



MEETING MINUTES

1. Attendance:

In-Person:

Nellie Baity, TAC David Whipple, TAC Bree Polk, HYFS Alexis Miley, HYFS Heather Creasy, HYFS Via Zoom:

Deb Beckmann, TAC
Beverly Holland, Region 5 TA
Julie Herr, RSUPIC Grant
Johanna Gonzalez, IDPH ROSC Coordinator
Mary Ann Miller, Telligen
Katie Unthank, Region 5 ROSC Mentor
Deziree Wills, TAC
Morgan Isaiah, CRC/MCCADU
Cara Loddeke, PLE/Chestnut MAT/MAR Nurse
Angella Holloway, MERC

- 2. **Speaker:** Alexis McGaughy, Hoyleton Youth & Family Services, on the GenRx Program they offer school 6th-12th grade classes. Program educates youth about safe Rx use and disposal. Takes 2 45 minute class sessions. First session presents information on how to read a pill bottle, disposal methods, practice scenarios. Second session is a game going over what kids learned in the first session. Can be presented in a school class or out in the community.
- 3. Sub Committee Reports: (we need people to serve on committees and help with our work!!)
 - A. Education & Prevention Heather Creasy-Chairperson
 - Illinois Youth Survey update: As of 4/8/24, we have the same 8 schools signed up: Aviston Elementary*, Bartelso Elementary*, Carlyle High School*, Central High School, Germantown Elementary, Mater Dei High School, North Wamac Grade School*, and Willow Grove Elementary. Centralia High School also completed the IYS. For the data to count, we need more schools to sign up—it is almost too late!
 - Committee Meeting on 3/20 Update:
 - Wesclin and Carlyle schools need help (bullying and suicidal thoughts)
 - Vaping and alcohol are the most concerning substances
 - NPW May 12th-18th; HYFS has plan for schools
 - Drug Take Back Day on April 27th flyer/social media post (attached)
 - Do outreach with PTA's and School Boards
 - focus on positive prevention, not scare tactics
 - Rx Take Back Day: Deb made flyer and posted on Facebook; MAX 96.7 FM has been airing messages and an article appeared in local newspapers.
 - National Prevention Week, May: Heather sent out a plan to all schools.
 - B. Law Enforcement Ken Sterner-Chairperson: no attendance/report
 - C. <u>Treatment & Recovery</u>- Cara Loddeke/Alicia Moesner– Co-Chairpersons
 - Overdose Awareness Day will be on Saturday evening, 8/31/24. If you can help with this, let us know.
 - Brixadi is a new medication being used for recovery.
 - Alicia is going to educate HSHS Warm Handoff staff.
 - Looking for PLE's to join our subcommittees; reach out if you can help us.
 - Cara reports the women's, men's, and crisis unit in Maryville are consistently full.
 - Nellie helped find a bed for an 18 year old coming down off fentanyl.
 - Nellie reports talking to youth (18-20 year olds) that say they witnessed or lost someone recently to overdose (many from Vandalia area, Marion County) and also talked about Clinton County parties with alcohol and pills.
 - SMART Recovery meetings starting on Mondays during day. Flyer coming soon.
 - NA and AA day groups starting soon.
 - Emotions Anonymous being held in person and via Zoom, 6pm, Monday nights.
 - D. Family Support-Craig Loddeke-Chairperson:
 - Facebook Page "Family, Friends and Addicts Stronger Together".
 - PAL Group meeting weekly via Zoom on Tuesdays, 7-8:30pm. Getting lots of referrals from AMARE.
 - Family Support Network getting some activity from Madison County area.

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- E. **Finance** Deb Loddeke-Chairperson: not present; no budget changes.
- F. **Marketing** Chairperson-Open:
 - Family Fun Night, April 20th, 5-9pm, Carlyle VFW: resources, DJ, pulled pork sandwiches, games for kids (flyer attached)
 - Narcan Training, April 30, 6-7pm, Germantown Public Library (flyer attached)
 - Celebrate Life-Recovery from Hurts, Habits, & Hang-Ups planning: date is September 22nd. Need volunteers; state approved flyer for event; flyer will be translated into Spanish. Planning meetings held last Wednesday of each month at 6pm via Zoom. Contact Craig for link.
- **4. TAC Advisory Committee**-original founders of TAC have stated that they want to proceed with filing for 501c3. This Advisory Board will need to define board roles and positions and adjust bylaws. Nellie and Deb will look into what needs to happen to do this.
- 5. **Gap Analysis**: county data on substance and alcohol use, ER visits, doctor visits, EMS/Police calls, overdoses/deaths related to such, etc. needed. If you are an agency or county office that can help with this, reach out to Nellie or Deb. TAC wants to put together a community needs assessment to gather this type data and will then present information to coalition in a PowerPoint.
- 6. Additional Information/Announcements: Anyone else have anything to share? - none

The next meeting will be May 21, 2024 in person and at same Zoom link.

www.facebook.com/Take-Action-Coalition-of-Clinton-County-2267638083492125

Family Support Network Call-line #314-669-1184

Instagram: take-action-coalition