



Yvonne Orr <yorr@fhcsoi.org>

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## SRC ROSC Council Minutes 11-29-23

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Yvonne Orr <yorr@cornerstone-cdc.org

Tue, Dec 19, 2023 at 9:17 AM

To: Sriner, Kimberly <Kimberly.Sriner@illinois.gov>, "Gonzalez, Johanna" <Johanna.Gonzalez@illinois.gov>

Cc: Angela Chasensky <acchasensky@chestnut.org>, Angelia Smith <Afsmith@cornerstone-cdc.org>,  
DHS.SUPRROSC@illinois.gov <DHS.SUPRROSC@illinois.gov>

Subject: Re: [External] Re: SRC ROSC Council Minutes 11-29-23

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# ROSC Monthly Report (IL FY24)

|  |   |   |  |
|--|---|---|--|
| <b>ROSC Name:</b>  | Southland Recovery Coalition  | <b>Lead Agency:</b>   | Cornerstone CDC  |
| <b>Meeting Date &amp; Time:</b>  | 11/29/23 at 9:00 AM   | <b>Meeting Location &amp; Format:</b><br>(in-person, virtual, hybrid)   | In-person at Cornerstone CDC<br>943 East Lincoln Highway<br>Ford Heights, IL 60411   |
| <b>Meeting Duration:</b>   | 1hr 34 minutes  | <b>Meeting Topic(s):</b>  | Breaking Down Barriers: Self-Care vs Self-Destruction<br><i>A moderated panel led by Zion Richardson, SRC's 2023 Recovery Champion</i>   |
| <b>Official ROSC member Attendance/Sector:</b><br>(e.g. Amos Moss, PLE; Jim Holden, Health Dept) | <ol style="list-style-type: none"> <li>1. Angelia F. Smith, Executive Director</li> <li>2. Cornerstone CDC (Lead Partner Agency)</li> <li>3. Kathryn Straniero, Executive Director</li> <li>4. Together We Cope (Partner Agency)</li> <li>5. Yvonne M. Orr, Executive Director</li> <li>6. ICSC (Partner Agency)</li> <li>7. Capucine Walls, Workforce Dev Coord, Cornerstone CDC</li> <li>8. April Haymond, Dir of Programs, Cornerstone CDC</li> <li>9. Aubrey Adams, Community Navigator, Cornerstone CDC</li> <li>10. Leonard Noble, Dir of Workforce Dev, Cornerstone CDC</li> </ol> | <ol style="list-style-type: none"> <li>11. Ronald Williams, Cornerstone CDC</li> <li>12. Souheir Rahman, TWC</li> <li>13. Andrea Coletta, TWC</li> <li>14. Yasmeen Hishmeh, TWC</li> <li>15. Katie Huffman, TWC</li> <li>16. Zion Richardson, ICSC</li> <li>17. Imani Arnett, ICSC</li> <li>18. Justus Pugh, ICSC</li> <li>19. Denise Jones, Tender Touch, Inc.</li> <li>20. Darren Wattan</li> <li>21. Ashanti Johnson</li> <li>22. James Farmer</li> <li>23. Jermaine Meyers</li> <li>24. Arthur Jones</li> <li>25. Shawn Taylor</li> <li>26. Bridgett Carter, Proactive Comm Svcs</li> </ol> | <ol style="list-style-type: none"> <li>27. Matthew Cooper, Inner City Underwriting</li> <li>28. Jim Hutson, Bethel New Life</li> <li>29. Jimmy Stewart, CHA</li> <li>30. Deborah Whitaker, Youth for the Future</li> <li>31. Adrienne B. Jackson, Heuristics Marketing Consultants</li> <li>32. Bruce Montgomery, Operation Hope</li> <li>33. Ronald Carter, Jr. Chgo State University</li> <li>34. Benari Blackwell</li> <li>35. Cynthia Brown Meyers</li> <li>36. Ronald Williams</li> <li>37. Ricky Holman</li> <li>38. Andrew Jenness</li> </ol> |
| <b>Special Guests and/or Guest Speakers:</b>   | Imani Arnett Justus<br>Pugh Zion<br>Richardson  |   |  |
| <b>Successes:</b>  | Recruited 4 new members! Reviewed The FY24 Strategic Plan for updates & let the Council know about expected deliverables. Had a lively discussion about getting the community more engaged and understanding needs.   | <b>Challenges:</b>  | Not everyone "gets" recovery and its varied pathways (i.e., gambling disorder, mental illness or the "why" behind someone being intoxicated or high. That needs to be included in outreach   |
| <b>What part of your strategic plan was worked on/ discussed this meeting:</b>                   | Community outreach<br>Pop Ups<br>Expanding the ROSC Council membership<br>Culturally competent materials based on the demographics we serve   |   |  |
| <b>What do you plan to work on in the upcoming months that relates to your strategic plan?</b>   | Compile different types of notifications about recovery resources and related events throughout the region. Determine various ways to collaborate with other agencies.  |   |  |
| <b>Minutes Attachment:</b>   | See attached.   |   |  |



