

WINNEBAGO ROSC

MEETING MINUTES

LOCATION: Virtual - Zoom

DATE: 4/9/24

ATTENDEES: Erick Williams (Host- EDDR Foundation), Katie Healy (EDDR Foundation), Richard Springs (EDDR Foundation ROSC), Will Crandall (Live4Lali), Danny Sourbis (DuPage ROSC Region 2), Jarett Burton (DuPage ROSC Region 2), Ben Rudolph (Region 2 Technical Assistant Statewide ROSC), Johanna Gonzalez (IDHS SUPR), Maria Edith Vilchis (GRUPO LENGUAJE DEL CORAZON)

TIME: 10:00 am -11:00 am

AGENDA ITEMS

- I. Introductions: Name, Organization, how to stay in touch.
- II. Local News: There was a series of events in Rockford that led to two separate attacks in the community. Winnebago ROSC is recognizing the importance of mental health care and community services that can help those that are struggling.
- III. ROSC Overview: What is the ROSC and why it is important to the community? Mission: Building a collaborative community while recognizing multiple pathways to recovery. Vision: to be a resource to the community including persons in recovery, their families, and others.
- IV. Live4Lali: A community based approach to substance use and overdose awareness, advocacy, and access. Continuing to work on reducing stigma and making legislative changes.

Mission: work to reduce stigma and prevent substance use disorder among individuals, families, and communities, and minimize the overall health, legal, and social harms associated with substance use.

Vision: A world in which we prevent substance use disorder when we can and offer compassionate support to reduce harms among individuals, families, and communities when we cannot.
- V. Events: The Last Bash Dance was 3/30/24 from 6pm-10pm at EDDR with over 100 attendees to raise additional funds for the NA Convention that is in April. These events are also helping to raise awareness for ROSC. Life4Lali will be a sponsor for the upcoming Juneteenth event. EDDR and Live4Lali also hosted a hope summit. RRCNA 31 on April 12-14 at River Inn and Suites in Rockford and can register online or in person.

VI. Trainings: Monthly trainings are monthly and available on our YouTube channel with Dr. Sorrel.
Additional Trainings:

- A Trauma Informed Approach
 - o 2nd Thursday of the month from 4/11-6/13 2:30pm-4:00pm
 - o Virtual and 1.5 CEU for LSW/LCSW, LPC/LCPC (IAODAPCA included)
 - o These are not a series and are repeated monthly
- Overdose Education and Naloxone Training
 - o Thursday 4/11 1:00pm-2:30pm
 - o In person and 1.5 CEUs
- Assessment and Intervention Strategies for Children and Adolescents Struggling with School Refusal-School Avoidance
 - o Friday 4/19 9:00am-12:00pm
 - o In person and 3 CEUs
 - o This training is full but to be put on the waitlist email kdoherty@mc708.org

VII. Strategic Initiatives

Goal 1: Increase the involvement of family members and other natural supports in the Recovery process of loved ones

Goal 2: Decrease Stigma in the community

Goal 3: Housing

Goal 4: Employment

Goal 5: Transportation

Goal 6: Improve knowledge of recovery events in the community

Goal 7: Build Recovery programs alongside providers

Goal 8: Increase and Maintain ROSC Council

Goal 9: Establish Recovery Support Services for Winnebago County

VIII. Additional Topics consisted of discussing getting involved in drug courts and how ROSC can be a resource and alternative for individuals to become a part of the sobriety community.