

July 2024

ROSC Councils build collaborations in their communities that connect everyone who can support recovery.



You may remember Jenna from the beginning of the ROSC program in 2018. For the last 2 years, she was the Region 4 Mentor. Join me in congratulating Jenna Hays in her new role as Recovery Outreach Supervisor.





We would also like to congratulate Karen Cook on her promotion to Associate Director of Community Services for Hour House. Karen is destined for great things and we are so proud of her! Newsletter Highlights

- 2 Education Groups
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- 14- IFRC Webinar
- 15- ROSC Activity 17 Highlights FY24

For questions, comments, or suggestions, please contact:

Leanna Morgan Douglas County ROSC Coordinator leannam@hourhouserecovery.org Darlene Smith Douglas County Recovery Navigator lorettas@hourhouserecovery.org

Funding for this project is provided in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.

A Safe Place

JOIN ME FOR EDUCATIONAL GROUPS TO TALK ABOUT SUBSTANCE USE AND HOW WE CAN RECOVER

AUGUST 1ST SMALL CHANGES/ZOOM 4PM TO 5PM

AUGUST 15TH STAYING FOCUSED/ ZOOM 4PM TO 5PM

AUGUST29

CONNECTING WITH NATURE/HOW CONNECTING WITH NATURE CAN PLAY A HEALTHY PART IN OUR RECOVERY PROCESS. ERVIN PARK, TUSCOLA 3PM TO 4PM

DARLENE SMITH, CPRS DOUGLAS COUNTY RECOVERY NAVIGATOR LORETTAS@HOURHOUSERECOVERY.ORG 217-549-7481



PLEASE REGISTER BY



SCANNING QR CODE

FUNDING FOR THIS PROJECT IS PROVIDED IN WHOLE OR IN PART BY THE ILLINOIS DEPARTMENT OF HUMAN SERVICES, DIVISION OF SUBSTANCE USE PREVENTION AND RECOVERY.

CANDLELIGHT VIGIL FOR OVERDOSE AWARENESS

PLEASE JOIN US TO LIGHT A CANDLE IN MEMORY OF COMMUNITY MEMBERS LOST TO OVERDOSE OR MENTAL HEALTH CONDITIONS AND TO CELEBRATE THOSE IN RECOVERY OF SUBSTANCE USE OR CO-OCCURING DISORDERS.

SATURDAY 31 AUGUST 7:00 PM - 8:00 PM

DOUGLAS COUNTY MEMORIAL COURTHOUSE GARDENS 401 S. CENTER ST., TUSCOLA, IL

PLEASE EMAIL PHOTOS OF LOVED ONES TO LSCRIBNER63@GMAIL.COM TEALIGHT CANDLES WILL BE PROVIDED PLEASE BRING A BLANKET OR LAWN CHAIR FOR SEATING RESOURCES, INCLUDING NARCAN, WILL BE AVAILABLE.









East Central Minols #050

FUNDING FOR THIS PROJECT IS PROVIDED IN WHOLE OR IN PART BY THE ILLINOIS DEPARTMENT OF HUMAN SERVICES, DIVISION OF SUBSTANCE USE PREVENTION AND RECOVERY. We are excited to announce that the ROSC Council. led by The Hour House, is launching a Communication Campaign to raise awareness and provide education about substance use disorder and recovery. The counties covered by the campaign are Clark. Cumberland, Coles, Douglas, Edgar, Effingham, Moultrie, and Shelby. We need your help to collect data throughout this campaign. Please click the link below to complete a short survey (throughout the month of July) to the best of your ability. If you have any questions about accessing or submitting the survey, please don't hesitate to reach out to us. Together, we can make a positive impact in our communities!



Survey Link: https://forms.gle/KvJeBtX5EQLkGweT6



Agencies and Persons with Lived Experience, working together to build communities supportive of those in Recovery from Substance Use Disorders.

A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.



