

McLean County Recovery-Oriented Systems of Care (ROSC) Council Meeting Minutes

June 18th, 2024

Date: Tuesday, June 18, 2024

Time: 3:30 – 4:30 pm

Location: Zoom only

YouTube: <https://www.youtube.com/watch?v=EB7RC4romi4>

Agenda:

- Introductions of new ROSC members/attendees
- Community Resource Spotlights: Pride Month
- Council Discussion Topic: Changing Direction in ROSC Coalition Work for FY25
- McLean ROSC Updates
- Agency Updates & Wrap Up

Attendees

1. Barb Brumleve (McLean/Ford ROSC)
2. Cat Hays (McLean ROSC)
3. Kari Knapp (McLean ROSC/CCE)
4. Danny Sourbis (Dupage ROSC/Statewide ROSC)
5. Emily Hartley (Brightpoint)
6. Natasha Nunoo-Ponder (The Center for Human Services)
7. Jeffrey Ehrmentraut (McLean County CASA)
8. Ryan Faber (Mid Central Community Action)
9. Michelle Cope (Bloomington Public Library)
10. Andrea Kindseth (LIFE CIL)
11. Sandra Beecher (Gateway)
12. Daryl Pass (Kenneth Young Center)
13. Dorothy Davis (Brightpoint)
14. Joan Hartman (The Center for Human Services)
15. Amy Hopper (MCHD)
16. Abbie Lee (SOAR/SUPS)
17. Blake Worman (DuPage ROSC/Serenity House)
18. Colin Witt (CCE/Chestnut Health Systems)
19. Marianna Payne (Chestnut Health Systems/marketing)
20. Nolan Recker (CCE/Chestnut Health Systems)
21. Sonia Workman (The Center for Human Services)
22. Jonathan Baptist (Chestnut Health Systems/BN Parents)
23. Kami Garrison (Chestnut Health Systems/IL State ROSC TA Region 3)

24. Jeff McFadden (System of Care Coordinator/West Central Illinois ROSC)
25. Selena Nolan (Chestnut Health Systems)
26. Tim Mollet (A New Horizon/RCC)
27. Alex Giot (Community Member)
28. Doug Bernius (Heartland Community College/CRSS Program)
29. Elise Stewart (Parole Reentry Clinical Assessment Specialist)
30. Leslie Hanson (District 87)
31. Crystal Worth (TASC)
32. Neesha Stringfellow (Heartlife Ministries)
33. Zach Schimelpfenig (Community Member)
34. Emily Hartley (Brightpoint)

Community Resource Spotlight: Prairie Pride Coalition was unable to attend, please check out the resources below:



Council Discussion Topic: Pivot! Changing Direction in ROSC Coalition Work for FY25:

What is a Community Coalition?

CADCA's Definition: A "formal, voluntary arrangement for collaboration among groups or sectors of a community, in which each group retains its identity, but all agree to work together toward the common goal of a safe, healthy, and drug-free community."

We shared **McLean County ROSC Key Need Gaps Identified from FY24** and had key breakout room discussion questions to help identify the council's view on what is seen as needed.

- Safe and affordable supportive/recovery housing
- Community outreach into the rural McLean County areas

- Targeted outreach to underrepresented sectors to become involved with the ROSC council
- Development and implementation of more in-person sober social and community outreach/engagement events and activities
- Creation and distribution of more physical copies of ROSC literature in the community
- Exploration of ways to improve/increase local adolescent recovery supports and services
- Exploration and development of niche recovery/support groups
- Continuation of community outreach/engagement events to improve/increase community awareness and visibility of local recovery supports and services
- Development and implementation of educational/training opportunities

Breakout Room Questions:

1. Which community needs are still relevant?
2. How many of these community needs are something the McLean County ROSC Council can address?
3. How many direct services are activity-focused?
4. What is the role of the McLean County ROSC Council in addressing these needs?

Breakout Group #1:

- Safe affordable housing supports are needed to be successful
- Rural Community Outreach
- Importance of collaboration, we are all working toward the same goals
- Importance of education and training-using our council for specialties

Breakout Group #2:

- Food, Healthcare, Shelter
- Access to recovery services in rural areas
- Look for more recovery groups such as Smart and Dharma Recovery, 12 Step is not for everyone
- Collaborate with churches
- Narcan vending machines

Breakout Group #3:

- More SMART Recovery Groups-Training groups and more availability
- More Recovery Services, whether it be prevention, options for recovery groups for Youth

Breakout Group #4:

- More connections and collaboration
- Find underrepresented sectors and work on building relationships to collaborate

- Possible collaborations with Project OZ and Boys and Girls Club

McLean County ROSC Updates: First and foremost, we would like to thank each and every one of you for showing up, it means SO much!! So nice to see all your faces and all the new members! With that being said, we hope to see **you IN-PERSON at our next July ROSC council meeting at Bloomington Public Library (Community Room), Tuesday, July 16th at 3:30pm**

- **Rural McLean County Outreach**
 - The McLean County ROSC Team has assembled another round of **outreach bags**, 200 in total, majority for rural outreach before the end of the fiscal year. We will be including warm/hot weather items, resource info packets, and Narcan.
- **Partnership with Yoga Lab and Chestnut Health Center: Monday, June 24th, 6:30 to 7:30 at Chestnut Health Center:** Come join us for a night of Recovery Yoga...experience Yoga Lab!!
- **The Sober Social Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
 - We're excited to announce **the 4th Annual Family Night at Grady's event on Friday, June 21st, 2024 is right around the corner, and the Rain out date is Friday, June 28th, 2024-** (Currently all slots are full).
 - Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Sober Social Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
 - **ROSC Intro "101" Binders:** Binders are now ready. These are "ROSC 101" Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
 - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
 - **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.
- **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**

- If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.

- **If you Need Narcan:** Please contact **Kari Knapp (kknapp@chestnut.org)** for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained.



Agency Updates

- Michelle Cope gave an update that the Bloomington Public Library is fully open!! If you would like a tour of the beautiful library, please reach out to. PS...You'll have a chance to experience the space at our next in-person McLean County ROSC meeting!
- The next McLean County Reentry meeting is this Friday, June 21st at 1pm via: <https://us02web.zoom.us/j/87974576448?pwd=Vvd0VFBLbE1YUXdFMmRxOHpjaWo2dz09>

- Tim Mollet announced the RCC/A New Horizon Summer Fun Day is this Friday, June 21st from 1-3 at Withers Park, 204 E Washington St.
- Emily Hartley from Brightpoint gave an update for the Fatherhood Coalition's Child and Fishing Event at Miller Park this Saturday, June 22nd from 9-12pm. Also Pride in the Park at Miller Park.
- Partnership with Yoga Lab and Chestnut Health Center: Monday, June 24th, 6:30 to 7:30 and Friday, June 28th, 9-10am at Chestnut Health Center: Come join us for a night or day of Recovery Yoga...experience Yoga Lab!!

Next Meeting & Contact Info:

- **Next Meeting IN-PERSON (Hybrid available for zoom) – July 16th, 2024 @ 3:30-4:30 PM**
 - Meeting in-person: Bloomington Public Library Community Room (205 E. Olive Street Bloomington, IL)
 - Meeting virtually via Zoom (<https://zoom.us/j/3729798714>)
 - Meeting Code: 372 979 8714
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - Cat Hays, Recovery Specialist
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team
 - McLeanCountyROSC@gmail.com

Thank you for all your continued support...CONNECTION is the Key!!