Coles County ROSC Meeting Minutes

July 1, 2024 Noon LifeSpan Center Hybrid

#### Minutes

### **Attendance and Introductions**

Coles County ROSC Recovery Navigator, Whitley Grayson
Coles County ROSC Recovery Coordinator, Dana Tell
Wingman Ministries, Gary Stephen
Prevention Integration Center Region 4, Kristin Davis
The Family Resource Center, Nancy Phillips
Community Member, Laura G.
Community Member, Todd Brooks
Dial A Ride, Stephanie Burton
Douglas County ROSC, Leanna Morgan – Zoom
Illinois Department of Human Services, Adam Flack – Zoom
West Central IL ROSC, Jeff McFadden – Zoom
Statewide ROSC, Johanna Gonzalez- Zoom
Veterans Affairs, Amber Clark- Zoom
Oxford House, Brycen McFadden- Zoom

#### **Welcome and Introductions:**

Dana thanked everyone for coming to the meeting. She noted that the projection wasn't working so we will have the meeting without it. She also noted that the agenda wasn't printed for those in attendance because the internet went down in the office this morning. The comment was made that other places in the area also had issues with internet

She reminded everyone that we need to be punctual since the Council has chosen to have the Meeting here due to the fact that we have the option of transportation from many of the Zipline pickup points in Mattoon and Charleston. Dana then asked everyone around the table to introduce themselves. Whitley was the last to introduce herself at the table, then began calling on those on Zoom to introduce themselves.

#### **Minutes and Agenda Approval:**

Dana asked the Council to look at the minutes from May and June. Whitley put them on the screen for those attending by Zoom. Dana Asked for a motion to approve May's Minutes. Stephanie motioned and Nancy Seconded. Dana asked for a motion to approve June's Minutes. Stephanie motioned and Nancy Seconded. Dana asked for a motion to approve the Agenda for today's meeting. Stephanie motioned and Todd seconded.

#### **Guest Speaker:**

After approving the meeting agenda, Dana explained to the council that previously the council decided to have a guest speaker each month to allow people to recover out loud, offer hope to those struggling, and remind the council why we do what we do each month. Dana then asked Whitley if we have a speaker for this meeting. Whitley then Introduced, She gave her recovery story. She was optimistic about the resources in Coles County that assisted her in her recovery.

## **Navigator News:**

Jail & Probation Update- Whitley informed the Council that there hasn't been much change since she started offering weekly education groups at the Coles County Jail a few months ago. Attendance has been flucuating since it depends on if the inmates see the light on the screen that pops up when she is there. She has been seeing the same people each week she has been there. Whitley will continue to help facilitate education groups at the Douglas County Jail as needed. She holds weekly education groups at Probation, LifeLinks, The Haven, and Hope. Additionally, she offers monthly education groups at the Mattoon Library and Charleston Library. The June education groups will focus on "Parenting After Addiction."

## Goal Status:

**Facebook-** Dana shared that the Facebook status is still Excellent, with 143 likes and 283 followers. She told the council that today we kicked off our Communication Campaign on Facebook and that the Journal Gazette- Times Courier did an article online yesterday and in print today to get the word out about our Communication Campaign.

Committee for Documents- Dana told the council that the committee looked at the Communication plan and edits have been made. She sent the communication plan out in an email to the council and would like everyone to look at it this week and let her know if they have any questions about it before she sends it in. The Committee will work on the Community Outreach plan.

# **Activity Updates:**

**Safe Passage** – Charleston Police Department is up and running. Mattoon Safe Passage Program is continuing to operate.

Narcan Distribution sites- We have 63 sites in Coles County. We continue to look for more places available to display Narcan, Fentanyl test strips, Xylazine Test Strips, and Deterra Bags. Most of our sites have all of these. As of now we don't have Narcan training scheduled but we are willing to do trainings for groups at work, church or Schools and also friends. Dana told the Council that we are needing Narcan locations in Humboldt, Lerna, and Trilla. She told them she has a lead for the bar in Humboldt but was wondering if anyone knew of locations in the other places. Johanna suggested gas stations and restaurants that might be open 24 hours. Whitley explained that these communities do not have businesses as such. Stephanie suggested Post Offices and Dana explained that Post offices were federal and didn't allow Narcan tables. Dana said that Dorans had one in the grain elevator and may look to see if Lerna or Trilla would have a grain elevator that would allow a Narcan Table.

