Ford County ROSC Council Meeting Minutes

Tuesday, June 25th, 2024, at 8:30 AM (Hybrid)

A special thank you to CRCC and the Health Department!! It was so nice to have a beautiful space for our first hybrid meeting...couldn't have done it without the CRCC and the health's dept's technology to allow a hybrid meeting. Thank you!

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Ford County ROSC, Chestnut

Kari Knapp (Chestnut Health Systems, Associate Director Community Health)

Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)

Jeanette Davis (Logan/Mason ROSC, Chestnut)

Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)

Del Saam (Veterans Court)

Tim Nuss (Ford County Board...and a little bit of everything else!! Thank you Tim)

David King (Carle)

Christine (Carle)

Tristan McGrew (AmeriCorp/Logan/Mason ROSC)

Sarah Hoover (GROW)

Carrie McKinzie (Gateway Foundation)

Abby Behrens (Brightpoint/Butterfly Project)

Melissa Johnson- (LifeCil- Comm Advocate)

Jeremy Darnell (Superintendent GCMS Schools)

Jeff McFadden (Bridgeway, ROSC Coordinator and Region 3 TA Mentor)

Odette Hyatt-Watson (East Central Community Action Agency)

Agenda:

- Introductions
- Youth Engagement in ROSC
- June is Men's Mental Health Awareness Month

- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

Open Discussion – Let's Talk...Youth Engagement in the ROSC

- Is youth engagement a crucial component that is currently absent from the ROSC?
- What is your opinion on the significance of involving young people in the ROSC?
- What role(s) could you see youth play in the ROSC?
- *Odette noted that youth are an important component and there are different levels of understanding. What ages would we target? Focus on awareness and pro-active prevention. Rosecrance covers Ford County for youth prevention.
- *Abby Behrens stated that Lincoln Memorial Hospital has a campaign focusing on youth and has started a mental health texting campaign. Very important to find out what the youth need, from the YOUTH.
- *Kami has experience with a youth advisory council that met once a month for events for their school and was very successful.
- *Tim Nuss noted that young adults were getting involved and really talking about their mental health during his time helping at All Awareness Day.
- *Jeanette Davis explained data is showing the need for youth, we could offer youth training. Try to find youth that are passionate and have lived experience. We need their voice.
- *Frankie brought up NAMI (National Alliance of Mental Health) on campus, we would like to explore.
- *We were fortunate to have Jeremy Darnell (Superintendent of GCMS) at this meeting, Welcome! Jeremy stated there are always opportunities at schools, the greatest challenge is TIME. GCMS has hosted a mental health summit twice, they invited 22 schools, and it was hugely impactful. GCMS also has a school website that lists numerous resources. It is very important to give the youth a safe space to be heard and then TAKE ACTION. GCMS is always willing to partner and could see partnering with ROSC, maybe start by contacting school counselors, they know the kids impacted, maybe pull 3-4 students.
- *A question was brought up about the "pan handle" in Ford County. Tim Nuss stated he represents the "pan handle", and although no schools, we have churches that are very involved.
- *Del Saam explained that IL Prairie Coalition has a Youth Engagement Philanthropy (ciyep.org). They receive \$10,000 and the youth decide what grants to write for and skills are taught through this process.

<u>UPDATES/EVENTS:</u> Ford ROSC is partnering with Logan/Mason ROSC to reduce Stigma-Our HOPE campaign! Coming soon...



June is Men's Mental Health Awareness Month: We have created a Mental Health Resource flyer and will distribute throughout Ford County.



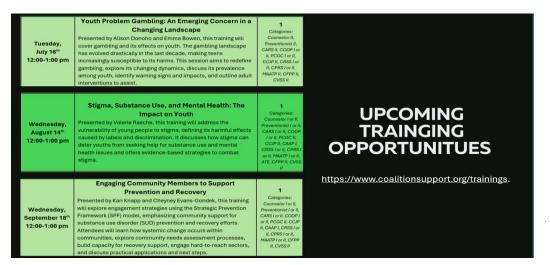
Agency Updates:

Tim Nuss shared that the Ford County Board meets the 2nd Monday of every month at 7pm in the basement of the sheriff's office. Also, this Friday, June 28th at 3:30pm in the Robert's Gym we will be giving away free produce. They are always looking for volunteers and they currently work with the Mennonite School of Nursing.

Abby from Butterfly Project explained that Ford County does not have a wait list and wants to share what they do. Abby noted that if you know anyone, 0-18 years old, that is experiencing domestic violence please reach out. They are based in Bloomington but serve Ford County and they will come to you.

Christine from Carle shared that she LOVES the stigma campaign. She explained that Champaign County does not have a ROSC and she will support other ROSCs. Christine also wanted to thank Jeff McFadden for his video, Thank you Narcan.

Upcoming Training:



We hope to see all of you on July 23rd via zoom, 8:30 AM.

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

