

## Effingham County ROSC Council Meeting Minutes 6.17.2024

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Date: Monday, June 17<sup>th</sup>, 2024

Time: 1:00-2:00pm

Location: 104 Blohm Ave, Effingham, IL & Zoom

Attendees:

**Zoom:** Carrie McKinzie (Gateway Foundation), Maria & Kelly (Effingham Public Library), Meghan Rewers (Director of Crisis Nursery)

**In person:** Olivia Jenkins (Hour House Prevention program facilitator), Felicia Depoister (ROSC Recovery Navigator), Kat O'Brian (Gateway Foundation- Warm Handoff Program), Christina Isley (SIHF Healthcare), Beth Wise (Effingham County Health Department), Kristin Davis (Family Guidance Center), Jansen Morrison & Ken Sterner (Illinois Drug Task Force), Julie Pohlman (ROSC Region 4 TA), Samantha Weidner (Effingham/Clay County Health Department,) Samantha Hicks (Effingham Co ROSC Coordinator)

Secretary: Olivia Jenkins

### Minutes

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#### Introductions

Council meeting attendees introduced themselves and agencies they represent or reason for being present.

#### ROSC Coordinator/Recovery Navigator update

- **FY25 starts July 1<sup>st</sup>**
  - Samantha H. stated she will be compiling updated county information to put into our needs assessment, resource guide, strategic plan, and communication and outreach plan due to the state within the deliverable due date time periods. Samantha H. thanks Ken Sterner for always sending her needed data for our county!
- **FY24 Accomplishments sheet**
  - SO MUCH accomplished in FY24! Way to go, Council! Samantha H. passed around the accomplishment flyer so Council could view.
- **Recovery Nav – Felicia Depoister, CPRS**
  - Felicia explained what CPRS is (Certified Peer Recovery Specialist) and said that she is taking her exam soon – YAY FELICIA! This is an Illinois Certification Board certification which requires a person with lived experience with addiction to be qualified for such certification.

#### Opioid Settlement Funds

- **SMART Recovery training**

- We are still looking for volunteers for Professional or Facilitator training
  - Beth Wise has 3 (possibly 4) staff members interested! Sam will coordinate with Beth to obtain their information to get them registered for the training.
- **Fentanyl/Xylazine test kits**
  - Tests are being taken out of the Rosie Narcan box. Samantha fills the box with 12 kits each time. Samantha mentioned possibly giving these test kits to HSHS since xylazine causes such large, deteriorating wounds. Samantha will reach out to Ashley Dillingham at HSHS.
- **Youth and Adult Resource Bags**
  - Volunteers needed to stuff youth resource bags, date and time to be announced.
  - Where can these bags go?
    - Samantha stated she'd like to see them distributed in the smaller communities surrounding Effingham
    - Beth Wise with the CARITAS connection- Samantha will reach out to connections given to her—Jen Hoene, Mary Sloan, Caitlin Joy.
    - Youth bags to schools in the fall
    - Adult resource bags that include hygiene items & winter clothing and other winter items (hand warmers, blanket, etc.)—Road to Redemption under the Edgewood Full Gospel Church
    - Olivia Jenkins planning a potential New Hope Youth summer back to school event, resources could go out at that event (possible table set up)
    - Who does Blessing in a Backpack ministry? Could resources go into those backpacks?
      - Amanda Shamhart at New Hope Church coordinates – Olivia Jenkins will discuss with her

### **PLE Committee Updates**

- August event – Candlelight Vigil (see flyer) – August 31<sup>st</sup> at Bliss Park from 6-8:30pm. Candles provided along with refreshments. Please share flyer on social media and other physical locations!
- September event – S'more Recovery (see flyer) – September 14<sup>th</sup> @ Edgewood American Legion at 5pm. S'mores provided. PLE committee working on hot dogs and other snack donations. Two speakers from various fellowships will share their experience, strength, and hope. Location has horse shoes, fishing pond, playground equipment for kids, and a basketball hoop.
- Next PLE meeting: Tuesday, June 25<sup>th</sup> @ 3:30pm & Tuesday, July 30<sup>th</sup> @ 3:30pm at 104 Blohm Ave in Effingham.

