

Recovery Oriented System of Care



Union County ROSC Council

03/28/2024

Attendance:

Kent Young, United Church Alliance

Katie Unthank, Egyptian Health Department

Tor Neal, Arrowleaf

Cammy Duggins, Arrowleaf

Samantha Carver, Arrowleaf

Ashley Smith, The Old Depot

Trina Martin, Arrowleaf

Johanna Gonzalez, Statewide ROSC

- I. Recap of Last Month's Meeting by Samantha Carver
- II. Survey Results by Tor Neal
- III. Discussion about Survey Results
 - a. People were shocked that the faith-based community was not ranked higher in the survey.
 - b. We learned that we need to reach out to more healthcare professionals.
 - i. We should partner with a PCP to do a video for social media.
 1. Dr. Haley Kostecki
 2. Dr. Kathy Swafford
 - c. We need to do more community events!
 - i. We could table at the farmer's market!
 - d. We could use signs on the main road to point people to our office!
 - i. Signs that they say "recovery happens here" or "recovery supports ahead".
- IV. Drug Take Back Day
 - a. ROSC is planning to assist with DTB Day in Alexander/ Pulaski County!
 - b. We could plan one for this area if the region needs one for next year!
- V. Welcome Kit

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- a. Since people want notebooks in this county, we could create a welcome kit with a notebook.
- VI. Previous Council Members
 - a. Peers could reach back out to previous members of the council and invite them back.
- VII. Incentives
 - a. We have gift cards to give away to council members.
 - b. We could use the gift cards as incentives, e.g. come to two meetings in a row to receive a gift card!
- VIII. Advocacy for People Leaving Jail
 - a. We could create a packet for people with a list of resources.
 - b. We could offer them our Narcan Bags.