

Logan/Mason ROSC Meeting Notes

April 18th, 2024

Attendance:

Liane Baker-Hergenrother (Sangamon County Department of Public Health)
Abby Behrens (Brightpoint)
Kara Davis (Logan County Department of Public Health)
Kristin Davis (Family Guidance Center)
Jeanette Davis (Chestnut Health Systems)
Sandra England (Taylorville SIU Family Medicine MAR Program)
Kami Garrison (Chestnut Health Systems)
Amy Hopper (Logan County Community Member)
Grace Irvin (Chestnut Health Systems)
Denise King (Trillium Place an affiliate of Carle Health)
Molly McCain (Lincoln Memorial Hospital)
Jeff McFadden (Bridgeway ROSC)
Tristan McGrew (Recovery Corps)
Julie Pohlman (Region 4 TA)
Marie Riley (Sangamon County Department of Public Health)
Danny Sourbis (DuPage County ROSC)
Silas Tockey (Community Action Partnership of Central Illinois)
Penny Tutter (Lincoln Memorial Hospital)
Kim Turner (Logan County Probation)
Dominic Valenti (Chestnut Health Systems)
Naomi Willis (Gateway Foundation)

Old Business:

- There was the second movie showing of Generation Found in Mason City at the Arlee Theater. There was a lot of great discussion around the potential of bringing this information to a Teacher's Institute Day or Staff Development Day. For those who have not had an opportunity to see this documentary or have and find an interest in looking into finding more ways we can bring recovery into the lives of adolescents in our area, we are looking to get a subcommittee group working. If you are interested in getting involved, please reach out to Jeanette. You can also see the documentary on Amazon Prime.

New Business:

- In recovery, words matter. The terminology we use in recovery matters to the people who are cared for. There is stigmatizing addiction language that we hear still. Studies have been done regarding the use of stigmatizing language. We want to use person-first language; this removes the person's identity with what they may be struggling with

- Breakout groups were conducted during the meeting for conversation around stigmatizing language. The questions to consider were: Is this important to you? Did you take something away that you didn't consider?
- A survey monkey was sent out to the group to gather feedback on ROSC meeting times. The results showed that the top three meeting times are Thursday morning, Thursday afternoon, or Friday afternoon. 9:00 a.m. and 9:30 a.m. are the top morning times for meeting; 3:30 p.m. is the top afternoon time for meetings. The group plans to meet in person and offer the online option (hybrid). It looks like the meetings will be moved to Thursday morning at 9:00 a.m.; a place is to be determined. However, for the next ROSC meeting, we plan to meet the third Thursday of the month as usual (May 16th at 2:00 p.m.) until further notice. Be looking for a second survey monkey to further ask about meeting dates and times.
- Winner Circle is a recovery program that includes those who are involved in recovery. It is a meeting that the ROSC is working to bring to the community. There will be more information in the future.
- Tristan has a group in Mason County that is trying to get meetings planned in the surrounding small towns in the community. There are many conversations that Tristan is having with people in the community regarding breaking the stigma around recovery and enhancing awareness of recovery.

Reminders/Recovery Resources:

- There are updated flyers and cares for the Logan/Mason County Recovery meetings. All of the old flyers and cards are null and void since the QR code has been changed. If you need new cards and flyers, Jeanette is happy to switch out your old cards for the new ones; please email Jeanette if you need new cards. These cards contain the list of Logan/Mason County recovery meetings.

On-Going Projects:

- The Harm Reduction vending machine is located at Family Custom cleaners in Lincoln (open 24 hours). The Logan County Health Department (open from 7:30 a.m. – 4:30 p.m.) has harm reduction items for free as well, which are in the front entrance area. There is also a drop box available for sharps at the health department. The health department has red containers to place sharps in and there are plenty available. If you have sharps that are in any other kind of container, the health department will take those too. These are available where you can send or refer people to receive Naloxone, Fentanyl, and Xylazine testing strips. Mount Pulaski Library will have 24-hour access to a table of harm reduction resources; their side door is always unlocked. Tristan stopped by the Foreman Library in Manito and an employee there was ready to have recovery meetings and be a place for harm reduction materials. There are also harm reduction materials at the Havana Public Library and Mason County Health Department.

Upcoming Events:

- There will be an **“Our Stories Have Power” event on May 2nd from 2:00 p.m. – 5:00 p.m. at Hope on 5th in Lincoln (200 5th Street)**. This is a free training that is offered by Faces and Voices of Recovery. This training will go over how to share your story of recovery. This training is great for anyone with lived experience and allies of those with lived experience. This is open to anyone in Illinois.
- The next **Recovery in Action subcommittee group meeting will be on May 14th at 4:30 p.m. at Hope on 5th in Lincoln (200 5th Street)**. This group meets the second Thursday of every month. Please join if you’re interested in participating in any events planning, educational opportunities, etc.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, May 16th at 2:00 p.m.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:00 p.m.