ARROWLEAF Alexander/Pulaski County ROSC Meeting Agenda

Date: February 15, 2024 | 1PM-2PM **Location:** By Zoom at

https://us06web.zoom.us/mee ting/register/tZModuuvqzloG9 1e8EUAJush7rMAPNX0uzHC

Members (Check if present):

John Cantrell, Arrowleaf
Samantha Carver, Arrowleaf
Cammy Duggins, Arrowleaf
Tor Neal, Arrowleaf
Emily Middleton, Arrowleaf
Rochelle Morgan, CHESI
Shannon Glaser, Church Pastor
Tony Glaser, Church Pastor
Jeanne Woods, Domestic Violence Service
Artie McBride, NACCP

Kayla Dowdy, New Beginnings

Beverly Holland, Region 5 Statewide ROSC

Brittany Mathews, S7HD

Marsha Cook, Shawnee Community Development

Julie Pohlman, SW ROSC R4

Dorie Warren, TAT

Chrystal Cantrell, TAT

Madison Odum, TAT

Trina Martin, Arrowleaf Intern Katie Unthank, EHD Region 5

Artie Michide, NACCP	Ratie Untilalik, EHD Ke	
Agenda Item	Action/Discussion	Time
Call Meeting to Order- Emily Middleton	Action	1 PM
Approval of agenda and minutes	Action	1:01 PM
Introductions	Action/Discussion	1:03 PM
Trina Martin – intern from Shawnee Community College. Associate's in Social Work. Bachelor's at SIU. Interested in SU field. Sam – Peer Recovery Specialist John – Peer Recovery Tor – Prevention Services Coordinator Kelly – Outreach Specialist Katie – Director of Health Education at Egyptian and ROSC 5 mentor position Bev – Region 5 Technical Assistance Specialist for Statewide ROSC Rochelle – CHESI Aaron Seibert – outreach liaison for Centerstone. Fellowship House in Anna. Centerstone transition recovery house. Crisis stabilization unit in Carterville. Currently running a substance use disorder campaign.		
Discussion Marketing Survey – took paper surveys to food pantries and soup kitchens. How can we address stigma within our community to create a more supportive environment? Lack of knowledge particularly in Alexander county. Need to tell people it's okay to be sick. SU recovery is an individual experience. Don't want to speak out because they don't want to be put into a category. What makes people change their mind is knowledge. Creating more one-on-one experiences to	Discussion	1:10 PM

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	address concerns in private with individuals.		
	Not wanting people to know.		
	 Narcan – door to door narcan distribution and 		
	training.		
	 How to create more safety for those with 		
	experience to talk about their experience.		
	 Bring more people with lived experience to the 		
	table. Seeing people who have already gotten		
	better. John – no one thought I'd be where I		
	am today.		
	 Building resiliency. 		
	Vhere in our community is the most stigma		
St	urrounding recovery? What can we do to combat that		
st	tigma?		
	 Education/schools. 		
	 Might be easier to talk to someone you don't 		
	know than someone you see on a regular basis		
	Not wanting to tell too much out of fear of		
	how that will be perceived.		
	 A lot of gang activity in the community. 		
	 Services outside of traditional office space. 		
	 Aaron – church staff. Programs starting to 		
	address church staff to help with leadership.		
	People should feel safe in their church.		
	Mike Tyson – TAT for churches		
	 Jail – Pulaski County. Lyle Womack. 		
• B	lack Balloon Day – March 6 th – CHESI. Balloons there.		
N	larcan packets. Rochelle. Second Chance Recovery		
	age. TAT.		
• C	HESI – CPR certifications February 23 rd 10AM – 1PM.		
\$.	50 gift certificate. Rochelle will send the flyer.		
• C	enterstone – new SU campaign. Carbondale, Marion,		
SC	ome billboards up. RMTD on the sides of the busses.		
Ir	nside the busses too.		
Next Meet	ting Scheduled for March 21, 2024	Action	2 PM