



**Greene & Scott County R.O.S.C.**

# **Recovery Council**

**GSRC Member Packet**

**2025**

## **GSRC Mission:**

Empowering and improving connections to ourselves, our families and our communities within the Greene and Scott County areas to improve recovery outcomes, reduce stigma, and educate our community, improving health, wellness, and the quality of life for all.

## **GSRC Vision**

To build a thriving recovery system within Greene and Scott County that will reduce the risk of substance use and mental health challenges to improve recovery outcomes for all.

community, improving health, wellness, and the quality of life for all.

## **Illinois Goals of ROSC**

- Building a culture that builds and nurtures recovery
- Building capacity and infrastructure to support recover-oriented systems of care
- Developing commitment to implement and sustain a recover-oriented system of care
- community, improving health, wellness, and the quality of life for all.

## **Recovery-Oriented System of Care**

A recovery-oriented system of care is a coordinated network of community-based services and supports that are person-centered and build on the strengths and resiliencies of individuals, families, and communities to achieve recovery and improved health and wellness, and quality of life for those with or at risk of mental health and substance use challenges.

A ROSC provides a coordinated network of services and supports to address the full spectrum of recovery, from prevention to intervention, treatment, post-treatment, and long-term maintenance. Through education, communities are strengthened by recovery-oriented activities that can prevent challenges before they occur. Education is also an awareness-raising activity that dispels myths that foster stigma and discrimination and provides early intervention for those at risk.

Recovery-oriented activities include providing a menu of traditional treatment services and alternative therapies, including recovery support services, acupuncture, meditation, and music and art therapy. RSS services include employment assistance, childcare, care management, and housing support that enhance the engagement of individuals and their families in achieving and sustaining long-term recovery.

## **Recruitment & Responsibility**

Members should maintain the confidentiality and privacy of all participants and members of the council.

The ROSC team (housed within the ROSC lead agency GCHD) is responsible for recruitment, outreach, communications, and education within Greene and Scott County. The team will recruit by informing, empowering, and educating our community. This will be accomplished using the GSRC website, social media, email, text, telecommunications, meetings (in-person and virtual), and other methods.

It will also be the responsibility of every GSRC member to recruit by word of mouth. The goal for our council is to be 100% inclusive rather than exclusive. Members should always display the proper respect and etiquette to anyone, anywhere, at any time, and in no way pass judgment or criticize a person for their mental health or substance use. It is the duty of every GSRC Member to work towards the council's mission and vision.

It is encouraged to bring new people to our council.

Council members will be responsible for collaborating with the ROSC team, participating in ROSC meetings (as schedules allow), encouraging connections to our community, raising awareness about your organization's services and supports

(if applicable), helping identify and fill gaps within our community that promote multiple pathways to recovery, and ensuring everyone has access to the tools and resources they need to be successful in their recovery.

## **How to become a member**

To become a member, attend our monthly meeting on the third Tuesday of the month at 3 PM. This meeting is available both in-person and online. A link to the meeting can be found at <https://greenecountyhd.org/recovery>. You can also reach out to a member of the ROSC team by emailing [rss@GreeneCountyHD.org](mailto:rss@GreeneCountyHD.org) or by calling/texting (217) 702-2396.

## **Orientation for New Members**

The council will host a monthly meeting to train members on the ROSC framework. This voluntary meeting will help new members understand the value of ROSC in our community. The meeting will be held online on the third Wednesday of the month from 10 to 11. The link to this meeting can be found at <https://GreeneCountyHD.org/Recovery>. You can also be added to the invite by emailing [rss@greenecountyhd.org](mailto:rss@greenecountyhd.org)

## **Adherence to Strategic Plan**

Adherence to the Strategic Plan is vital to the council's long-term success. To the GSRC, the goals outlined will reflect the long-term vision of the council and the communities we serve and the need to meet all required deliverables according to the grant.

At any time, the council can adjust their choice of strategy and tactics in unplanned ways. Immediate council needs and decisions will be discussed and evaluated as a council and the strategic plan will be adjusted according to team development.

## **Inclusion and Belonging and Role of Nonparticipants**

GSRC's goal is to be inclusive rather than exclusive. Membership to the GSRC is open to all persons who agree and understand the council's mission, goals, vision, and values without regard to age, race, sex, creed, gender, expression, orientation, value, or challenge. All members of the council encourage participation. There is no need to define the role of nonparticipants, as all community members are invited and welcome to join GSRC at any time. Rich and diverse community involvement and creating an environment where everyone feels as if they belong is vital to the long-term success of the council.

## **Amendments**

Members can propose changes or amendments to the membership protocols to the council. The council has the right to change membership protocols by majority vote.

## **Compensation**

The council will maintain a policy that no member will be compensated.

## **Member Voting**

GSRC recognizes that everyone should have a voice at the table. In that spirit, voting on motions is open to everyone in attendance. GSRC will leverage non-traditional parliamentary procedures as we recognize that time is valuable for all members. By leveraging these procedures, GSRC will ensure minority representation within the council has equal and shared responsibility within the council's work.

Motions can be proposed by anyone in attendance and do not require a second.

Unanimous consent is required for all motions proposed by members. A motion can be brought to the floor by saying:

“Do I have a motion to...?”

“Can I get a motion to....?”

“I move to approve the motion to...”

In the interest of time and efficiency, once a motion has been proposed, the preferred voting method will be a simple call for objections. Unanimous consent is required for all motions proposed by members.

If an objection is made to the motion, the objector should be given an opportunity to provide supporting information to the full council. After the objector has addressed the council, another call for objections will be made; if the objection persists, the motion will not proceed.