## **Past Events:**

**Kinship Raising Grandchildren** – Dana shared that Nancy was the presenter on June 24th at 6 pm at the Sarah Bush Lincoln Health Center. We also have a resource table and Hidden in Plain Sight. Dana asked Nancy if she would like to share about the event. Nancy explained that there was low attendance and that she thought it was due to the time of the year.

# **Upcoming events:**

**Speak and Eat-** Dana mentioned that our ROSC event will take place on Thursday, July 18<sup>th</sup> at the Kiwanis Park from 6-8pm allowing time to eat and listen to two speakers, but we have the Pavilion from 5-9 p.m. The food has been sponsored by Legacy Roofing. Please share the information so we can have good attendance.

**Candlelight Vigil**- In honor of National Overdose Awareness Day (Aug 31<sup>st</sup>), we will be holding our Candlelight Vigil at Family Worship Center in Charleston on August 29<sup>th</sup> at 7pm. The Church has been confirmed. Gary will be the MC. A Guest Speaker has not been confirmed.

**Proclamations-** Dana told the Council that we will be preparing for the Proclamations this month. In August, the Mayors will sign them for September, which is Recovery Month. We plan to contact the Mayors in Mattoon, Charleston, Ashmore, Oakland, and new this year Humboldt and Lerna. Dana said it is also possible to get the Chair of the County Board to sign a proclamation this year. Our goal is to have them all sign the proclamation.

**Hobby Fair-** Dana told the Council that we are partnering with EIU and LifeSpan for the Hobby Fair. We have reserved the LifeSpan Center on September 9<sup>th</sup> from 10-2pm. We have 25 tables to fill with Hobbyist. Dana is going to meet with Daniel from EIU School of Continuing Education to discuss the details.

**October—Pop-up Narcan Sites**—Dana told the Council we are going to try to schedule Pop-up Narcan displays, train people to use Narcan, share what Deterra Bags are for, and hopefully have Needle boxes, due to Drug Take Back Day being in October.

**November- 100 Homeless Bags-** Dana told the Council that due to November being Homeless Awareness Month, we will make another 100 bags for people experiencing homelessness. Dana said these bags will go to places like the homeless shelter, police Departments, Wingman Ministries, Resurrection Point and the Mission House. We will talk more about this in the future.

Winter Clothing Drive—Dana told the Council that we are collecting coats and will keep them at the ELKS until November when we will have disbursement days. Some people are cleaning out their closets and were looking for a place to donate their gently used coats. This will allow people who need a coat to go there and pick out a coat that fits them. This will also allow them to go back multiple times if needed and no one will have to fill out paperwork or prove they are in need.

**Community Meetings**- Dana mentioned the other community meetings. She encouraged others to attend the Interagency Meeting led by Ky Newsome, the Wellness Collaboration led by Laura Bollan, and the Citizens Against Child Abuse by Kim White. Leanna mentioned that the DART kick off is July 31<sup>st</sup> in Monticello.

Community Events—Whitley reminded the Council about the Drug Court Project that we are promoting. The project is called "Socks for Detox," they are collecting Socks at the Probation Office, First Presbyterian Church in Charleston, and the Mattoon and Charleston Police Departments. Dana asked Brenda if she would like to discuss the SAIL resource fair. Brenda was not in attendance so Dana shared the information about the resource Fair and asked that people wanting to participate to contact Brenda. She thanked everyone for coming again.

## **Next Meeting:**

Time and Meeting Location: Our next meeting will be on August 3rd at noon at lifespan center or by Zoom at the same time.

https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09 Meeting ID: 967 8172 4024 Passcode: 611963