



# BOUNCE BACK 2 LIFE RECOVERY NETWORK

## BB2L April 2024 ROSC MEETING

Call to Order by Apostle Carl White

Date: April 17, 2024

Time: 9:30 am – 11:00 am

Location: Lights of Zion, 11636 S Halsted, Chicago, IL

Attendance: Attached

### [MEETING AGENDA](#)

Introduction of Agencies/ Attendees- Apostle Carl White

Moderator- Pastor William Jenkins

Why ROSC is important..... Pastor William Jenkins

Introductions - Pastor William Jenkins

Speaker- Pastor William Fleshman  
Prevention and Early Intervention

Questions & Answer

Join the ROSC Movement..... Araina Mickens

MOUs.....Araina Mickens

Announcements & Upcoming Events

Complete our Survey

Next Meeting Date May 15, 2024

Lights of Zion Ministries, 11636 S. Halsted, Chicago, 60628



## **Meeting Minutes - BB2L ROSC Council**

*Date:* [April 17, 2024] *Time:* 9:30 am *Location:* 11636 S Halsted, Chicago, IL

### **Call to Order:**

- The meeting was called to order by Apostle Carl White.

### **Attendance Registration:**

- Attendees were requested to sign in if they had not already registered.

### **Welcome and Introductions:**

- Apostle White welcomed all attendees, introducing the purpose of the discussion.
- Apostle White invited each attendee to provide a brief introduction, highlighting their roles within the BB2L ROSC Council.

Pastor Jenkins gave a quick overview of the importance of ROSC Councils

## **Introduction of Pastor William Fleshman**

### **Summary of Prevention and Early Intervention:**

Pastor Fleshman educated the group today on early intervention. Early intervention can happen just about anywhere. You can find early intervention services at school, your primary care doctor's office, urgent care, the ER, or a mental health clinic. The goal of early intervention is to help you before substance misuse or a mild SUD gets worse or does more harm.

Early intervention can improve your health and ability to function normally from day to day. It can help keep you from moving from substance misuse to an SUD or prevent a mild or moderate SUD from becoming more severe. With early intervention, you may be able to improve your health and avoid the harms that often come with SUDs without the need for longer and more complex treatments at a clinic that specializes in treating SUDs.

Pastor Fleshman emphasized adolescents and adults who are at risk or showing signs of substance misuse or a mild SUD can benefit from early intervention. This includes people who binge drink. Binge drinkers are men who have consumed at least five drinks, or women who consumed at least four drinks, at one time in the last 30 days. Young people who binge drink may be at more risk for developing an SUD in the future.

Pastor Fleshman informed us that screening is the first step in early intervention. Current

recommendations say ideally, all adolescents and adults should undergo screening for substance use and possible misuse or SUD. Doctors have different tools they can use to screen for substance misuse or SUD. Pastor Fleshman underscored how crucial early intervention is, and the lives that can be saved by implementing these practices.

**Participant Opinions and Testimonies:**

- Attendees voices their thoughts and opinions on the matter. Most attendees agreed that everyone should be screened. Most people struggle in silence.

**Araina Mickens:**

- Invited people to become members of BB2L, highlighting the benefits of networking within the Recovery Community.

**Araina Mickens:**

- Introduced MOUs and underscored the importance of becoming a member.

**Upcoming Events:**

- BB2L Podcast, ROSC Networking Event.
- BB2L Media Blast for May and June, with each member requested to submit videos and pictures of all events.
- Each person was asked to complete the online survey.

**Meeting Adjourned:**The meeting was adjourned by Araina Mickens at 11:00 am.