# Southland Recovery Coalition ROSC Meeting Agenda

Meeting Minutes

Date/Time: \_\_\_\_\_

LOCATION: \_\_\_\_\_

PRESENTER(S): \_\_\_\_\_

TOPIC: \_\_\_\_\_

## ATTENDEES:

KEY: Person with Lived Experience = PLE

|    |  |                                |    |                      |                          |
|----|--|--------------------------------|----|----------------------|--------------------------|
| 1  |  | Cornerstone, Lead Fiscal Agent | 21 |                      | Cornerstone CDC          |
| 2  |  | Together We Cope, remen Supv   | 22 |                      | Cornerstone CDC          |
| 3  |  | ICSC                           | 23 |                      | Cornerstone CDC          |
| 4  |  | ICSC, Ideal Foundation         | 24 |                      | Cornerstone CDC          |
| 5  |  | Ideal Foundation               | 25 |                      | Cornerstone CDC          |
| 6  |  | PLE                            | 26 |                      | Cornerstone CDC          |
| 7  |  | PLE                            | 27 |                      | Southland Human Svcs     |
| 8  |  | PLE                            | 28 |                      | Tender Touch; Diamond 7  |
| 9  |  | PLE                            | 29 |                      | Proactive Community Svcs |
| 10 |  | PLE                            | 30 | Matthew Cooper       | Inner City Underwriting  |
| 11 |  | PLE                            | 31 | Jim Hutson           | Bethel New Life          |
| 12 |  | PLE                            | 32 | Jimmy Stewart        | CHA                      |
| 13 |  | PLE                            | 33 | Deborah Whitaker     | Youth for the Future     |
| 14 |  | PLE                            | 34 | Adrienne B. Jackson  | Heuristics Marketing     |
| 15 |  | PLE                            | 35 | Bruce Montgomery     | Operation Hope           |
| 16 |  | Together We Cope               | 36 | Ronald Carter, Jr.   | Chicago State University |
| 17 |  | Together We Cope               | 37 | Arthur Jones         | PLE                      |
| 18 |  | Together We Cope               | 38 | Cynthia Brown Meyers |                          |
| 19 |  | Cornerstone CDC                |    |                      |                          |
| 20 |  | Cornerstone CDC                |    |                      |                          |

MEETING SUMMARY: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Southland Recovery Coalition ROSC Meeting Agenda

Meeting Minutes

Date/Time: \_\_\_\_\_

## ACTION ITEMS:

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.

## UPCOMING ROSC COUNCIL MEETINGS:

### SRC ROSC Council Meeting Schedule

|                    |                            |                         |                                     |
|--------------------|----------------------------|-------------------------|-------------------------------------|
| July 26, 2023      | October 25, 2023           | <b>January 31, 2024</b> | April 24, 2024                      |
| August 30, 2023    | *November 29, 2023         | February 28, 2024       | *May 29, 2024 (Recovery Conference) |
| September 27, 2023 | December 27, 2023 (pop up) | *March 27, 2024         | *June 26, 2024                      |

INDICATES: **upcoming meeting** \* in-person meeting

**SOUTHLAND RECOVERY COALITION**  
 943 EAST LINCOLN HWY ♦ FORD HEIGHTS, IL 60411  
 708.758.2565 | [WWW.SOUTHLANDRECOVERY.ORG](http://WWW.SOUTHLANDRECOVERY.ORG)

*Changing Communities...Restoring Lives!*  
**SRC ROSC COUNCIL PARTNER AGENCIES**  
 Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)  
 Indigenous Community Service Center ♦ Together We Cope (Partner Agencies)

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



# Southland Recovery Coalition ROSC Meeting Agenda

## Wednesday, November 29, 2023 | 9:00 a.m. to 10:30 a.m.

**FYI: SRC ROSC Council Meetings occur the last Wednesday of every month November's meeting is hosted by Lead Partner Agency, Cornerstone CDC.**

