

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Whitley Grayson
Coles County ROSC Recovery Coordinator, Dana Tell
Dial A Ride, Stephanie Burton
Hour House Prevention, Tia
Community Member, Sarah Miller - Zoom
Community Member Todd Brooks - Zoom
ROE #11 McKinney-Vento Liaison, Teresa Metzger- Zoom
SAIL, Brenda Ingle – Zoom
Illinois Department of Human Services, Adam Flack – Zoom
SIU School of Medicine/Center for Rural Health and Social Service Dev., Liesl Wingert-Zoom
West Central IL ROSC, Jeff McFadden – Zoom
Community Recovery Technical Assistance Specialist Region 4, Julie Pohlman - Zoom
Illinois Family Guidance Center Region 4, Kristin Davis – Zoom
Vermilion County ROSC, Wendy Lambert - Zoom
ROSC Region 4 Mentor, Jenna Hays – Zoom
Champaign County- Christine P
East Central Illinois ROSC Program Supervisor, Karen Cook – Zoom
Douglas County ROSC Coordinator, Leanna Morgan - Zoom
The Family Resource Center, Nancy Phillips – Zoom

Welcome and Introductions:

Dana thanked everyone for coming to the meeting. Dana then asked everyone around the table to introduce themselves. Whitley was the last to introduce herself at the table, then began calling on those on Zoom to introduce themselves.

Minutes and Agenda Approval:

Dana asked the Council to look over the minutes from last month that was most recently emailed out this morning and was printed for those physically present at the meeting. Todd Motioned, Stephanie Seconded. Dana asked the Council to look over the Agenda for this meeting that was most recently emailed this morning and was printed for those physically present at the meeting for approval. Tia Motioned and Stephanie seconded.

Guest Speaker:

After the approval of this meeting's Agenda, Dana asked Whitley if there was a guest speaker. Since the Coles County ROSC has decided they want to hear from a person in recovery each month to allow them to recover out loud, offer hope to those struggling, and to remind us why we meet each month to do what we do. Whitley explained that there was speaker confirmed to share his story today but he hasn't shown up. She suggested that we continue with the meeting and if he shows up, he can speak at that time. Several attending shook their head in agreement.

Navigator News:

Jail & Probation Update- Whitley told the Council that she hasn't had much change since she has been offering education groups weekly in the Coles County Jail for a few weeks now. Attendance has been better than she expected. Whitley will continue to assist in facilitating education groups at the Douglas County Jail when needed. She is holding weekly education groups at Probation, LifeLinks, The Haven, and Hope. She offers monthly education groups at the Mattoon Library and Charleston Library. May's education Group topic is Self-Care. June Groups will be Parenting After Addiction. Drug Court Graduation is May 16th, there will be 3 graduating the program.

Goal Status:

Facebook- Dana shared that the Facebook status is still excellent. She asked that people like our page, and share the posts that get posted to our page. Please share our page so other can like the page.

Committee for Documents- Dana told the council that we will be needing to go over our documents to make sure they are current. She asked for volunteers to do that. No additional volunteers said anything.

Activity Updates:

Safe Passage – Charleston Police Department is up and running. Mattoon Safe Passage Program is continuing to operate.

Narcan Distribution sites- We have 57 sites in Coles County. We continue to look for more places available to display Narcan, Fentanyl test strips, Xylazine Test Strips, and Detera Bags. As of now we don't have Narcan training scheduled in May.

Past Events:

Resource Fair at Lake Land College on April 19th. It was in the Field House. Dana said that she thought it went over the time scheduled because they had such a good attendance. This included many organizations from several counties around us. They provided food.

Veteran Deflection on April 24th in Chicago. Dana attended this event to share ideas at a round table discussion. This goes along with our Deflection group that is meeting to launch a deflection initiative in Coles and Douglas County.

Suicide Prevention and Alcohol Awareness Event- Dana reported that this was our ROSC Event for May. Amber Clark presented on this topic. She presented the S.A.V.E. training in addition to sharing why it was so important.

Upcoming events:

Parenting Tips and Resources—Dana shared that this will be our May event, on May 8th Cali Rice from Choices Pregnancy Center will give her presentation at Sarah Bush Lincoln Health Center in the educational center.

Kinship Raising Grandchildren –Dana shared that Nancy will be presenting on June 24th 6pm at the Sarah Bush Lincoln Health Center. Dana asked Nancy if she would like to share about the event. Nancy said this event would reunify children with their parents since that is the state's goal. Nancy said that there are things that the grandparents of Kin raising the children need to be aware of before reunification, so she will be talking about that. She will cover many things that people need to know on this journey.

Speak and Eat- Dana shared that this will be our ROSC Event for Thursday July 18th. We discussed this event last month. We have the Pavillion at Kiwanis Park 5-9pm, so we will have the event 6-8pm. This will give us an hour for the 2 speakers and an hour to eat. Legacy Roofing has Sponsored the food. The Pavilion has been reserved, and speakers confirmed.

Candlelight Vigil- In honor of National Overdose Awareness Month we will be holding our Candlelight Vigil at Family Worship Center in Charleston on August 29th at 7pm. The Church has been confirmed.