### **What are some community events ROSC could be a part of or attending this summer/fall/winter?**

- Trick or Treat Street – October 26<sup>th</sup> 3-5pm.
- Samantha W. mentioned the Ramblin' Rose bus and getting their schedule to ask them if ROSC could take along
- Beecher City Corn Fest July 19-21<sup>st</sup>- Samantha H. will reach out to Sarah Haslett- the chair of the Corn Festival

### Upcoming events

Summer laundry days!! Local organizations have offered to fund, THANK YOU!

- June 26<sup>th</sup> at The Laundry Basket (private donor month)
  - July 24<sup>th</sup> at Becker's Wash-N-Dry in Altamont (Hour House, ROSC)
  - August 21<sup>st</sup> at The Laundry Basket (Heart of the Holler donation)
  - September TBD, sponsored by Dr. Marilyn Frey PhD, Prey Psychology Center
  - October TBD, sponsored by New Hope Church of Effingham
- Looking for November-December 2024 sponsorships! Then we will start looking into the year 2025!

Next ROSC Council Meeting Date: **Monday, July 15<sup>th</sup>, 2024 @ 1:00 pm**

Location: **104 Blohm Ave in Effingham & Zoom**

Next PLE Meeting Date: **Tuesday, June 25<sup>th</sup>, 2024 @ 3:30pm & Tuesday, July 30<sup>th</sup> at 3:30pm (in person only- 104 Blohm Ave in Effingham**

Where to find past meeting minutes:



Effingham County ROSC Facebook page:



Contacts:

Effingham County ROSC Coordinator; 217-663-0823

*Samantha Hicks* -[samanthah@hourhouserecovery.org](mailto:samanthah@hourhouserecovery.org)

Effingham County ROSC Navigator; 217-690-3773

*Felicia Depoister* – [feliciad@hourhouserecovery.org](mailto:feliciad@hourhouserecovery.org)

## PLE Committee Meeting Minutes 6.25.24

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Date: Tuesday, June 25<sup>th</sup>, 2024

Time: 3:30pm

Location: 104 Blohm Ave, Effingham, IL

Attendees: Felicia Depoister, Samantha Hicks, Katy Houser

- August Candlelight Vigil (see attachment)
  - Date: Saturday, August 31<sup>st</sup>, 6-8:30pm
  - Location- Bliss Park, Effingham
    - Permit obtained for event
  - Photo discussion
    - ROSC will have to wait to for the new FY25 budget to see if we can purchase items for the event such as photo paper, clothes clips, etc. Sam has a corkboard for photos if people bring them to the event and also do what we did last year if we have to.
  - Any other updates?
    - Felicia asked about the food and whether we should keep it simple. Sam stated yes- we have cupcakes from Homemade Happiness Baked Goods, drinks from Sweet Tea and Jesus, and snacks from Edgewood Full Gospel CR. ROSC can bring water, ice, and coolers.
    - Katy suggested speakers again- Felicia and Katy will reach out to Adam S. and Sandra.
    - Felicia mentioned a contact that came last year- Dondi Clay. She thinks she has a “Better Together” campaign for reducing stigma in St. Louis. Felicia suggested reaching out to her as she mentioned t-shirts last year.
  - Distribute and share flyer!
    - Please share on social media and in physical locations
- September Smores Recovery Panel (see attachment)
  - Date: Saturday, September 14<sup>th</sup>, 5pm
  - Edgewood Legion Lake
    - Toby got the banner donated by Pepsi for this event
  - Places to ask to donate food
    - Felicia suggested going with hot dogs instead. She has a \$20 gift card from IGA which could cover buns. Sam will reach out to her contact at Save-a-Lot & ALDI for smores stuff and hot dogs. She will also reach out to her contact at Hershey for the chocolate.
- Faith-based community flyer

- Felicia stated she would like Edgewood Full Gospel to participate in this Recovery congregation certification but needs for information to bring to her church board.

Next PLE meeting: Tuesday, July 30<sup>th</sup> @ 3:30pm at 104 Blohm Ave in Effingham.