

Ford County ROSC Council Meeting Minutes

Tuesday, July 23rd, 2024, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Ford County ROSC, Chestnut)
Kari Knapp (Chestnut Health Systems, Associate Director Community Health)
Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)
Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)
Del Saam (Veterans Court)
Tim Nuss (Ford County Board...and a little bit of everything else!! Thank you Tim)
David King (Carle)
Christine (Carle)
Sarah Hoover (GROW)
Carrie McKinzie (Gateway Foundation)
Abby Behrens (Brightpoint/Butterfly Project)
Melissa Johnson- (LifeCil- Comm Advocate)
Jeff McFadden (Bridgeway, ROSC Coordinator and Region 3 TA Mentor)
Brycen McFadden (Sangamon/Lincoln/Champaign Outreach Oxford House)
Brittany Fry (Clove Alliance)
Julie Pohlman (Chestnut – Statewide ROSC)
Jenny Gomez (Carle Outreach)
Clint Perzee (Iroquois County Sheriff)
Helena Longfellow (Carle)

Agenda:

- Introductions
- Making Adjustments: As we move forward, we will adjust our efforts to more closely align with the roles of a community coalition.
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

Main Topic: What is the difference between Direct Services and Coalition Activities?

- A **Coalition** is “A group of individuals and/or organizations with a common interest who agree to work together toward a common goal.” (examples: Fostering collaborations, the “big” picture, offering trainings, Coalition outreach, Advocacy/raising awareness, Identifying the needs/champion the need for the work)
- **Direct Service** examples (providing transportation, one on one peer support services, support group meetings)

PROBLEM	RESPONSE	COALITION ACTIVITY	SERVICE DELIVERY
Limited social and recreational activities that don't involve alcohol	Host "dry" events in the community	Partner with local stakeholders to host events open to the community	Bring clients in recovery to an activity
Services exist, but there is limited community awareness	Increase Referral and Linkage to Community Services	Hosting a job fair or health fair where local stakeholders promote services available in the community	Outreaching and engaging individuals to link them with local services
Limited peer support group options for people in recovery	Increase availability of SMART Recovery Meetings	Develops the capacity of community, hosts SMART Recovery Trainings	Facilitating SMART Recovery Meetings

July is the beginning of the fiscal year for Ford County ROSC (FY25). With that being said, we want to review the key gaps that were identified in FY24 and start a conversation to identify what we as a ROSC council/coalition can address in FY25.

Ford County ROSC Key Need Gaps Identified from FY24



Breakout Rooms:

1. Which community needs are still relevant?
2. How many of these community needs are something the Ford County ROSC Council can address? How many are direct service activity-focused?
3. Are there additional gaps that were not mentioned in the FY24 analysis?
4. What is the role of the Ford County ROSC Council to address these needs?

Open Conversation:

Brittany Fry reported that her group agreed that all community needs are still relevant and need to be addressed. She also stated that the group felt that addressing the stigma is key. Providing education and social activities. Connecting with individuals right after treatment and/or anyone new to recovery.

Frankie Ward stated their group agreed that all needs are relevant, and her group focused on harm reduction.

Christine noted that collaborating with the health department is helpful and she is always willing to help.

Del Saam shared about problem solving courts and how they bring a lot of people into recovery. Connecting with court systems and the VA are important. Logan county is building tiny homes for veterans, and they are starting one in Atlanta, IL. All are in recovery and now have stable housing. These individuals are forming recovery meetings for their community. Del also shared that he has found investing in individuals and bringing mentors to the community is key, opening opportunities for trainings, etc.

UPDATES/EVENTS:



Ford ROSC is partnering with Logan/Mason ROSC to reduce Stigma-Our HOPE campaign...Reframing Recovery! We would like to start focus groups to measure our message before we start to market. If you, or someone you know would like to be a part of these focus groups reach out to Frankie Ward.

CAMPAIGN UPDATE



Who can we invite to participate in our focus group?

Agency Updates:

Tim Nuss shared that the Ford County Board is open to anyone and everyone and meets the 2nd Monday of every month at 7pm in the basement of the sheriff's office.

Upcoming Training:

UPCOMING TRAININGS
coalitionsupport.org


STIGMA, SUBSTANCE USE, AND MENTAL HEALTH
Stigma, Substance Use, and Mental Health: The Impact on Youth
PRESENTED BY: Valerie Rasche
DATE: Wednesday, August 14, 2024
TIME: 12:00 pm - 1:00 pm
CEUs: 1
TYPE: Virtual (webinar)
LOCATION: Zoom


ENGAGING COMMUNITY MEMBERS
Engaging Community Members to Support Prevention and Recovery
PRESENTED BY: Kari Knapp and Cheyney Evans-Gondek
DATE: Wednesday, September 18, 2024
TIME: 12:00 pm - 1:00 pm
CEUs: 1
TYPE: Virtual (webinar)
LOCATION: Zoom


We hope to see all of you on August 27th via zoom, 8:30 AM.


As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

CONTACT & SOCIAL MEDIA


[Ford-County-Recovers-a-ROSC-Community](https://www.facebook.com/Ford-County-Recovers-a-ROSC-Community)


[Ford.County.ROSC](https://www.instagram.com/Ford.County.ROSC)


[Ford County ROSC - YouTube](https://www.youtube.com/FordCountyROSC)



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