### *Breaking Down Barriers: A Convo with the Future*

Panel Discussion  
Moderated by SRC's  
**2023  
RECOVERY  
CHAMPION**  
**ZION  
RICHARDSON**



- Understanding-the-stress-factors-that-may-trigger-substance-use-in-young-adults.¶
- Valuing-contributions-of-Millennials-in-Recovery-&Mental-Health-Awareness.¶
- Developing-coping-mechanisms-for-success.¶
- Reflections-on-Black-&Mental-Health.¶

## PANELIST BIOS



Justus Cornelius Pugh is a South Side Chicago-bred storyteller, poet, technologist, and entrepreneur. His work is driven by what he calls the 4 c's; community, culture, creativity, and collaboration. He is CEO and co-founder of Movement Labs Co, a technology company that uses data to connect, create, and rebuild communities. Movement Labs is launching a mobile app called What's the Move?-- a platform that uses moves- wellness, joy, and connection-based events- to link people to their local community via local businesses, Black-owned brands, community organizations, and social groups. Movement Labs' mission is to build a culture rooted in connectedness, first in Chicago, then across the globe.

Before being a full-time entrepreneur and artist, Justus' professional background was in the financial technology, banking, and cannabis sectors. He began his career working alongside Good Tree Capital, Beta Financial Services, and Illinois' Department of Commerce and Economic Opportunity to advance social-equity and access to capital within the cannabis industry. Justus graduated from Georgetown's McDonough School of Business in 2020 and is a member of Kappa Alpha Psi Fraternity, Inc.



Imani Arnett, a NYU alum and Whitney Young Magnet HS graduate, embodies the spirit of community upliftment. Imani was born and raised in Chicago, IL where she began her dance training at the age of 12. She's had the privilege of taking classes from Homer Hans Bryant, Ingrid Silva, Alicia Graf-Mack, as well as the late Arthur Mitchell, in addition to performing alongside the Illinois Philharmonic Orchestra, Dallas Black Dance Theater, NYFW campaigns, TEDx Talks, and televised fashion commercials. Imani subsequently earned her BFA in Contemporary Dance from NYU Tisch School of the Arts. She formerly had been freelancing across New York City in hopes of taking her dance and creative career to new heights. Now, as a dedicated stylist and interior designer in Chicago, Imani's passion extends to inspiring others through volunteer work. Her creative prowess as a strategist and storyteller is evident in her interdisciplinary design approach, making her a dynamic force for positive change in both aesthetics and community engagement.

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## Welcome & Introductions | Angelia F. Smith

*Overview of SRC > Angelia F. Smith*

- ✚ Welcomed everyone to the first in-person SRC ROSC Council meeting of the year on the grounds of Cornerstone!
- ✚ Let attendees know that SRC provides recovery awareness and Cornerstone CDC provides recovery support services in any shape and form so that we can that be to the needs of our communities.
- ✚ For example, Cornerstone has a strong workforce development program called SOS (Securing Opportunities for Success) that is centered around recovery support because all of us need recovery support in one form or another... whether it's from substance use, mental health supports, or recovery support services.
- ✚ Cornerstone's platform for SOS is our workforce development program where we provide clients support services, safety net services, and/or recovery support services.
- ✚ SRC provides opportunities for families and individuals to gain access to the support they need. Materials are in the folder.

*Brief intro of new attendees by name; intro of SRC partner agencies by name and organization*

## Review of SRC's FY24 Goals & Activities to Date | Yvonne M. Orr

- ✚ SRC is mostly about raising recovery awareness. That means we support any person with lived experience... any person impacted by mental illness... anyone with mental health and wellness needs. We come together as a coalition to actually go out into the community and talk to different people and then provide them access to resources.
- ✚ We are not a direct service provider. For us, recovery awareness happens out in community where we pass out materials to ensure that people know that there is help and support out there for them. We educate the community about the various aspects of substance use as part of a disease.
- ✚ Today, we want to focus and hone in on our community outreach as part of our communications plan and scaling up immensely on our social media outreach. We're going to start creating TikTok and Instagram reels and improve upon our Facebook presence. So those that are on Facebook should look us up on and like our page (Southland Recovery Coalition).
- ✚ SRC plans to start putting together community-driven PSAs (public service announcements).
- ✚ We'll be doing more coverage across the region via pop up and live events.
- ✚ We want to capture our community by going on camera for giving "hidden gems"/quick quotes or affirmations on X (Twitter) and increase our followers.
- ✚ As far as our asset mapping exercise, since SRC started 4 years ago, we've launched what's called 211. But prior to that, we had The HUB, which is our primary online regional resource tool. Hubrelief.org is our mechanism that is our resource access to services hotlines, agencies in the south suburbs, housing, and utility bill relief.

