

Logan/Mason ROSC Meeting Notes

June 20th, 2024

Attendance:

Derek Brawner (Health Alliance Medical Plans)
Kara Davis (Logan County Department of Public Health)
Kendra Jo Day (Memorial Behavioral Health)
Jeff DeLaughter (Sunrise Fellowship Pastor)
Kami Garrison (Chestnut Health Systems)
Carrie Henry (Fulton-Mason Crisis Service)
Amy Hopper (McLean County Health Department)
Grace Irvin (Chestnut Health Systems)
Carmen Lanham (Family Guidance Center- Springfield)
Molly McCain (Lincoln Memorial Hospital)
Brysen McFadden (Oxford House)
Jeff McFadden (Bridgeway ROSC)
Tristan McGrew (Recovery Corps/Chestnut Health Systems)
Chloe Reim (Memorial Health)
Marie Riley (Sangamon County Department of Public Health)
Kim Turner (Logan County Probation)
Dominic Valenti (Chestnut Health Systems)
Frankie Ward (Chestnut Health Systems)
Naomi Willis (Gateway Foundation)
Colin Witt (Chestnut Health Systems)
Blake Worman (DuPage County ROSC)

Old Business:

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC, is to create an infrastructure, a “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.

New Business:

- The Logan/Mason ROSC have been hosting a resource table at the Third Fridays in Lincoln, First Fridays in Havana, and Second Fridays in Mount Pulaski. Over 20 boxes of naloxone and testing strips have been handed out at the events. The ROSC has been doing Third Fridays in Lincoln in the past but have added First Fridays in Havana and Second Fridays in Mount Pulaski.
- The difference between a ROSC (Recovery-Oriented Systems of Care) and an RCO (Recovery Community Organization) is that RCOs focus on the reality of long-term recovery from addictions to alcohol and other drugs. RCOs are created by people in personal and/or family recovery in response to unmet needs in their communities. Often, they exist as voluntary advocacy and service organizations for some time before they have funding to support their activities on a more formal basis. A ROSC is there to help support an RCO.
- The Recovery Ready Ecosystem graphic shows that the individual and intrapersonal level, community level, institutional level, and policy level all work together.
- The breakout rooms were conducted to discuss the difference between a ROSC and an RCO. The questions discussed were: What did you learn you didn't know? Will anything you learned change how you engage in recovery work? What ideas/suggestions come to mind to further our work in recovery?
- The Recovery in Action group is putting together resource bags for people incarcerated and coming out to the communities. These bags are giving them some of the tools they need to once they come out of the jails.

Reminders/Recovery Resources:

- The Logan/Mason ROSC has updated flyers and cards. There are two new Veterans meetings starting, which are now on the updated cards. The meetings are called "Operation Veteran Social" (Veteran's Peer Support group) and "Never Alone" (Veteran's Recovery Group). These are at the printers and will be handed out to everyone. The Operation Veteran Social group has been moved to the first and third Wednesdays instead of the first and third Mondays.

On-Going Projects:

- The Family Custom Cleaners in Lincoln has a harm reduction vending machine. As of March, 688 naloxone, 687 fentanyl test strips, 517 xylazine test strips, and 115 benzo test strips were distributed from the vending machine. The Logan County Department of Public Health has fentanyl and xylazine test strips, as well as a drug drop disposal box. The Mount Pulaski Library has naloxone, fentanyl test strips, and xylazine test strips available. The Logan County Jail lobby and restrooms at the courthouse have naloxone available.
- In Mason County, the Havana Public Library has naloxone, fentanyl, and xylazine test strips. The Mason County Health Department has naloxone and fentanyl test strips.
- Tristan McGrew has been working on getting harm reduction materials in Bath and Kilbourne as well. In Kilbourne, harm reduction materials are available at Mad Jack's. The public library in Manito is in the process of having a harm reduction materials table set up.

Upcoming Events:

- The Recovery in Action group's next meeting is July 9th at 4:30 p.m. at 200 5th St. in Lincoln.
- The Recovery in Action group is working on the Summary Recovery Jam that will happen on July 13th from 11:00 a.m. – 3:00 p.m. There will be an opening speaker and a closing speaker, food, and outdoor games, resource tables, raffles, and music. You can bring your family and friends.
- Lincoln Memorial Hospital is hosting a Trauma-Informed Care Training on June 20th from 4:00 p.m. – 6:00 p.m. If you are unable to join on June 20th, there will be a virtual training on July 18th from 10:00 a.m. – 12:00 p.m. If you need the link to the training, let Molly McCain know.
- The Logan/Mason ROSC is hosting a movie night (Inside Out 2). The first 65 people are going to get in free. The movie event will be at the Arlee Theater in Mason City on June 29th at 7:00 p.m. Feel free to bring friends and family. The Logan/Mason ROSC is currently working on setting up a date for the movie event to take place in Lincoln.
- The Logan/Mason ROSC will be having a table at the First Fridays in Havana on July 5th, Second Fridays in Mount Pulaski on July 12th, and Third Fridays in Lincoln on July 19th.

Additional Feedback/Upcoming Events:

- Kim Turner mentioned that Hope on 5th is having their first fundraiser on July 26th. There is a signup sheet for those interested in attending the fundraiser.
- Brysen McFadden mentioned that Oxford House has the opportunity to open the 100th Oxford House recovery home in Illinois. This will be open by the end of this month. The Open House Event will be on July 10th from 1:00 p.m. – 6:00 p.m. Anyone who wants to show support, feel free to join the event.
- Jeff DeLaughter mentioned that Jolt Harm Reduction, the RCO, has a recovery café. They have invited a celebrity comedian to do two shows on August 14th and August 16th at the location in Peoria.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, July 18th at 2:00 p.m.

- This meeting will be hybrid. The Logan/Mason ROSC is working on a location to meet. Look out for an email that will have a location. There will still be a Zoom option available.
- Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
- Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:00 p.m.