Coles County ROSC Meeting Minutes

June 3, 2024 Noon LifeSpan Center Hybrid

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Whitley Grayson Coles County ROSC Recovery Coordinator, Dana Tell Community Recovery Technical Assistance Specialist Region 4, Julie Pohlman Community Member, Kevin M. Community Member, George T. Wingman Ministries, Gary Stephen Community School District #2, Kris Maleske - Zoom **Gateway Foundation, Roberta Hinman-Zoom** The Haven, Chris Davis - Zoom Douglas County ROSC, Leanna Morgan - Zoom Administrative Office of Court Services, Lynn Moore- Zoom ROE #11 McKinney-Vento Liaison, Teresa Metzger- Zoom SAIL, Brenda Ingle - Zoom Prevention Integration Center Region 4, Kristin Davis – Zoom The Family Resource Center, Nancy Phillips - Zoom Danville VA, Amber Clark - Zoom

Welcome and Introductions:

Dana thanked everyone for coming to the meeting. She noted many new faces and a few familiar faces we haven't seen at a meeting in a while. She said that she will try to explain why we do what we do at our meeting today. She reminded everyone that we need to be punctual since the Council has chosen to have the Meeting here due to the fact that we have the option of transportation from many of the Zipline pickup points in Mattoon and Charleston after 11am that arrive at noon and after our meeting Council members can return home by catching the bus downstairs and arriving back at their bus stops before 1pm. Dana then asked everyone around the table to introduce themselves. Whitley was the last to introduce herself at the table, then began calling on those on Zoom to introduce themselves.

Minutes and Agenda Approval:

Dana told the council that we did not have the meeting minutes from the last meeting but please look over the agenda for today's meeting. Whitley shared the agenda over Zoom so everyone could see it. Gary made a motion to approve the Agenda. George made a second to approve the Agenda.

Guest Speaker:

After approving the meeting agenda, Dana asked Whitley if there was a guest speaker. Since the Coles County ROSC has decided that they want to hear from a person in recovery each month to allow them to "recover out loud," offer hope to those struggling, and remind everyone why they meet each month, Whitley said that Kevin was going to share his story. Kevin then shared his story, citing the Hour House, recovery groups, and Drug Court as instrumental in his recovery. He emphasized that he wanted people to know that recovery is possible.

Navigator News:

Jail & Probation Update- Whitley informed the Council that there hasn't been much change since she started offering weekly education groups at the Coles County Jail a few weeks ago. Attendance has been better than expected. Whitley will continue to help facilitate education groups at the Douglas County Jail as needed. She holds weekly education groups at Probation, LifeLinks, The Haven, and Hope. Additionally, she offers monthly education groups at the Mattoon Library and Charleston Library. The June education groups will focus on "Parenting After Addiction."

Goal Status:

Facebook- Dana shared that the Facebook status is still Excellent. She asked people like our page, share the posts that get posted to our page to either their personal pages or company pages. Please share our page so other can like the page.

Committee for Documents- Dana told the council that the committee has the documents to review and will be meeting soon to go over them. They will then be presented to the council for approval.

Activity Updates:

Safe Passage – Charleston Police Department is up and running. Mattoon Safe Passage Program is continuing to operate.

Narcan Distribution sites- We have 63 sites in Coles County. We continue to look for more places available to display Narcan, Fentanyl test strips, Xylazine Test Strips, and Deterra Bags. Most of our sites have all of these. As of now we don't have Narcan training scheduled in June. **Drug Court Graduation**- This was May 16th and we had 3 graduates. Dana thanked the council members who contributed to the gift bags for the Graduates.

Past Events:

Parenting Tips and Resources – Dana shared that this was our May event. On May 8th Cali Rice shares tips and resources at Sarah Bush Lincoln Health Center in the educational Center.

Upcoming events:

Kinship Raising Grandchildren – Dana shared that Nancy will present on June 24th at 6 pm at the Sarah Bush Lincoln Health Center. Dana asked Nancy if she would like to share about the event. Nancy asked about the Hidden in Plain Sight Event happening that Evening. Dana said that this would be in addition to her speaking and that the event should stay in the advertised 1-hour time slot. Nancy said she would discuss reunifying children with their parents since that is the state's goal. Nancy said that there are things that the grandparents of Kin raising the children

need to be aware of before reunification so that she will be talking about that. She will cover many things that people need to know on this journey.

Speak and Eat- Dana mentioned that our ROSC event will take place on Thursday, July 18th. We discussed this event last month and have reserved the Pavilion at Kiwanis Park from 5-9 p.m. The event will run from 6-8 p.m., allowing one hour for speakers and one hour for dining. The food has been sponsored by Legacy Roofing, the Pavilion has been reserved, and speakers have been confirmed.

Candlelight Vigil- In honor of National Overdose Awareness Day (Aug 31st) we will be holding our Candlelight Vigil at Family Worship Center in Charleston on August 29th at 7pm. The Church has been confirmed. Gary will be the MC. A Guest Speaker has not been confirmed.

Proclamations- Dana told the Council that we will start preparing for the Proclamations in July. In August, the Mayors will sign them for September, which is Recovery Month. We plan to contact the Mayors in Mattoon, Charleston, Ashmore, Oakland, and new this year Humboldt and Lerna. Dana said it is also possible to get the Chair of the County Board to sign a proclamation this year.

Hobby Fair- Dana told the Council we have reserved the LifeSpan Center on September 9th from 10-2pm. We have 25 tables to fill with Hobbyist.

October—Pop-up Narcan Sites—Dana told the Council that due to Drug Take Back Day being in October, we are going to try to schedule Pop-up Narcan displays, train people to use Narcan, share what Deterra Bags are for, and hopefully have Needle boxes.

November- 100 Homeless Bags- Dana told the Council that due to November being Homeless Awareness Month, we will make another 100 bags for people experiencing homelessness. Dana said these bags will go to places like the homeless shelter, police Departments, Wingman Ministries, Resurrection Point and the Mission House.

Winter Clothing Drive—Dana told the Council that we will begin preparing in October to be preparing for and possibly starting the collection of winter clothes so that the drive can run through November and we can distribute them in December like last year. Tomoko is our connection with the Elks in Charleston, where we partnered with the previous year.

Community Meetings- Dana mentioned the other community meetings. She encouraged others to attend the Interagency Meeting led by Ky Newsome, the Wellness Collaboration led by Laura Bollan, and the Citizens Against Child Abuse by Kim White.

Community Events—Dana reminded the Council about the Drug Court Project that we are promoting. The project is called "Socks for Detox," they are collecting Socks at the Probation Office, First Presbyterian Church in Charleston, and the Mattoon and Charleston Police Departments. Dana asked Brenda if she would like to discuss the SAIL resource fair. Brenda explained that she works with the local schools, so they bring students to the resource fair. Dana reminded the Council that the connections made at the meeting are why ROSC exists; we are about making those connections in our community. Dana said we had 5 minutes left to the end

of the meeting, and if no one had anything else to share, we would end the meeting. She thanked everyone for coming again.

Next Meeting:

Time and Meeting Location: Our next meeting will be on July 1st at noon at lifespan center or by Zoom at the same time.

https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09 Meeting ID: 967 8172 4024 Passcode: 611963