



MERC Meeting Summary

9:00 a.m

May 16th, 2024

Participants :

- Alicia M-RCORP
- Angella H-ROSC
- Aysha T- PLE
- Beverly H- Region 5 TA ROSC
- Brent Cummins – Director of Adult Services-Chestnut Healthcare Systems
- Dan H – Assistant Director ROSC
- Danielle V – Chestnut Health systems
- Deb H – Madison Cnty 708 board
- Dusty H – Chestnut Health Systems OEND
- Elizabeth Mc- Chestnut Health Systems OEND
- Eli H -
- Elbert J – ISP
- Greg N – St. Clair County Probation
- Jason F - AMARE
- Jen N/F – Porchlight Collaborative
- Jennifer S – Centerstone
- Katie U – Egyptian Health
- Kelly J - NAMI
- Mark K – MERC ROSC
- Monique B – Bond County Recovery Council
- Naomi F – RCORP
- Paul F – Porchlight Colaborative
- Robyn R – TASC/Choices Deflection
- Stephanie E – Chestnut/Employment
- Tawana H – St. Clair Cnty Health Dept.
- TL W. – Community member
- Toni R – Bond county ROSC

Welcome and Introductions

- Welcome and please introduce yourself, your organization, and the role you play at your agency and new information concerning your agency.

Old Business

- The subcommittee is still focusing on gaining access to individuals by connecting H&I and by connecting individuals through pre-trial meetings. We will also be working to collaborate with HMA's Jail MAR programs. We are looking at how we can start accessing the county jails and look at what reentry programs are available for individuals and meeting their needs.
- Mark Knott and Tyron Hill are hosting weekly support meetings at Amare's Wood River location each Tuesday at 6:00 pm. They have also expanded into St Clair County with a 1-hour group at the IRC.
- Alida Barela from AMARE shared the progress they are making in the community in the role of outreach, early recovery coaching and some family counseling. Alida also shared her personal story of recovery and the challenges she has faced and how she has succeeded in meeting these challenges with the help of her recovery program.

New Business

This month Brent Cumings – Chestnut Healthcare – is updating the group on what has been going on at the Maryville site. Brent discussed the updated services that are available at the Maryville site. Service from detox (22 co-ed bed unit 3-5 day stay) to residential (16 bed residential for both male and female) 28 day stays addressing the continuum of care for mental health, physical health and treating the SUD. Now they are practicing Trauma informed care as well as Motivational Interviewing technics in the group/individual sessions. There has also been an expansion in the out patient counseling services including recovery support.

Big thank you to Brent for this presentation.

Announcements and upcoming events

- At the Edwardsville Library there are monthly Stigma conversations along with Narcan demonstrations which will continue to be held the 3rd wed of each month.
- Weekly Early recovery meeting Tuesdays at 6:30 pm at 144 E Ferguson in Wood River (Amare).

Wellness Moment

- Mark Knott – Chestnut Health Systems Community Health Specialist III

MERC Upcoming Zoom Meeting

June 20th,2024 at 9am

Next subcommittee meeting is June 11th,2024 @ 2pm

Metro East Recovery Council (MERC) Vision:

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

Recovery Oriented Systems of Care (ROSC) Mission:

Collaborating to build and empower communities of recovery.