

## DuPage ROSC Council Meeting

July 10<sup>th</sup>, 2024

**0:00-13:58**

**ROSC Coordinator Jarrett Burton**, introduced this month's council meeting and thanked all for attending. Jarrett shared an overview of what DuPage ROSC is and how they work to fill the gaps and barriers faced by so many individuals who are in the recovery community. The work of ROSC is community wide; resources and services can be provided for anyone in need, weather they are in recovery already, seeking recovery, or still in active use, the ROSC team is here to support in any way they can.

Jarrett then discusses a leadership opportunity that began a couple years ago, where the DuPage ROSC was asked to mentor other regions of ROSC in the state of Illinois. This mentorship was ran by **CORS Coordinator Danny Sourbis** and **Technical Assistant Ben Rudolph** who have been consistent members of the ROSC team. This mentorship will now be coming to a close as these teams continue to shift and grow. Jarrett thanks Danny and Ben for the work they have done.

Jarrett shares his screen with this month's agenda:

1. Meeting Open – Jarrett Burton
2. Agenda/Preview of upcoming meeting/trainings
3. What's App referral group update: Danny Sourbis
4. Serenity House CORS Grant info: Danny Sourbis
5. **Alex Brouwer, Educational and Vocational Coordinator at 360 Youth Services**
6. **Marissa Kirch, MSW, LCSW, CADC, Program Director at Stonybrook Center.**
7. Organizational Updates

Upcoming Trainings/meetings:

**ROSC Presentation Series, Wednesday, July 17<sup>th</sup> at 10am** on Zoom. This presentation will be on the topic of **EMDR Therapy: Healing from Trauma by April Difatta, LPC from Grace Integrated.**

**ROSC Sock Drive for the Glen Ellyn Public Library's Community Closet.** They will be collecting socks through August and this can be dropped off at Serenity House Counseling Services, Inc.

**Impact DuPage, Driving DuPage Forward** will be holding a virtual presentation in conjunction with the **Health Department** and **Hope4Healing** for the month of overdose awareness on **August 28<sup>th</sup> from 9:30am to 10:30am.** This presentation will cover the topics of harm reduction and why it's important, SUD treatment options and what to expect during treatment programs, and Local Data Related to Substance Use in DuPage County.

**Serenity House** is holding this year's annual **Overdose Awareness Event on Thursday August 29<sup>th</sup> from 6pm-9pm.**

**August 14<sup>th</sup>** DuPage ROSC Council: **YWCA + Justice Involved Focus Group report, held at the new ROSC site in Addison.**

**August 21<sup>st</sup>** DuPage ROSC Presentation Series: **Harm Reduction**

**September 7<sup>th</sup>** the third **Annual DuPage ROSC Picnic** at Churchill Woods

**September 11<sup>th</sup>** DuPage ROSC Council: **Chicago Recovery Communities Coalition**

**September 18<sup>th</sup>** DuPage ROSC Presentation Series: **Tom Farley**

**September 21<sup>st</sup>** **CRCC + NIRCO** hosting **National Recovery Rally**

**October 9<sup>th</sup>** DuPage ROSC Council: **Way Back Inn**

Finally, ROSC Coordinator Jarrett Burton, announces that **DuPage ROSC is now hiring Recovery Coaches!** Applications are on Indeed and open to the public today. Please reach out to Jarrett directly for more information.

**13:58 – 22:31**

Next up, **ROSC Coordinator Jarrett Burton** turns things over to **CORS Coordinator Danny Sourbis** who speaks about the **What's App Referral Hub**, the new **CORS Grant**, and about his time serving as a mentor for ROSC these past two years.

**CORS Coordinator Danny Sourbis** thanks everyone involved in the ROSC and Region Two mentorship. Specifically giving shout outs to members Eric Williams, Gloria Powell, Golden Fleming, Richard Springs, Nisha Stringfellow, Tasha Leek, Jada Anthony and more for the work they do. Danny thanks **Ben Rudolph** who has served as the **Technical Assistant** for ROSC, playing a significant role in the mentorship process. He reports having the honor to witness work each individual does in the community through programs, sober events, faith-based services, and more.

Danny gives updates about the growing **What's App Referral Hub that now has 105 members**. This month the hub has provided referrals for:

- Detox
- Residential treatment
- PHP
- IOP
- Anxiety and mental health support groups
- Outpatient group for gambling and process addictions
- Resources for pregnant women
- Resources for anger management
- DUI risk assessments
- Stress management skills groups
- Case management services
- Transitional housing
- Trauma therapist
- Sober living resources

This month's referral hub MVP who provided the most referrals is Chelsea Laliberte Barnes! Danny thanks Chelsea for providing so many resources, as well as everyone else who has shown support in the referral hub.

Next, **CORS Coordinator Danny Sourbis** gives an overview of the new CORS Grant that will newly be serving the recovery community.

