

Ford County ROSC Council Meeting Minutes

Tuesday, June 25th, 2024, at 8:30 AM (Hybrid)

A special thank you to CRCC and the Health Department!! It was so nice to have a beautiful space for our first hybrid meeting...couldn't have done it without the CRCC and the health's dept's technology to allow a hybrid meeting. Thank you!

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Ford County ROSC, Chestnut

Kari Knapp (Chestnut Health Systems, Associate Director Community Health)

Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)

Jeanette Davis (Logan/Mason ROSC, Chestnut)

Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)

Del Saam (Veterans Court)

Tim Nuss (Ford County Board...and a little bit of everything else!! Thank you Tim)

David King (Carle)

Christine (Carle)

Tristan McGrew (AmeriCorp/Logan/Mason ROSC)

Sarah Hoover (GROW)

Carrie McKinzie (Gateway Foundation)

Abby Behrens (Brightpoint/Butterfly Project)

Melissa Johnson- (LifeCil- Comm Advocate)

Jeremy Darnell (Superintendent GCMS Schools)

Jeff McFadden (Bridgeway, ROSC Coordinator and Region 3 TA Mentor)

Odetta Hyatt-Watson (East Central Community Action Agency)

Agenda:

- Introductions
- Youth Engagement in ROSC
- June is Men's Mental Health Awareness Month

- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

Open Discussion – Let’s Talk...Youth Engagement in the ROSC

- **Is youth engagement a crucial component that is currently absent from the ROSC?**
- **What is your opinion on the significance of involving young people in the ROSC?**
- **What role(s) could you see youth play in the ROSC?**

*Odette noted that youth are an important component and there are different levels of understanding. What ages would we target? Focus on awareness and pro-active prevention. Rosecrance covers Ford County for youth prevention.

*Abby Behrens stated that Lincoln Memorial Hospital has a campaign focusing on youth and has started a mental health texting campaign. Very important to find out what the youth need, from the YOUTH.

*Kami has experience with a youth advisory council that met once a month for events for their school and was very successful.

*Tim Nuss noted that young adults were getting involved and really talking about their mental health during his time helping at All Awareness Day.

*Jeanette Davis explained data is showing the need for youth, we could offer youth training. Try to find youth that are passionate and have lived experience. We need their voice.

*Frankie brought up NAMI (National Alliance of Mental Health) on campus, we would like to explore.

*We were fortunate to have Jeremy Darnell (Superintendent of GCMS) at this meeting, Welcome! Jeremy stated there are always opportunities at schools, the greatest challenge is TIME. GCMS has hosted a mental health summit twice, they invited 22 schools, and it was hugely impactful. GCMS also has a school website that lists numerous resources. It is very important to give the youth a safe space to be heard and then TAKE ACTION. GCMS is always willing to partner and could see partnering with ROSC, maybe start by contacting school counselors, they know the kids impacted, maybe pull 3-4 students.

*A question was brought up about the “pan handle” in Ford County. Tim Nuss stated he represents the “pan handle”, and although no schools, we have churches that are very involved.

*Del Saam explained that IL Prairie Coalition has a Youth Engagement Philanthropy (ciyep.org). They receive \$10,000 and the youth decide what grants to write for and skills are taught through this process.

UPDATES/EVENTS: Ford ROSC is partnering with Logan/Mason ROSC to reduce Stigma-Our HOPE campaign! Coming soon...



STIGMA REDUCTION CAMPAIGN UPDATES

- Logo/Slogan: Reframing Recovery
- Developing specific content around:
 - Family
 - Education
 - Justice impacted
 - Community
 - Individual
- Campaign Timeline
- Next Steps

June is Men's Mental Health Awareness Month: We have created a Mental Health Resource flyer and will distribute throughout Ford County.

Men's Mental Health in the Industrial Workforce

- 60-70% of this workforce is made up of males.
- Research suggests that manufacturing workers are more likely to struggle with mental health concerns like substance use and suicidality.
- One study found that 24% of warehouse and transport workers said their job negatively affected their mental health, which is almost as many as those who said it negatively affected their physical health.

Free Mental Health Resources

Illinois Warm Line:
1-866-359-7953

- Free phone support for those being referred to substance use treatment, recovery education, self-management support, and referrals.
- Staffed by Certified Recovery Support Specialists (CRSS).
- Ask a CRSS how, when, and with whom to address substance use concerns by developing a plan, including medication, and whether a referral is necessary by a medical provider.
- Free, available 24/7, 365 days a year.