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- ✚ Provided a reminder the Mental Health and the 988 Suicide & Crisis hotlines have relaunched as well. It's important to SRC that we inform our communities, so people are familiarized with what those different hotlines are if you need help with depression or are in crisis. Veterans in crisis can call 988 as well and press 1 for help.
- ✚ As part of our communication plan, we intend to disseminate more Flyers about the available programs (such as SOS) and the relief programs provided by The HUB partners.
- ✚ Our quarterly newsletter is a source of useful information as well. November is gratitude month and significant given it is the holiday season. The focus covers self-care, learning to say "no," and understanding tools to use to give yourself a little grace and forgiveness. Another section focuses on the power of journaling and writing down the different things that you're grateful for. This is a great pick me up when you're down to go back through your gratitude journal to see how blessed and rich life is at times.

## Special Presentation

### ✚ **Breaking Down Barriers: Self Care vs Self Destruction**

#### *A moderated panel led by Zion Richardson, SRC's 2023 Recovery Champion*

- Understanding the stress factors that may trigger substance use in young adults.
  - Valuing contributions of Millennials in Recovery Awareness.
  - Developing coping mechanisms for success.
  - Reflections on Black males & mental health in today's society.
- ✚ Zion noted that the panel discussion is titled breaking down barriers self-care versus self-destruction and the goal of this conversation is to dissect and get into the different things that occur for mental health and the different things that occur for recovery. We will also discuss the diverse ways that we can help our community and boost the community by being a positive support system and helping those around us.
  - ✚ Opened the panel discussion with the question of "Why is mental health awareness more important now than ever for the youth?"
  - ✚ Justus> It's important to focus on mental health awareness because we are still recovering from a pandemic that completely restructured and reoriented everything we know about socializing and being together and gathering and communicating with one another. Although we've come back to a relative normalcy, there's still work to be done. Even thinking about how schools and classes were impacted and how social media has taken a toll on folks... it's a simple fact that the pandemic and the uptick in drug use and depression significantly increased.
  - ✚ Imani> There's room for emotional repair that I think needs to happen and it starts with the social climate and youth. It also isn't just because of the pandemic... I just believe as young people, we are growing up in a different America... a much different society and world than our parents or our aunts or uncles or grandparents.
  - ✚ Attendee> There is a huge emphasis on socialization and the Internet technology that there wasn't before has created us into social creatures heavily reliant on what others think, say, and do.

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- ✦ Zion> I like that you mentioned the negative influences because that brings me to my next question how we can combat the different negative influences that the youth are facing and the different stress factors that might contribute to substance abuse for young adults and teenagers.
- ✦ Attendee> When I think about the different negative influences-- social media might be one of them, music can be another. We encounter watching videos or TikTok with up-and-coming rappers, where they rap about drugs or killing...which, they've never done. Their listeners mimic that for the street cred or lifestyle/flossing.
- ✦ Imani> Additionally, when we look at social media, people feel like they might be able to go viral just for doing certain drugs and they may not realize the hold that these drugs can have on them after they try it.

### ***When we talk about making that recovery jump from using "How we can combat negative influences?"***

- ✦ Attendee> For the youth, the issue is not knowing how to keep and maintain youth interests. Sometimes, the big campaigns of say no to drugs or just say no can be shifted by SRC's outreach on what they should say yes to.
- ✦ Attendee> We need to reach people before they get out of jail. With so much drug concocting that goes on there, we need to ensure that people in halfway houses receive this information as well.

### ***Three key points from the panelists that we should know about.***

- ✦ Justus> We need to educate our children more on drugs and subliminal messages in music and gaming videos.
- ✦ Attendee> I'm 25 years clean and it's still hard because I never want to relapse. Because of my own struggle, when I see people that I used to get high with in the community, I go up to them and talk to them about my story of recovery.
- ✦ Imani> We must be good listeners. Parents must be good listeners and try to stay away from "instant lecture mode" with their teenage and college-aged youth. Do more bonding activities and you'll discover more about what they're up to. Be vulnerable around youth and "speak your truth" about your own challenges.