Upcoming Community Meetings

8/13/24 5:30-6:30 PM Medical Reserve Corps Douglas County Health Dept 1250 US-36, Tuscola, IL Contact: Aaron.due@douglasCountyil.gov

8/19/24 10:00-11:00 AM Douglas County Area Coalition Douglas County Health Dept (and Teams) 1250 US-36, Tuscola, IL

8/28/24 10:00-11:00 AM Douglas County ROSC Council Meeting Douglas County Health Dept (and zoom) 1250 US-36, Tuscola, IL Contact: leannam@hourhouserecovery.org



intologic to either DC

Veterans Crisis Line DIAL 988 then PRESS

DRUG TAKE BACK SITES: DOUGLAS COUNTY

Atwood Police Department 112 S. Main St, Atwood

Douglas County Sheriff's Office 920 S. Washington St., Tuscola

Newman Community Center 207 S. Coffin St., Newman, IL



Sat September 28, 2024

Place 500 S Prairie St, Tuscola, IL US 61953

runsignup.com/Race/IL/Tuscola/APaceforPetey

Description

The goal of A Pace for Petey is to bring about awareness to overdose/drug addiction and recovery. It is in honor of Jordan "Petey" Scribner, who at the young age of 20, lost his battle of addiction to a tragic heroin overdose on February 17, 2014. It will begin in the south parking lot of Tuscola High school, close to his final resting place, and end with a lap on the track around the TCHS football field, where he played many, many football games and ran on the track team.

New this year is a kids fun run, called Jake's Jog! It is in honor of Jacob (Petey's brother), who also lost his battle to substance use, on May 29, 2019, at the age of 29. His resting place is right next to his brother. Jacob always drove the golf cart sag wagon at A Pace for Petey, prior to losing his battle. Jake's jog is for kids 10 and under. It will be one lap around the track and all kids will receive a participation medal.

Both boys are GREATLY missed--especially by Jake's daughter, Makenna!

Come join us in the race, or cheer the runners on. Be a sponsor and/or a volunteer! We can't wait to see you all!!

WHAT IS THE DIFFERENCE BETWEEN THE HOTLINES?







Join Our Team‼



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Call 217-639-5150 for any questionelli



Recovery Begins Here.

ASSESSMENT

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For all ages and abilities Rural Public Transportation

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Travel within city limits or rural town - \$2.00 each one way trip

Travel outside city limits or rural town with same county - \$4.00 each one way trip

Travel outside Douglas County to Coles County, Champaign, or Macon - \$7.00 each one way trip.

Children - ages 5 and under - free each one way trip, ages 6 to 10 years of age - \$1.00 each one way trip

You are Invited!

Join us for the Largest Rally for Recovery In The Nation!

September 21, 2024 9am - 4pm

CRCC MONTONIA

UIC Credit Union 1 Arena, Chicago IL

Celebrate Recovery Month at a Free Family Friendly Community Eventi Food | Music | Speakers | Resources Panels and so much more!

el Today! Processor

RECO

Adult Education Part-time GED Faculty -District Sites

Parkland College is currently seeking Part-Time Faculty to teach GED classes in the Rantoul and Tuscola district sites. PT Faculty teach part-time, advise and mentor students. Hiring needs are dependent on student enrollment and course schedules. Salary is dependent on qualifications.

For more information about this position, visit: https://parkland.csod.com/ or scan the QR code.







Brightpoint Healthy Families Program

Brightpoint Healthy Families program offers free and voluntary home visiting and doula services to vulnerable families of any age in Champaign, Ford, Piatt, Vermilion, Douglas, Coles, and Moultrie

Our Programs

Home Visiting:

- Parent/child activities
- Child development information
- Developmental assessments
- Family Well-Being Support
- Certified Lacation
 Consultants

Doula:

- Prenatal education
- Individualized birth plans
- Support in birth choices
- Labor and delivery preparedness
- Emotional, physical, and social support
- Certified Lactation Consultants

Community Engagement:

- Play groups
- Prenatal groups
- Quarterly events
- Resource connections
- Resource fairs



Business Hours: Monday - Friday 9:00am - 5:00pm

Contact us at:

503 South Country Fair Drive, Suite 2A Champaign, Illinois 61821 Phone: (217) 530-4040 Email: HealthyFamiliesCoord@brightpoint.org





Every Wednesday 6:00 - 7:00 pm 301 f. Washington Titreet

Tusciola, IL

The first 3 Wednesdays of the month will be a closed meeting The last 2 Wednesdays of the month will be an open meeting

Clarity Statement

Area Support Meetings

Alcoholics Anonymous

For additional information and meetings in surrounding areas, visit website for more information

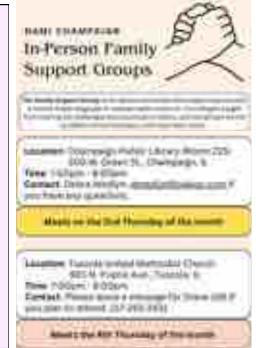
Monday - 8:00 PM to 9:00 PM CLOSED 4th Monday: Open Speaker Mtg. 40 Martyrs Fellowship Hall 109 E Van Allen St, Tuscola, IL

Tuesday - 7:00 PM to 8:00 PM CLOSED Oakland United Methodist Church 13 E. Washington St, Oakland, IL

Thursday - 8:00 PM to 9:00 PM OPEN VFW Hall 9 S Main St, Villa Grove, IL

Friday - 7:00 PM to 8:00 PM CLOSED Arthur First United Methodist Church 128 E Illinois St, Arthur, IL

Closed meetings are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking."



For additional information on meetings, in-person or online, visit the Douglas County ROSC Resource Quick Guide for website addresses.

Sun	
Mon	AA- 8:00pm (109 E Van Allen St, Tuscola)
Tue	AA- 7:00pm (13 E. Washington St, Oakland)
Wed	NA- 7:00pm (301 S. Washington St., Tuscola)
Thu	AA- 8:00pm (9 S Main St, Villa Grove) Family Support Group- 7:00pm (2nd Thurs-Champaign, 4th Thurs- Tuscola)
Fri	AA: 7:00pm (128 E Illinois St, Arthur, IL) Recovery Navigator Education- 4:00pm (Virtual)
Sat	

Narcan Distribution Douglas County, IL

*Additional harm reduction supplies may be available

Douglas County Health Department (PROMPT)

1250 E US Highway 36, Tuscola, IL * Contact: Summer Phillips 217-253-4137

Shalynn's Hope, Inc. (DOPP)

Contact: Stacy Welch 217-493-4184 * or skwelch04@gmail.com

Hour House Drug Overdose Prevention Program (DOPP)

Douglas County Contact: Leanna Morgan 217-549-7632

Drug Overdose Prevention Program (DOPP) community Access Sites *Displays are accessible during each organization's normal business hours

Arcola

- Arcola Food Pantry
- Arthur Public Library (Coming Soon) Douglas County Courthouse

Arthur

Arthur Public Library District

Atwood

- Atwood Area Food Pantry
- Atwood-Hammond Public Library

Murdock

Rural Grace Food Pantry

Newman

Newman Regional Library District

Tuscola

- Casey's General Store
- Douglas County Sheriff's Office (24)
- RISE Behavioral Health and Wellness
- Road Ranger (24)
- The Pantry
- Tuscola United Methodist Church

Villa Grove

- Camargo Township District Library
- Korner Beehive
- Villa Grove Police Dept.

NARCAN IS A MEDICATION THAT CAN BLOCK OR REVERSE THE EFFECTS OF AN OPIOID OVERDOSE. ANYONE CAN EASILY USE NARCAN TO SAVE THE LIFE OF SOMEONE OVERDOSING ON OPIOIDS, INCLUDING FENTANYL, HEROIN OR PRESCRIPTION MEDICINES LIKE OXYCONTIN® OR PERCOCET[®].

IF YOU OR YOUR AGENCY WOULD LIKE TO RECEIVE ADDITIONAL TRAINING ON USING NARCAN, PLEASE GET IN TOUCH WITH THE DOUGLAS COUNTY HEALTH DEPARTMENT AT 217-253-4137, SHALYNN'S HOPE, INC AT 217-493-4184, OR DOUGLAS COUNTY ROSC AT LEANNAM@HOURHOUSERECOVERY.ORG.

If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops OFF SOMEONE EXPERIENCING A DRUG OVERDOSE WILL NOT RECEIVE CHARGES FOR POSSESSION OF PARAPHERNALIA. ONE LIMITATION OF THIS LAW IS THAT THE PERSON WHO OVERDOSED IS NOT COVERED, AND ANY OTHER CRIME COMMITTED AT THE SCENE IS NOT PROTECTED BY LAW.

DOUGLAS COUNTY RESOURCE OUICK GUIDE Recovery Oriented Systems of Care (ROSC) Advisory Council

SAMHSA's **National Helpline** (for mental health and substance use disorder) (800) 662-4357

> AA Phone (217) 373-4200

Substance Use **Disorder Counseling**

> RISE (217) 253-4731

> **Hour House** (217) 348-8108

Mental Health Counseling

Douglas County Health Center (217) 253-4137

RISE (217) 253-4731 **Important Hotlines**

HOPE of ECI **Coalition Against Domestic Violence** (217) 348-5931

PREVAIL (Formerly SACIS) (888) 345-2846

Medication Assisted Treatment

> **Douglas County Health Center** (217)253-4137

SIHF Healthcare (217) 543-2446

Transportation

Dial-A-Ride (800) 500-5505

*Additional resources available through 211

Illinois Helpline for Opioids and Other Substances (833) 234-6343

Suicide Prevention (800) 273-8255 or 988

Housing Aid

Embarras River Basin Agency (ERBA) (217) 253-4434

The Haven- Shelter (Mattoon) (217) 234-7237

Anger Management

www.dchealthil.org (Douglas County Health Center) (217)-253-4137

Support Group Websites

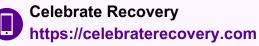
Al-Anon (Electronic) https://al-anon.org/

> Alateen (Electronic) https://al-anon.org/

Alcoholics Anonymous http://aa-eci.org

Adult Children of Alcoholics & Dysfunctional Families https://adultchildren.org/

NAMI (Champaign) https://namichampaign.org/ online-support-groups





Narcotics Anonymous http://ppana.org



SMART Recovery https://smartrecovery.org



Food Pantries

Arcola Food Pantry

Open Thursday 1:00PM-4:00PM & Saturday 8:00AM-11:00AM 206 Egyptian Trail Road, Arcola, IL 61910 Serves Douglas County and Atwood, IL

Arthur Southern Baptist Church Food Pantry

Open 2nd Saturday from 9am - 11am 530 North Vine, Arthur, IL 61911 Serves Arthur and surrounding area

Atwood Area Food Pantry

Open 4th Saturday of the month from 8:30am - 11am 231 N. Illinois St, Atwood, IL 61911 312-883-2438 Serves Douglas, Moultrie & Piatt Counties

Blessings Food Pantry

Open Tuesday through Friday 9am - 1pm 4217 DeWitt Ave, Mattoon, IL 61938 Serves Coles, Douglas, and Edgar Counties

Rural Grace Food Pantry

Open Fridays from 3pm -5pm 208 N. 2nd St, Murdock, IL 61941 Serves Murdock area

SAM Food Pantry at Tuscola Methodist Church

Open Wednesdays from 7:30am – 10:30am 901 N. Prairie, Tuscola, IL 61953 217-253-4232 Serves Douglas County and surrounding

EIF Foodmobile

THIRD MONDAY OF EACH MONTH

Arthur: Arthur Southern Baptist Church 530 N. Vine St. 8:30-9:15am Additional counties' dates listed on the website!

https://www.eifoodbank.org/help/mobile.html

THIRD WEDNESDAY OF EACH MONTH

Atwood: Atwood Area Food Pantry 231 N. Illinois St. 9-9:30am

FOURTH THURSDAY OF EACH MONTH

Villa Grove: Henson Park 8:30-9:15 am Camargo: Opal Thompson Park 9:30-10:00 am Hindsboro: Hindsboro Civic Center 10:45-11:15 am Newman: Newman City Park 11:45-12:15 pm



Little Free Pantry Villa Grove

406 First St., Villa Grove, IL www.facebook.com/littlefreepantryvillagrove

Little Odd Pantry

205 N. Main St, Tuscola, IL www.facebook.com/TuscolaOddFellows

Newman Free Mini Pantry

307 South Broadway Street, Newman, IL www.facebook.com/newmanfreeminipantry

Take what you need, donate what you can

DART Deflection Initiative Launch

The DART Leadership Team is excited to invite you to the launch of the DART Deflection Initiative, which will feature a training session. This event marks a significant milestone in our ongoing efforts to positively impact the community, and we are thrilled to have you join us on this journey.