Proclamations- Dana told the Council that we will start preparing for the Recovery Month Proclamations in July. In August, the Mayors will sign them for September, which is Recovery Month. We plan to contact the Mayors in Mattoon, Charleston, Ashmore, Oakland, and new this year Humboldt and Lerna.

Hobby Fair- Dana told the Council we have reserved the LifeSpan Center on September 9th from 10-2pm. We have 25 tables to fill with Hobbyist.

October—Pop-up Narcan Sites—Dana told the Council that due to Drug Take Back Day being in October, we are going to try to schedule Pop-up Narcan displays, train people to use Narcan, share what Deterra Bags are for, and hopefully have Needle boxes.

November- 100 Homeless Bags- Dana told the Council that due to November being Homeless Awareness Month, we will make another 100 bags for people experiencing homelessness. Dana said that she has a lead on Toothbrushes and toothpaste from a local Dentist office.

Winter Clothing Drive—Dana told the Council that we will begin preparing in October to be preparing for and possibly starting the collection of winter clothes so that the drive can run through November and we can distribute them in December like last year. Tomoko is our connection with the Elks we partnered with the previous year.

Community Meetings- Dana mentioned the other community meetings. She encouraged others to attend the Interagency Meeting led by Ky Newsome, the Wellness Collaboration led by Laura Bollan, and the Citizens Against Child Abuse by Kristen Bertrand.

Community Events—Dana reminded the Council about the events mentioned in previous meetings: The SAIL resource Fair and Asked Brenda if she wanted to talk about that. Brenda explained that Clark County Resource fair went well but the School Districts didn't bring any of their students so she will be working the Charleston schools, the Mattoon Schools and the LIFT programs to have them bring students. Karen suggested to Brenda that she invite the Medicated Assisted Van from Springfield to come and set up. Kirsten said that Family Guidance Center has the van that could Whitney would be the one to contact. She shared the contact information with Brenda. Dana reminded the Council that the connections made at the meeting is why ROSC exist, we are about making those connection in our community. The River Run at Kickapoo State Park on Memorial Day Weekend. Dana asked if anyone else had anything. Karen said that we are wanting the Councils to become more of a problem-solving meeting and asked how the council thought that the Coles County ROSC could look more like a problem-solving initiative. She elaborated to ask what council members how we could come into the meeting talking about Barriers, what the council would like to talk about like Recovery Housing, Recovery support meetings, or Education at the meeting and identifying solutions. Sarah spoke about getting word out about our events, and sharing sober community events with our email list. She told the council about her experience working at JG-TC. She has also done work with Community Calendars. She encouraged us to share events of our Facebook page and have other agencies share our post. Dana asked her what she thought would be the most important events to share. Sarah said the events that are not held in Bars or at the wineries. She suggested the events held at Douglas Hart Nature Center, Lincoln Log Cabin, and like the movies held at the LifeSpan Center. Karen asked her besides Facebook how she feels would be best to get this information out to the public to families. Sarah answered that she when she worked in the English department she would take flyers around for events to the local schools. She said that she didn't know if that would work since this is the recovery community, and school was coming to an end. She also noted that the school year was coming to an end. She also noted the email list would be great but some people don't check email anymore. She asked if there was an option for texting. She said boosting on Facebook would be an additional way to get events seen. Whitley asked if that was possible. Karen explained how boosting Facebook post works. Leanna suggested the interactive calendar in Canva that can be updated by multiple council members. Sarah liked that idea and said that she is very familiar with Canva. Theresa suggested the Mattoon Chamber for services to advertise, Bub McCollough on the local radio to advertise, and WCIA electronic bulletin board. Dana recapped the discussion and asked if the goal was to find sober family friendly events at locations like Douglas Hart Nature Center, LifeSpan, EIU, LLC, Lincoln Log Cabin and then promote it to places like Cromwell Radio, the local Chambers, and WCIA? Sarah said her idea was to do that but now through discussions the ROSC events as well would be fabulous to promote all of them to the Radio, Chambers, WAND, WCIA, etc. Sarah said that she could come up with a media list to distribute these to. Dana informed her that we have a media list that we send our events to. We also take flyers with our newsletters to the 57 narcan locations. Dana said that we have room for improvement though and asked the council to share our events as well through social media avenues and physical locations. Dana shared her concerns about sharing someone else's event information to a community calendar and getting the information wrong, or not having information correct from the source where we found it. Sarah said that this was mainly for our ROSC Events. Dana then asked her besides posting our events to the Interagency group, and groups like moms helping moms, what's happening in Coles County and other like pages, where would she like to see them. Sarah gave the example if

Douglas Hart shared an event on Facebook we could share it on our facebook page but if we have an ROSC event that could be shared by a press release to the media and chambers. Dana shared with the council that we have written in our Budget for FY 2025 that we were going to join the Chamber and work with them in promoting our events. Sarah explained that sharing the flyer for Whitley's education groups to the Chamber, the Chamber could send it through their email list.

Next Meeting:

Time and Meeting Location: Our next meeting will be on June 3rd at noon at lifespan center or by Zoom at the same time.

<https://zoom.us/j/96781724024?pwd=b3hFWdV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963