

Effingham County ROSC Council Meeting Minutes 7.15.2024

Date: Monday, July 15th, 2024

Time: 1:00-2:00 pm

Location: 104 Blohm Ave, Effingham IL & Zoom

Attendees:

Zoom: Kelly Buscher & Maria Deaconesa (Effingham Public Library case workers,) Amanda Depew (IL Joining Forces, VA,) Samantha Weidner (Effingham/Clay County Health Department,) Nathan Nichols (CEFS Public Transit,) Dana Tell (Coles County ROSC,) Chelsea Gouchenouer (HSHS St. Anthony,) Julie Pohlman (Region 4 TA ROSC), Johanna Gonzalez (SUPR,) Jenna Hays (Hour House ROSC Supervisor,) Jamie Linhart (Macoupin/Montgomery County ROSC,) Lyndsey Reedy (Effingham Co Health Dept)

In person: Samantha Hicks (Effingham County ROSC Coordinator,) Olivia Jenkins (Hour House Prevention program facilitator,) Carrie McKenzie (Gateway Foundation,) Christina Isley (SIHF Healthcare,) Beth Wise (Effingham County Health Department, Family Connections,) Becky Rhodes (Family Life Center parent coordinator)

Secretary: Olivia Jenkins

Minutes

Introductions

Council meeting attendees introduced themselves and agencies they represent or reason for being present.

- Carrie McKenzie informed group of the Gateway Open House coming up on July 24th, 2024 at the Gateway Foundation Springfield location.

ROSC Coordinator/Recovery Navigator update

- Felicia is still holding 3 weekly recovery wellness meetings that are going well. Attendance is low, but she gets at least 1-2 people each meeting.
- **ROSC program supervisor & coordinator update!**
 - Jenna Hays has stepped into the ROSC Supervisor role, following Karen Cook's move into the Associate Director of Community Services position. Jenna introduced herself to the group and is excited to continue to help Effingham ROSC flourish! She has been with ROSC since the very beginning in 2019 and was the first coordinator for Effingham County for ROSC.
 - Samantha H. will be reducing her working hours this coming Fall semester to start her graduate studies at EIU. Felicia will be picking up responsibilities as they come up, but Samantha will still be accessible to the Council and her community!

- **Check-in for this meeting time and date:** Members that were present seemed pleased with the time and location of the monthly meeting, but Sam may consider sending a survey to verify with those not present.

Communication Campaign

- Sam gave an overview of the upcoming STIGMA FOCUSED communication campaign that will go out in the area. This is a 12-month campaign that which all 8 counties under Hour House are taking part in to cover a large geographical location. Each month will have a theme which will be accompanied by press releases, radio ads, infographics, personal stories, community partnerships, etc.

Opioid Settlement Funds

- **County board subcommittee for the rest of funds**
 - Beth Wise mentioned need for Pre/Post Natal information as an idea
 - Sam expressed that the county appears to be swaying towards the Prevention category. She stated prevention is really education and communication (starting conversations) in the community.
 - Carrie stated that recovery supports for when people are early in recovery need to be addressed—i.e. recovery meetings, stable housing—to give people stability and a sense of community while trying to remain sober and live a healthier life

PLE Committee Updates

- **August event** – Candlelight Vigil (see flyer) – August 31st @ Bliss Park from 6-8:30PM
- **September event** – S’more Recovery (see flyer) – September 14th @ Edgewood Legion Lake @ 5PM
 - Sam stated New Hope Church has donated a gift card from Walmart to help purchase items needed such as hot dogs, buns, s’mores items, chips—Sam is not sure of the amount so donations are still being accepted.
- **Next PLE meeting:** Tuesday, July 30th @ 3:30pm at 104 Blohm Ave in Effingham in person only.

Other Events

- **July 20th:** ROSC will be at Beecher City Corn Fest!
- **October:** Parent panel forum idea
 - Lots of suggestions for this! Sam suggested a Q&A type format for parents/grandparents that may not know how to talk with their child about substances or if they’re already experiencing signs of substance use from their child.
 - Becky suggested utilizing online presence to hold online meetings/surveys, perhaps using an app or website (school website/app, etc.)
 - A suggestion was made to look at holding something during parent/teacher conferences or look at starting with kids’ groups or local youth groups and talking with those parents first before opening up to the larger population.
 - Olivia mentioned talking to New Hope about holding something for NH Youth parents.
- **Trick or Treat Street @ Cornerstone Church: October 26th**

Laundry Days

- July 24th at Becker's Wash-N-Dry in Altamont (Hour House, ROSC)
- August 21st at The Laundry Basket (Heart of the Holler donation)
- September TBD, sponsored by Dr. Marilyn Frey PhD, Prey Psychology Center
- October TBD, sponsored by New Hope Church of Effingham
- November TBD, sponsored by the Willenborg Family
- December TBD, (possibly Journey Church)
- January 2025, sponsored by the Willenborg Family to honor their late son, Evan

Next ROSC Council Meeting Date: **Monday, August 19th, 2024 @ 1:00 pm**

Next PLE Meeting Date: **Tuesday, July 30th, 2024 @ 3:3pm (in person only)**

Location: **104 Blohm Ave in Effingham & Zoom**

Where to find past meeting minutes:



Effingham County ROSC Facebook page:



Contacts:

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