This occasion celebrates the launch of DART and the commencement of deflection referrals. Additionally, it offers hands-on learning as our dedicated DART team delves into the intricacies of the deflection process. This gathering will allow everyone to become familiar with one another and put faces to names, especially as referrals begin to flow in.



WHEN: July 31, 2024 1:00 PM to 5:00 PM

WHERE: Monticello High School Auditorium 1 Sage Dr. Monticello, IL 61856

WHO:

First responders and Community-based service providers. This includes those who will refer individuals to deflection specialists and the dedicated on-the-ground personnel responsible for accepting deflection participants into various services. It encompasses all individuals actively involved in deflection, including line staff and supervisors across the first responders, treatment, and community sectors. Whether they are working on the streets or part of broader network organizations, this invitation is extended to all those actively involved in the crucial work of deflection.

Important Note:

While the deflection initiative is a promising approach, it is not an immediate solution to our challenges. It will take time to see significant success; your ongoing dedication and commitment are crucial in this effort. Know that you may refer an individual more than once, and recovery is a process that can take time.

This event is pivotal in ensuring the success of the DART Deflection Initiative. We value your dedication to this cause and are eager to equip you with the knowledge and resources needed to make a difference.

We look forward to your participation and the valuable contributions you will bring to this initiative.

Please email Koren VanderWeele, Program Manager with TASC's Center for Health and Justice, at Kvanderweele@tasc.org RSVP by July 29 to confirm attendance.

Thank you for being an integral part of the DART mission. Together, we can profoundly impact our community and the lives of those we serve.

We look forward to seeing you on July 31, 2024, and embarking on this meaningful journey together.



To enhance the quality of life for those with substance use disorders and mental illness, address community issues related to SUD, and reduce justice system involvement.



In the Wake of the Storm: The Family Impact of Living with Intergenerational Toll of Behavioral Health Conditions

August 14, 2024 11:00 a.m-12:30 p.m To register click <u>here</u>.

FREE- Registration Required For questions contact Nancy Phillips at <u>nancyp@hourhouserecovery.org</u>



Illinois Certification Board, Inc. and LPC/LCPC approved 1.5 hour CEU

The Illinois Family Resource Center Sometimes change happens an hour at a time.

With so many vulnerability factors, genetics to posttraumatic stress raised in families with behavioral health conditions sometimes make up the lion's share of participants in mental health and substance use disorder services. Our understanding of this population has deepened over the years as their circumstances have grown more complex. Join us for this interactive 90minute webinar as we explore the complex and often traumatic effects of growing up in these troubled families on children, the adults they grow into, and their ongoing lives and relationships, along with our efforts to help them. This webinar will take a strengthbased, trauma-informed approach toward deepening our understanding and making interactions with this population safer, more respectful, and more effective.

About the presenter: Pamela Woll, MA, CPS is a Chicago-based author, curriculum developer, and consultant dedicated to increasing the resilience and capacity of individuals, families, communities, organizations, and systems of care. Among her primary areas of focus are resilience, trauma, and strength-based approaches to behavioral health conditions.

Funded in whole or in part by Illinois Dept. of Human Services, Division of Substance Use Prevention and Recovery