**Open Discussion>** Group spoke on the rise of suicides, the effects of the Hamas war, and the migrant situation that is spreading into the suburban areas.

**What's Happening in the Political Climate | Kathryn Straniero>** Happenings in Bremen Township

**Who Do You Know? Getting Others Involved | Yvonne M. Orr>** Recruiting ROSC Members and MOUs

**Closing Remarks | Angelia F. Smith**

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### Welcome & Introductions | Angelia F. Smith

Brief Introduction of New Attendees: Name & Organization

### Review of SRC's FY24 Goals & Activities to Date | Yvonne M. Orr

#### Special Presentation

#### ✚ Breaking Down Barriers: Self Care vs Self Destruction

*A moderated panel led by Zion Richardson, SRC's 2023 Recovery Champion*

- Understanding the stress factors that may trigger substance use in young adults.
- Valuing contributions of Millennials in Recovery Awareness.
- Developing coping mechanisms for success.
- Reflections on Black males & mental health in today's society.

### What's Happening in the Political Climate | Kathryn Straniero

Trends, topics, and happenings in Bremen Township

### Who Do You Know? Getting Others Involved | Yvonne M. Orr

Expanding Our Network, Recruiting ROSC Members and MOUs

### Announcements | All

### Closing Remarks | Angelia F. Smith

#### SRC ROSC Council Meeting Schedule

|                    |                            |                   |                                     |
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| September 27, 2023 | December 27, 2023 (pop up) | *March 27, 2024   | *June 26, 2024                      |

INDICATORS: **upcoming meeting** \* in-person meeting

To be added to the SRC ROSC Council as a member, please email [angelia@southlandrecovery.org](mailto:angelia@southlandrecovery.org) or [yvonne@southlandrecovery.org](mailto:yvonne@southlandrecovery.org)



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# SOUTHLAND RECOVERY COALITION ROSC

(Recovery Oriented Systems of Care)

## Standing Monthly Meeting

This is an in-person meeting. [CLICK TO>>RSVP](#)

WEDNESDAY, NOVEMBER 29, 2023 | 9:00 A.M. TO 10:30 A.M.  
CORNERSTONE COMMUNITY DEVELOPMENT CORPORATION  
943 EAST LINCOLN HIGHWAY | FORD HEIGHTS, IL 60411

### *Breaking Down Barriers: A Convo with the Future*

PANEL DISCUSSION  
MODERATED BY  
SRC'S 2023  
RECOVERY CHAMPION



*Zion Richardson*

- Understanding the stress factors that may trigger substance use in young adults.
- Valuing contributions of Millennials in Recovery & Mental Health Awareness.
- Developing coping mechanisms for success.
- Reflections on Black & Mental Health.



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# SOUTHLAND RECOVERY COALITION ROSC

(Recovery Oriented Systems of Care)

*Virtual*

## Standing Monthly Meeting

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



**WEDNESDAY, JANUARY 31, 2024 | 9:30 A.M. TO 10:30 A.M.**



### ***Southland Recovery Coalition Strategies in Action! Brainstorming, Planning, & Delivery***

- ***Mental Health*** How wellness supports recovery efforts
- ***Millennial Engagement*** Exploring ideas to increase engagement
- ***Pop Up Events*** More, more, more! Storefronts, barber/beauty shops, churches, etc.

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Wednesday, January 31, 2024 | 9:30 a.m. to 10:30 a.m.

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Mtg ID: 836 3638 1377 | Passcode: 746782



## Welcome & Introductions | Angelia F. Smith

Brief Introduction of New Attendees: Name & Organization

## Putting Our Strategic Plans in Action/Review of SRC's FY24 Goals | All

- Mental Health> How wellness information supports recovery
- Millennial Engagement> Exploring ideas to increase engagement
- Guest Speaker> SRC ROSC Council meetings
- Pop Up Events> Events at churches, local businesses, etc.

## It's Planning Season! What's in store for 2024? | All

SRC Recovery Conference – May 2024

Ideas for Keynote Speaker | Break Out Sessions | Suggested Topics

## What's Happening in the Political Climate

Kathryn Straniero & Yvonne M. Orr

Trends, topics, and happenings in Bremen & Bloom Township

## Who Do You Know? Getting Others Involved | Yvonne M. Orr

Recruiting ROSC Members and MOUs

## Announcements | All

## Closing Remarks | Angelia F. Smith

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Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery