IL

May 1st-7pm Centerstone will be partnering with the city of Marion to light up Tower Square Plaza green for Mental Health Awareness Month. Mayor Absher will read the proclamation. For more information, please reach out to Aaron Sibert aaron.sibert@centerstone.org

May 8th- 9:00am PJRC Free Laundry Day Event held at Wonder Wash (Murphysboro)- 716 Walnut St. Murphysboro, IL

May 13th- 9:00am FWRC Free Laundry Day Event held at Wonder Wash (Herrin)- 1106 S. Park Ave. Herrin, IL

September 7th- 7:00am "Life Story 5k run & walk" is returning to Harry L. Crisp Sports complex In Marion IL. To Promote suicide prevention and awareness. Also Looking for vendors for More information please reach out to Erin Camfield. Erin.camfield@centerstone.org

Next Meeting: 05/15/2024 @ 9:00am

Join in person at 1805 W. Main St. Marion, IL or:

<https://zoom.us/j/94772663701?pwd=bjJwMUNxVThZaE1TV29EdmtqNIMvdz09>

For previous meeting minutes please visit:

<https://www.govst.edu/Recovery-Support/Southern-IL-ROSC/FWR-ROSC-Council/>