DOUGLAS COUNTY ROSC COUNCIL (DCRC) July 1, 2023 – June 30, 2024 FY24 ACTIVITY

- Narcan and Fentanyl information translated to Spanish.
- The Douglas County ROSC Council assisted in completing projects funded in whole or in part by the Opioid Settlement for Douglas County.
- Distributed 400+ Adult Resource Bags with resources in English and Spanish.
- Provided 200 Youth Resource Bags to local schools along with information for parents, included separately.
- Council members distributed 20 resource backpacks to unhoused individuals.
- Distributed 600+ Fentanyl testing strips and 100 Xylazine testing strips.
- Narcan distributed through 17 Drug Overdose Prevention Program (DOPP) sites located in 7 towns in Douglas County. 10 of the sites were new in FY24.
- Darlene Smith offered community education groups in Atwood, Arthur, Tuscola, Villa Grove, and Virtually.
- Darlene Smith offered weekly education groups at Douglas County Jail and HOPE of East Central IL.
- Invited 9 guest speakers at ROSC council meetings.
- Proclamation from City of Tuscola for Overdose Awareness Day and a Candlelight Vigil at Douglas County Courthouse with a three-generation family speaking on their experience losing family to opioid overdose.
- Council members filled and distributed resource bags to raise awareness of Recovery Month
- Partnered with Shalynn's Hope to decorate journals as a Suicide Prevention Awareness Month project.
- Dress for Success Business Attire Workshop, offered in July & October at Tuscola Workforce Development.
- Community Narcan Training and ROSC presentation at Arthur Library for Adult Education
- Winter Coat Drive collection boxes at DCHD, Sheriff's Office, and FUMC
- Drug Endangered Children (DEC) and Human Trafficking Training Atwood First Baptist Church.
- Community Narcan Training at Atwood First Baptist Church.
- ROSC table at DCHD community events: Good Life Health Fair and DCHD Douglas County Highlights Day
- Completed 9+ Strategic Plan Presentations.
- Leanna Morgan invited as a panelist at the HMA Statewide Conference, presenting on ROSC collaboration with jails for Medication Assisted Recovery.
- Several ROSC members met with Parkland College Adult Education regarding GED courses in Douglas County. Instructor position is currently posted on Parkland website.
- Leanna participated in Recovery Is Real Podcast (Episode 1), representing Douglas County ROSC.
- Provided Narcan and Person First Language training to staff at HOPE.
- Registration completed for a SMART Recovery training group. Additional information will be available in FY25.
- Day of Prayer requested for those in recovery, those struggling with substance use or co-occurring disorders, and the community members working hard to increase services in the community to support recovery efforts.
- ROSC Council attended DART kickoff event and participated in collaboration and implementation meetings.

ROSC Council Meeting Spotlight Speakers

- Krista Taylor, Children's Advocacy Center of East Central IL
- Madison Dailey, Eastern Illinois Foodbank (EIF) Foodmobile
- Autumn Olowo, Chestnut Health Systems, Community Health Specialist
- Diane Zell, National Alliance on Mental Illness (NAMI), Past Immediate President
- Britta Johnson, Attorney, and Emily Ochs, Paralegal, both of Land of Lincoln Legal Aid (Expungement and Record Sealing)
- Kaitlin Rund, Jail Administrator, Douglas County Sheriff's Office (Education for the justice involved population to coincide with Medication Assisted Recovery)
- Kristin Davis, Family Guidance Center, Region 4 Substance Use Prevention Integration Coordinator
- Michelle Hibbard, Rosecrance, Community Relations Coordinator
- Linda Scribner, Be Brave, Founder (Transitional Housing)

Douglas County Opioid Settlement Funds

Central East Alcoholism and Drug (CEAD) Council, dba Hour House, lead Agency of Douglas County Recovery Orientated Systems of Care (ROSC) Council.

Strategy 1: Support people in treatment and recovery

- SMART Recovery training & materials (general and jail focused tracks)
- Recovery Literature

Strategy 2: Address the needs of criminal justice-involved persons

- Transportation Assistance
- Adult Resource Bags

Strategy 3: Prevent overdose deaths and other harms (harm reduction)

- Naloxone Access Boxes
- Fentanyl/Xylazine Testing Supplies Strategy 4: Prevention programs
 - Youth Incentive Items
 - Youth Resource Bags

Meetings attended by ROSC Council members and/or ROSC Staff

- Douglas County ROSC Council Meetings, hosted by Douglas County Health Dept.
- Deflection Avenues Reconnection Team (DART) collaboration and implementation meetings.
- Douglas County Medical Reserve Corps (MRC) Meeting
- Douglas County Area Coalition Meeting
- IL RCCA Regional Opioid Advisory Coalition Meeting (Region 6)
- Transportation Advisory Meeting
- Douglas County Board Meeting
- Central IL DEC Alliance
- Illinois Alliance on Reducing Youth Substance Use
- ROSC Statewide monthly meetings attended by Leanna Morgan and Darlene Smith
- IL MAR Learning Collaborative























Thank you to the Douglas County ROSC Council for your hard work and support for the Douglas County Recovery Community!





