## **Committee**

The council will support the development of sub-committees made up of representatives from throughout the community, as deemed necessary by the council. These meetings will be open to the public, with anyone interested encouraged to attend.

## **GSRC Outreach & Communications Plan**

Continue collaborate with the community and key stakeholders, peers, and providers to support and foster the growth of recovery within our community and encourage more people to practice the recovery principles (honesty, integrity, acceptance, humility, gratitude, etc.) making for a healthier rural community.

- Organize the logistics and increase attendance and participation in GSRC meetings
- Increase collaboration with community stakeholders to improve recovery outcomes and improve the quality of life for those we serve and utilize that collaboration to update the menu of services
- Increase representation and involvement of lived experience on GSRC, including introducing stipends to improve recovery outcomes. Lived Experience means personal knowledge about substance use or mental health challenges, including co-occurring disorders, treatment, and recovery gained through direct involvement as a patient, family member, or loved one.
- Continue developing and implementing personalized pathways and supports and integrate them across the system, including but not limited to education, employment, reduced criminal justice involvement, transportation, housing stability, healthcare, mental health care, and social connectedness, therefore improving the quality of life for all
- Ensure any necessary approvals are secured by the council, as applicable

Increase community awareness of local and statewide council development through a combination of outreach strategies helping reduce stigma and increase collaboration

- Continue updates to GSRC page and other social media outlet pages to promote the work of GSRC
- Increase in-person networking within our community and partners to help facilitate recovery within our community and build collaboration through outreach/engagement events
- Increase the number of people pursuing and maintaining recovery by increasing cooperation and collaboration between GSRC and organizations
- Increase number of community events hosted by GSRC or participating in events to help educate the community, families, and those who serve them
- Increase our presence in our community by providing tools and support necessary to expand ROSC in our region

## Strategic Plan: Goal 1: Expand and Enhance the GSRC's Reach

Year 2-3 – 2023-2025

**Objective:** Maintain the Councils development and growth

Strategy 1: Council will continue to meet monthly to discuss stakeholder's vision, action plan, events, stigma reduction campaigns, and cultural barriers to recovery supports in the community

Strategy 2: Facilitate discussions and solicit feedback from existing stakeholders about key organizations and agencies not presently represented on the ROSC council and utilize council members to solicit participation

Strategy 3: Maintain regular contact with existing council members to ensure they are aware of upcoming meetings and activities

Strategy 4: Continually solicit and follow up on advice from existing stakeholders on other agencies, organizations or community members who should be invited to ROSC Council (i.e., continuous recruitment)

Strategy 5: Establish a framework for reviewing the Strategic Plan annually and adjust as needed

### Outcome Measurements:

Did we successfully achieve sustained growth at the established targets?

Did we increase involvement from PLEs?

Did our Council serve as a forum for expanded awareness of recovery supports within our community and region?

Did we maintain monthly meeting minutes, post meeting recording and other documents?

## Goal 2: Expand Access to Recovery Support Options

Year 2 -3 2023-2025

**Objective:** Continue efforts to build a variety of self-help groups in all communities 7 days a week

Strategy 1: Identify groups that can build the infrastructure in our community. This can include groups such as: Women for Sobriety, Moderation Management, Secular Organizations for Sobriety (SOS), Write to Recover, etc.

Strategy 2: Create flyers and other marketing materials as necessary to communicate new meetings or online forums to recovering people (treatment centers, 12-step announcement boards, etc.) via the ROSC Facebook page, radio ads and word-of-mouth. New members know the council and can articulate its purpose. The council will lend groups the power of connection by promoting those groups within the community

Strategy 3: Continue to identify ways to increase and enhance access to clinical treatments for those seeking or maintaining long-term recovery

Strategy 4: Develop and host educational seminars for SUD and mental health education/awareness and stigma reduction

Strategy 5: Collaborate with ROSC council to gain consensus on subjects to present. Examples include but are not limited to the following: new members know the council and can articulate its purpose. Including but not limited to speaking at member events within their organizations

- Disease of Addiction/Stigma Reduction
- Mental Health afflictions
- SUD interwoven with CODs
- Recovery as a process and journey
- Relapse Prevention
- Common paths of recovery – 12-step, CR, SMART, etc.
- Popular, powerful treatment movies such as Pleasure Unwoven and Unguarded. Members understand their rights and responsibilities

**Outcome Measurements:**

Did we successfully achieve sustained growth at the established targets?

Did we increase involvement from PLEs?

How many new recovery options were developed?

Did our Council serve as a forum for expanded awareness of recovery supports within our community and region?

Did we maintain monthly meeting minutes, post meeting recording and other documents?

### **Goal 3: Reduce Stigma**

#### **Year 2-4 2023-2025**

Strategy 1: Identify and host education events with leaders from the recovery community

Strategy 3: Continue efforts to engage the community by participating in community events

Strategy 3: Identify and host speakers in local schools, community, and ROSC meetings

**Outcome Measurements:**

**Number of events ROSC staff hosted or participated in and promotional materials**

**Number of individuals connected to resources**

**Number of community partner meetings**

**Number of speakers or PLEs in ROSC events**

### **Goal 4: Improve Basic Living Needs**

#### **Year 2-3 2023-2025:**

Strategy 1: Continue to identify funding initiatives that can expand or enhance the recovery infrastructure in Greene & Scott and encourage member organizations to apply as applicable

Strategy 2: Continue identifying individuals in need of community-based services, support, and resources and connecting them to the various services as necessary.

Strategy 3 : Host educational events for PLEs on money management, employment, skills training, and interviews

**Outcome Measurements:**

Number of individuals connected with resources

Notes from meetings

Number of events hosted

Did we expand access?

ROSC Team Contacts

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