### **What is Community Outreach and Recovery Support (CORS)?**

CORS will be continuing and evolving the work that is already being done by ROSC, RCO, and other organizations in the community. **CORS Objectives:**

- Harm reduction
- Free Narcan Trainings
- Develop a coordination plan for referrals
- Peer Support Workers (PSU)
- People with lived experience (PLES)
- Outreach to those who are unhoused and/or at risk of becoming unhoused, those who are incarcerated, those who have SUD's and/or opioid use disorders, and those who suffer from medical complications and/or risk of overdose.
- Mental health challenges

With this grant we can now connect and provide services to other organizations through individual sessions/working with a recovery coach (PLES). This partnership between **Serenity House** and **CORS bridges the gaps in treatment of the continuum of care**. For example, many organizations work in different areas of specialty, by connecting through CORS there can now be **free peer support provided to clients on an individual basis where the specific needs can be met on the continuum of care**.

### **22:31 – 28:31**

**ROSC Coordinator Jarrett Burton** switches gears and brings on **Blake Worman** who has been doing coaching for DuPage ROSC for about a month, but has been very involved with Serenity House for quite some time.

Blake comes on screen to discuss a **resource guide** he has been working on and how this guide will be of value to the community. This guide is organized by different types of services and needs, and it provides as much information as possible about each resource so that individuals in need can easily access services that are very specific to their needs.

**To reach this resource guide**, one can go to the **DuPage ROSC website** as well as the **Governor State website**.

### **28:31 – 40:20**

This month's guest, **Alex Brouwer, Educational and Vocational Coordinator at 360 Youth Services** located in Naperville, is welcomed on screen to discuss some of the services they provide and how to

access them. Alex reports they have a counseling department, a prevention department, and a housing department.

The **counseling department** works in the schools counseling youth in need during the work week, then they also provide individual sessions/therapy out of their Naperville office. The **prevention department** works with the Naperville school districts, where they go out and do drug and alcohol prevention education with the students and students will come together to create prevention efforts. The **housing department** consists of an LGBTQIA+ population ages 18–24-year-olds who are unhoused. The staff of 360 Youth Services works to teach the residents the life skills they will need to be successful and independent past their program.

Alex reports she specifically helps the residents with employment and education; **this includes resume building, obtaining employment, interview skills, completing a high school diploma, or getting higher education.**

The housing department consists of apartment complexes located in Naperville housing 36 individuals where the clients live with one other roommate. There is also an emergency shelter where clients can stay for up to 4-6 months, whereas the transitional housing clients can stay up to two years.

**ROSC Coordinator Jarrett Burton** asks about the program being **harm reduction based**, and how it works when residents are using possibly on site. Alex responds saying clients are not turned away if they are using drugs and/or alcohol. The team reports the installation of Narcan box on site where clients can access this, in addition to giving them Narcan directly when they come in. They also have test strips in case clients ever need them. She reports that **the team ensures that all residents know how to use Narcan, test strips, and other harm reduction related resources.**

Alex further discusses the importance of making sure these residents feel safe and how they continue to achieve this goal.

If seeking services got to: [www.360youthservices.org](http://www.360youthservices.org)

#### **40:20 – 50:40**

Finally, ROSC Coordinator Jarrett Burton introduces the second guest for this month's council meeting is **Marissa Kirch, MSW, LCSW, CADC, Program Director at Stonybrook Center.**

Marissa introduces herself and begins to highlight some of the services they provide such as **Methadone, Suboxone, and/or Vivitrol in conjunction with addiction treatment programs.** They have an intensive outpatient program as well as just a general outpatient program. One does not have to be utilizing the MAT services at all if they do not want to. They can also come to Stonybrook Center for just standard addiction treatment/therapy.

Marissa also reports that they provide **Medication Assisted Treatment Anonymous meetings that run on Saturdays from 10am-11am.**

**SMART Recovery will begin on July 24<sup>th</sup>, and be held on Wednesdays from 1pm-2pm,** and hosted by the DuPage County ROSC at Stonybrook Center.

Stonybrook also has an **active Narcan Box** that has been installed and replenished by DuPage ROSC, and this is available to all clients.

Marissa also reports upcoming continuing education (CEU) events they will be having for professionals from 1pm-2pm on the following dates:

- August 20<sup>th</sup>
- September 17<sup>th</sup>
- October 15<sup>th</sup>

Stonybrook Center also recently received a grant from the city of Naperville, and this is to provide streamline wraparound services including a client resource center. They will also work to help those who do not have access to necessities and to connect them to these necessities. Marissa is also excited to announce that this grant will allow the clients to get transportation to the facility. If you feel you have a client who would qualify for Stonybrook Center services, one can conduct a screening over the phone or via video with a team member.

Other necessities coming from the grant include the installation of a washer/dryer for the clients to use, as free laundry services are hard to find and often paying for laundry is a barrier. The grant will also allow access to computer and printer services, hygiene products, dental products, etc.

To access these services one can reach out to Marissa directly.

#### **50:40 – 59:44**

**ROSC Coordinator Jarrett Burton** returns to the screen to wrap up this month's meeting and leaves the floor open for anyone who wants to share about their organization regarding updates, events, meetings, trainings, sober anniversaries, and more! Members in attendance shared updates about their organization with the council.

Jarrett thanks all who attended and closes today's meeting.

Next month's council meeting will be held at the new ROSC office at the Addison Township Building on August 14<sup>th</sup> from 3pm-4pm.