Are You Really Winning?
1-800-GAMBLER
For more info visit www.1800gambler.com

- Free, confidential, 24-hour, toll-free, nationwide helpline for problem gambling.
- Provides information on treatment options, support groups, and community-based organizations.
- Confidential, free, and available 24/7/365.

988:

- Suicide prevention and mental health crisis hotline.
- Access point to statewide community-based crisis resources and/or mobile crisis services (where available).
- Operated and managed by a certified crisis center with national training. An online chat service is also available for those who prefer text-based communication.
- Confidential, free, and available 24/7/365.

SAMHSA's National Helpline:
1-800-662-HELP (4373)

- For individuals and family members having mental and/or substance use disorders.
- Provides referrals to local treatment facilities, support groups, and community-based organizations.
- Confidential, free, and available 24/7/365.

WAR WOV - Illinois Helpline:
1-833-2FINDHELP

- Helpline on demand for individuals seeking support for war and disaster (24/7/365) available 24/7/365.
- Connected to a 988 Identification Qualified Helpline for mental health and counseling services for military and community members in 20 states including emergency services and home inclusion medications.
- WAR WOV team manages and helps clients with transportation to and from treatment.
- Helpline on demand 24/7/365 (24/7/365) 24/7/365.

Ford Co ROSC Virtual Resource Guide

Agency Updates:

Tim Nuss shared that the Ford County Board meets the 2nd Monday of every month at 7pm in the basement of the sheriff's office. Also, this Friday, June 28th at 3:30pm in the Robert's Gym we will be giving away free produce. They are always looking for volunteers and they currently work with the Mennonite School of Nursing.

Abby from Butterfly Project explained that Ford County does not have a wait list and wants to share what they do. Abby noted that if you know anyone, 0-18 years old, that is experiencing domestic violence please reach out. They are based in Bloomington but serve Ford County and they will come to you.

Christine from Carle shared that she LOVES the stigma campaign. She explained that Champaign County does not have a ROSC and she will support other ROSCs. Christine also wanted to thank Jeff McFadden for his video, Thank you Narcan.

Upcoming Training:

<p>Tuesday, July 16th 12:00-1:00 pm</p>	<p>Youth Problem Gambling: An Emerging Concern in a Changing Landscape Presented by Alison Donoho and Emma Bowen, this training will cover gambling and its effects on youth. The gambling landscape has evolved drastically in the last decade, making teens increasingly susceptible to its harms. This session aims to redefine gambling, explore its changing dynamics, discuss its prevalence among youth, identify warning signs and impacts, and outline adult interventions to assist.</p>	<p>1 Categories: Counselor II, Preventionist II, CARS II, CODP I or II, PCOC I or II, CCJP II, CRSS I or II, CPRS I or II, MAATP II, CFPF II, CVSS II</p>	<p>UPCOMING TRAINING OPPORTUNITIES</p> <p>https://www.coalitionsupport.org/trainings.</p>
<p>Wednesday, August 14th 12:00-1:00 pm</p>	<p>Stigma, Substance Use, and Mental Health: The Impact on Youth Presented by Valerie Rasche, this training will address the vulnerability of young people to stigma, defining its harmful effects caused by labels and discrimination. It discusses how stigma can deter youths from seeking help for substance use and mental health issues and offers evidence-based strategies to combat stigma.</p>	<p>1 Categories: Counselor I or II, Preventionist I or II, CARS I or II, CODP I or II, PCOC II, CCJP II, CAAP I, CRSS I or II, CPRS I or II, MAATP I or II, ATE, CFPF II, CVSS II</p>	
<p>Wednesday, September 18th 12:00-1:00 pm</p>	<p>Engaging Community Members to Support Prevention and Recovery Presented by Kari Knapp and Cheymy Evans-Gondek, this training will explore engagement strategies using the Strategic Prevention Framework (SPF) model, emphasizing community support for substance use disorder (SUD) prevention and recovery efforts. Attendees will learn how systemic change occurs within communities, explore community needs assessment processes, build capacity for recovery support, engage hard-to-reach sectors, and discuss practical applications and next steps.</p>	<p>1 Categories: Counselor I or II, Preventionist I or II, CARS I or II, CODP I or II, PCOC II, CCJP II, CAAP I, CRSS I or II, CPRS I or II, MAATP I or II, CFPF II, CVSS II</p>	

We hope to see all of you on July 23rd via zoom, 8:30 AM.

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

CONTACT & SOCIAL MEDIA


[FordCountyRecovers-a-ROSC-Community](#)


[FordCountyROSC](#)


[FordCountyROSC-YouTube](#)



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